What is Complex Regional Pain Syndrome?

Complex Regional Pain Syndrome (CRPS) is a chronic condition that causes intense pain — usually in the arms, hands, legs, or feet. CRPS often develops after an injury to trauma (such as an ankle fracture, wrist fracture, or surgery). However, the pain associated with CRPS is usually much greater than the original injury.

Current Study

Researchers at the University of Washington are currently enrolling participants for the CREATE-1 CRPS Study. CREATE-1 is a phase 3 clinical trial of an oral bisphosphonate (AXS-02) that may help improve CRPS symptoms. Eligible participants will receive the investigational medication (oral bisphosphonate) or placebo once weekly for 6 weeks.

If you choose to join the study, you will receive all study-related care at no cost, and your CRPS condition and overall health will be closely monitored by a CRPS specialist and study staff.

Time Commitment

Participants in the study will be asked to meet with study staff up to 13 times over a 6-7 month period. Those who participate may be paid up to $1040 for their time and effort.

Who Can Participate?

We are currently recruiting:

- Participants 18 years of age or older
- Diagnosed with CRPS within the past 6 months, or experiencing symptoms of CRPS and willing to come in for a pain evaluation
- Willing to take supplemental calcium and Vitamin D during the study

Certain conditions may exclude someone from participating. These include:

- History of neuropathy
- Type 1 diabetes

Contact Information

If you would like to learn more about the study please contact us at (206) 354-6857 or visit our study at https://www.iths.org/participate/create-1-complex-regional-pain-syndrome-crps-study/ and click “I am interested in this research study” at the bottom of the page.