UW Pain Champions: A “Look Over the Expert’s Shoulder”

The University of Washington Division of Pain Medicine is prepared to offer Pain Medicine proficiency to selected primary care providers, “Pain Champions”, a postgraduate training program with opportunities for more advanced competency and certification in pain management.

UW Pain Medicine “Pain Champions” are primary care providers willing to act as educators, leaders and resources in communities where specialty pain clinics are lacking or distant. The curriculum has been developed to cover crucial primary care pain topics, incorporating key competencies recommended by the International Association for the Study of Pain (IASP). Clinicians participate in direct case-based mentorship, looking over the expert’s shoulder in an academic multidisciplinary clinical practice.

A minimum six months (duration at the discretion of the UW Pain faculty) will involve a combination of at least ten (10) sessions of on-site UW Pain faculty mentorship, including direct clinical observation and evaluation of cased-based clinical work at the UW Center for Pain Relief, and 1-2 per week participation in ECHO/UW Pain continuing medical education (CME) program and case presentation tele-video didactic programs. On-going direct assessment of knowledge base, history and exam content and skills, clinical reasoning, and treatment planning will be conducted. The program will include both CME and CME-eligible didactic and clinical experience in addition to case presentation, one-on-one mentoring, and both oral and written incoming and outgoing examinations. Competency is assessed through regular written, oral, and clinical skills evaluation.

For more information please contact:

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