

Dear Doctor,

We want to let you know about a free study that might benefit your patients with Attention-deficit Hyperactivity Disorder (ADHD), or Attention-deficit Disorder (ADD).

The *Children's ADHD Telemental Health Treatment Study (CATTS)* is a large federally funded study that the Telemental Health Service at Seattle Children's Hospital is conducting **free of charge to families**. The study is examining the effectiveness of telemental health in treating children 5.5 to 12 years old with ADHD. We want to determine whether consultation through telemental health is "value added" to Primary Care Physicians' management of their patients with ADHD/ADD. We are especially interested in working with younger children and with Hispanic children.

After an evaluation, eligible children are randomized to one of two treatment groups:

- 1) Group A is a 6-session evidence-based telepsychiatry intervention with medication management followed by caregiver training for working with the challenges of parenting an ADHD child.  
OR
- 2) Group B is a single telepsychiatry consultation session with recommendations to the referring physician for ongoing care which physicians implement at their discretion.

Referring physicians would also participate. Two months after families complete the study, we will ask to review the child's chart notes to determine whether the 3 follow-up recommendations that the telepsychiatrist makes for the Group A subjects were useful and to determine how the Group B subjects progressed after the telepsychiatry consultation.

Participation for subjects in both groups will last 25 weeks during which they complete assessment questionnaires at several points. Families are reimbursed \$35 for each of set of questionnaires for a total possible payment of \$245. **The telepsychiatry and parent training sessions are free to families, although the study cannot cover the costs of medications.** The PCP's duties are summarized on the attached forms.

All treatment occurs at a local clinic, e.g., Seattle Children's regional clinics in Olympia, Richland, Everett, or Bellevue, or the Family Health Services Clinic of Central Washington Hospital in Wenatchee, or the Child and Adolescent Clinic in Longview. In Oregon families go the Community Counseling Solutions in Boardman.

*To refer a family to our study, please complete the attached New Appointment Referral Form (NARF --- last page of this packet) with the relevant records and send to our FAX: (206) 985-3121. You may also contact the CATTS team at (800) 997-4017 or at [catts@seattlechildrens.org](mailto:catts@seattlechildrens.org). Visit our website: [www.TV4ADHD.org](http://www.TV4ADHD.org)*

I hope that you will join us in our investigation. Please feel free to contact me for further discussion.

Sincerely,



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