

We at the Center for Pain Relief strive to deliver the most evidence-based, measurable and safest care for patients with chronic pain. An essential part of this care is the completion of a pre-visit on-line assessment.

“CPAIN,” a multidimensional measure of pain, is as essential to best practice pain care as an EKG is to a cardiologist or a CBC is to a hematologist. Just as a completed pre-op data set is required before proceeding to surgery, completion of CPAIN prior to consultation is needed to completely assess risks and benefits of the many complex treatments and medications that may be recommended for best practice pain care.

The questionnaire may take up to 45 minutes to complete, and when necessary, due to lack of web access or basic computer skills, we can assist in completing this intake procedure with personal telephone support, or even providing designated staff to sit with them here at our clinic’s computer kiosk. We will arrange for an interpreter when necessary. For those few individuals with special circumstances absolutely preventing CPAIN completion, please call us (206-598-PAIN) if this applies.

Please complete CPAIN. It may take up to 45 minutes to complete. You can help us in our goal to complete CPAIN in advance of scheduling before a first visit. We have data that demonstrates failure to complete this questionnaire is the strongest predictor of poor pain treatment outcome, so please help us help you to succeed!

Follow-up visits will require you to complete a much shorter version of C-PAIN for you to update. This “tracking” allows us to follow many aspects of your response to our pain treatments. When you help us to collect this crucial data about your condition, we can quickly and accurately tailor your pain relief care plan to best improve your outcome.

David Tauben, MD
Medical Director, UW Center for Pain Relief

David J. Tauben, MD

*Clinical Associate Professor, UW Department of Anesthesiology & Pain Medicine | Medical Director, UW Medicine Center for Pain Relief
Director of Medical Student Education in Pain Medicine | Medical Director, Project ECHO/UW Pain Telehealth*