

3rd Annual
**Ethics in Health Care:
Perspectives and Applications**

Tuesday, May 1, 2012

8:30 am—12:00 noon

Virginia Mason Medical Center
Volney Richmond Auditorium

**Taking Your Pulse:
Coping with Moral Distress in Clinical Practice**

Featuring Guest Speakers:

Denise Dudzinski, Ph.D., M.T.S.

Associate Professor, University of Washington
Department of Bioethics & Humanities

Nancy Stevens, M.D., M.P.H.

Professor of Family Medicine, University of Washington
Director, WWAMI Family Medicine Residency Network

Panel Discussion and Case Study



GroupHealth®



Application for CNE with Virginia Mason Nursing Education is pending .
Application for CME with the Group Health Office of Continuing Medical Education is pending.
Determination of credit to be announced with approvals.

Program Objectives

ABOUT THIS PROGRAM:

Taking Your Pulse: Coping with Moral Distress in Clinical Practice

Moral distress occurs when we feel sure about the morally right course of action but feel constrained to act on it. All health care providers experience moral distress from time to time, but different professionals cope with it differently. We will identify sources of moral distress, discuss cases that cause it, and better understand how doctors, nurses, and other health care professionals manage it.

OBJECTIVES:

At the end of this program, participants will:

- Define moral distress and identify examples from clinical practice.
- Recognize similarities and differences in how doctors, nurses, and other health care professionals experience and address moral distress.
- Develop skills and strategies for identifying and reducing moral distress.



Registration Form

Third Annual Ethics in Health Care: Perspectives and Applications
Taking Your Pulse: Coping with Moral Distress in Clinical Practice

Mail check payable to Group Health Permanente for:

(Credit Card Payment Not Accepted)

- \$30.00 before April 1, 2012
 \$35.00 after April 1, 2012 (or on site registration available)

- Physician Medical Resident Nurse Practitioner
 Nurse Social Worker Other _____

First & Last Name: _____

Affiliated Organization (if applicable): _____ Department: _____

Address: _____

City: _____ State: _____ Zip Code: _____

Phone: _____ Email: _____

Mail Registration Form
and Payment to:

Angela Ward
TAD - HCS
Group Health Cooperative
950 Pacific Avenue, Ste 800
Tacoma, WA 98402

For questions about registration, please contact Angela Ward at 253-274-4615 or ward.a@ghc.org