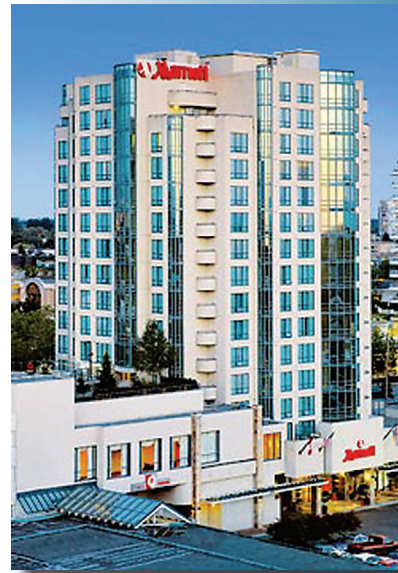


Location & Accommodation

Vancouver Airport Marriott

Telephone: (604) 276-2112.

Ask for Meaning Conference group rates.



Please follow these instructions for booking a room online:

1. Go to the website: www.marriott.com/yvrsa
2. On the right select check-in and check-out dates, number of rooms, guests per room
3. Click on "Special Rates & Awards"
4. Under "Group Code" enter INPINPA
5. Click on the "Check Availability" button
6. Complete the transaction

6th Biennial International Conference on Personal Meaning

Creating a Psychologically Healthy Workplace

Meaning, Spirituality and Engagement in the 21st Century



Explore a new vision of work resilience and well-being through applied positive psychology

August 5 – 8, 2010

Vancouver Airport Marriott
Richmond, BC Canada

Welcome

It has been ten years since our first International Meaning Conference in Vancouver. Over the years, we have made many new friends and have spread the message of positive revolution through meaning around the globe. We look forward to seeing all our alumni and meeting new friends on the 10th anniversary of the Meaning Conference.



Friday Afternoon

Addiction Prevention and Recovery: From Harm Reduction to Relapse Prevention



G. Alan Marlatt, Ph.D.

Director of the Addictive Behaviors Research Center and Professor of Psychology at the University of Washington. His major focus in both research and clinical work is the field of addictive behaviors. He has authored numerous books

Saturday Morning

Building Positive Organizations through Realizing Strengths



Alex Linley, Ph.D.

President of the Centre of Applied Positive Psychology. His books include *Positive Psychology in Practice* (2004) and *The Strengths Book* (2010). He is an Associate Editor of the *Journal of Positive Psychology* and Co-Editor of the *International Coaching Psychology Review*.

Three Ideas on the Meaningful Life



Todd Kashdan, Ph.D.

Associate Professor of Psychology at George Mason University and recipient of the 2010 Distinguished Faculty Member award. As a central figure in positive psychology research, he has published over 100 journal articles and book chapters.

Saturday Afternoon

The Power of Appreciative Leadership

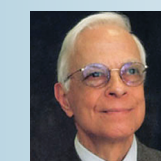


Diana Whitney, Ph.D.

An inspirational speaker, provocative educator and pioneering leader in the growing field of Appreciative Inquiry and Positive Change. She is President of Corporation for Positive Change, an international consulting firm.

Sunday Morning

The Importance of Organizational Hardiness in Our Turbulent Times



Salvatore Maddi, Ph.D.

Professor at the University of California (Irvine). President of The Hardiness Institute. Dr. Maddi is well known for his research on stress management and creativity. His recent book, co-authored with Deborah Khoshaba, is *Resilience at Work* (2005).

Sunday Afternoon

Using strengths stories to find meaning at work



Robert Biswas-Diener, Ph.D.

USA Programme Director for the Centre of Applied Positive Psychology (CAPP). He is a coach, organizational consultant & positive psychology researcher and. He is author of *Practicing Positive Psychology Coaching* (September, 2010).

Our themes may vary from one conference to another, but we remain committed to the mission of research and application of the transformative power of meaning. This year, we turn our attention to the meaning of work.

Work is more than a means of making a living or creating wealth. It can also be a higher calling that ennobles the soul, endows life with meaning, and enhances humanity.

Much can be done to humanize the workplace, to which we devote most of our adult life. I want to invite you to the 6th Biennial Conference. Let's put our heads together to find out how we can bring out the best in people and make work a major source of significance and fulfillment.

On a personal level, if you are frustrated with your work and dissatisfied with life, if you are eager to learn the existential positive psychology of work resilience and living with purpose and vitality, then this conference would be ideal for you this summer.

Paul T.P. Wong, Ph.D., C. Psych (Ontario)

Keynote Speakers

Friday Morning

Emotional Impact: What can we learn from filmmakers...and social psychologists?



Jeffrey Zeig, Ph.D.

President of the Milton Erickson Foundation. He has edited or authored more than 20 books. He is a Fellow of the American Psychological Association (Division 29, Psychotherapy); and Fellow of the American Society of Clinical Hypnosis.

Friday Afternoon

Rediscovering the Soul of Business: The Meaning Difference



Alex Pattakos, Ph.D.

Founder of the Center for Meaning. He is an executive coach and consultant and is the author of the international best-selling book, *Prisoners of Our Thoughts* by applying the wisdom of Viktor Frankl to the workplace.

Contact Us

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Powell River,
British Columbia, V8A 4Z2 Canada

Call Toll Free: 1.866.487.9050

Fax: 604.487.9012

www.schc.ca | info@schc.ca

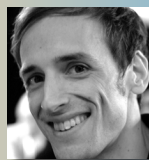


Conference Highlights

Saturday Evening Award Dinner

Viktor Frankl Lecture:

Meaning and the journey of becoming who you are in work and beyond



Alexander Batthyany, Ph.D.

President & Head of Science Dept at the Viktor Frankl Institute Vienna. His most recent book is *Existential Psychotherapy of Meaning: Handbook of Logotherapy and Existential Analysis* (2009).

Presidential Address:

What is existential positive psychotherapy?



Paul T.P. Wong, Ph.D.

A strong proponent of existential positive psychology, he has published widely on meaning-centered research and therapy. Fellow of both the APA and CPA. President of the Meaning-Centered Counselling Inst, and the International Network on

Personal Meaning.

Sunday Afternoon

Distinguished Public Lecture:

Finding Meaning in Work



Michael Novak, M.A., D.Litt.

Theologian, author, and former U.S. ambassador, he is recipient of 26 Honorary Doctoral Degrees. He is the winner of the 1994 Templeton Prize for Progress in Religion and many other major awards. Dr.

Novak is author of numerous books including the

bestseller *Business as a Calling: Work and the Examined Life*.

Other Highlights

Eileen Dowse, PhD: *"The Agile Business Leader"*

Linda Page, PhD: *"Meaning with Brains in Mind: How do we maintain creative capacity?"*

Louis Hoffman, PhD: *"Social Harmony and the Rebel: Lessons from the East-West Dialogue on Existential Psychology"*

Merv Gilbert, PhD: *"Creating and sustaining psychologically healthy workplaces in good times and bad"*

Positive Psychology Symposium

Applied Positive Psychology Symposium

Existential Psychology Symposium

Pre-conference Workshops

THURSDAY, AUGUST 5, 2010 – MORNING

A) Positive Assessment in Practice

Ryan Niemiec, PsyD. Participants will become familiar with the VIA Interpretive Report and learn how to work with strengths, virtues and combinations to build meaning.

B) Emotional Impact

Jeff Zeig, PhD. This workshop will explore how to use structural methods from the arts to help clients envision themselves and their lives in a new way, and begin inhabiting a more energetic, hopeful, creative, and expansive inner/relational self.

C) 12-step approach to forgiving others and self

Ken Hart, PhD. The workshop will describe the psychotherapeutic mechanisms of AA. and introduce the Twelve-Step Facilitation of Forgiveness (TS-FOF) program which can be used in a group format with angry clients.

THURSDAY, AUGUST 5, 2010 – AFTERNOON

A) Realizing the Best of You at Work

Alex Linley, PhD. Explore the highlights of the developing strengths movement, review key evidence, examine different strengths assessments and explore novel applications performance and development in organizations.

B) Short term meaning therapy

Paul Wong, PhD. An integrative existential positive psychotherapy based on the central construct of meaning. Attendees will learn evidence-based intervention strategies and skills.

C) Mindfulness-Based Relapse Prevention in the Treatment of Addictive Behaviors

Alan Marlatt, PhD. In addition to practicing various meditation skills, participants will learn how to develop coping skills to deal with urges and craving and other triggers for relapse.

Conference Aides: Individuals who volunteer as conference aides for 20 hours may receive a registration fee waiver. Volunteers must be approved and receive training. Contact Dr. Lilian Wong at liliancj@rogers.com for details. Deadline for aide applications: July 15.

Exhibitors: Limited space is available for exhibitors. To register your company contact Daniel Jordan at (604) 789-0371 or danielj@sche.ca.

Conference Fees

All prices are in Canadian currency. Payments in US currency accepted at par.

INPM Members	Early bird	After July 15
Regular package	\$380*	\$460
Single Day	\$155	\$180
Pre-Conf workshops	\$180	\$195
All Inclusive	\$440**	\$470

Non-Members	Early bird	After July 15
Regular package	\$475*	\$575
Single Day	\$195	\$225
Pre-Conf workshops	\$225	\$245
All Inclusive	\$550**	\$595

Students, Spouses, Retirees	Early bird	After July 15
Regular package	\$285*	\$345
Single Day	\$120	\$135
Pre-Conf workshops	\$135	\$150
All Inclusive	\$330**	\$360

Miscellaneous fees

Saturday Award Dinner	\$75
CEU credit	\$60

Late/Onsite Registration (Starting Aug 5): An additional \$50 will be added to the standard registration fees to all three categories of registration (e.g., Members, Non-Member & Students, etc.)

Please contact us if you are interested in registering a group at a discounted rate.

Early-bird rate includes 5% Goods and Services Tax (GST). Standard and onsite rates include 12% Harmonized Sales Tax (HST).

Accommodations: Vancouver Airport Marriott, Telephone: 604.276.2112, ask for Meaning Conference group rates.

CE credits available through the Milton H. Erickson Foundation.

* Note: The Regular Package includes 3-day (Friday, Saturday, Sunday) conference registration, continental breakfast, morning & afternoon refreshments, Saturday Award Dinner, and certificate of completion - a savings of \$160 for members.

** Note: The All-Inclusive Package includes the Regular Package, Thursday Pre-Conference workshops, and Saturday Award Dinner - a savings of \$280 for members.

Registration Form

Mr. Mrs. Ms. Dr. Prof.

Last Name

First name(s)

Organization

Title

Address

City

Province/State

Country Postal/Zip Code

Home Phone ()

Business Phone ()

Mobile Phone ()

Email

Please select one or more of the following registration options:

All Inclusive Package Basic Package

One-Day Two-Day

Pre-Conference Workshops – AM Sessions: A B C D

PM Sessions: A B C D

Total amount \$

INPM Member ID#

Non-Member Student/Senior/Retiree

To pay by cheque: Complete this form and mail it with your cheque payable to:

Sunshine Coast Health Center, C21, 2174 Fleury Rd., Powell River, BC Canada V8A 4Z2

To pay by Credit Card: Complete this form and mail to address above. VISA MasterCard

Card #

Expiry

Signature

Online Registration available at www.meaning.ca

For more information, contact Janet or Tracy Z. at 1.866.487.9050

Note: A \$50 fee will be levied on all NSF cheques.

Cancellation fee is \$50 (no later than July 11, 2010.)