

CBPR Skill-Building Training Institute
August 5-8, 2005
 Sleeping Lady Mountain Retreat, Leavenworth, WA

INSTITUTE OBJECTIVES

- Understand and apply the basic principles of CBPR
- Discuss and understand the key steps in developing and sustaining Community-Based Participatory Research (CBPR) partnerships
- Discuss and analyze how these steps and case study examples apply to partnership teams own experiences
- Identify common challenges faced by CBPR partnerships and suggested strategies and resources for overcoming them
- Develop/enhance skills for all partners that will enhance their capacity for supporting and sustaining authentic CBPR partnerships

DAY ONE Friday, August 5 th	Activity	Location
3:00 – 5:00 pm	Registration	Woodpecker
5:30 – 6:30 pm	Mentor orientation (Mentors Only)	Woodpecker
6:30 – 7:30 pm	Dinner	Kingfisher Dining Lodge
7:30 – 8:30 pm	Orientation/Mentor Groups/ Large Group Introductions Facilitated by Jen Kauper-Brown	Woodpecker
DAY TWO Saturday, August 6 th	Activity	Location
8:00 – 8:30 am	Breakfast	Kingfisher
8:45 – 10:15 am	Community Based Participatory Research: Getting Grounded Facilitated by Kari Hartwig and Maurice Williams Objectives: <ul style="list-style-type: none"> ▪ Explain the theoretical basis, definition and key principles of CBPR ▪ Describe how CBPR differs from traditional research approaches ▪ Identify ethical considerations for researchers and community partners 	Woodpecker
10:30 – 12:00 noon	Mentor Groups During the first Mentor Group, participants will: <ul style="list-style-type: none"> ▪ Reflect on the morning session and how concepts from the session may apply in their own situation ▪ Determine the mentoring approach that will best enable participants to achieve their objectives 	Woodpecker Dipper Flicker Nuthatch

including partnership initiation/development, maintaining/refining of partnership structures/activities, and developing partnership

12:00 noon – 1:00 pm	Lunch	Kingfisher
1:15 - 2:30 pm	Developing a CBPR Partnership: Getting Started Facilitated by Sarah Flicker and Kirsten Senturia	Woodpecker
	Objective: <ul style="list-style-type: none">▪ Learn about effective strategies for identifying and selecting partners	
2:30 – 2:45 pm	Break	
2:45 – 4:00 pm	Developing a CBPR Partnership: Creating the “Glue” for Your Partnership Facilitated by Robert McGranaghan and Ann-Gel Palermo	Woodpecker
	Objectives: <ul style="list-style-type: none">▪ Describe effective strategies for establishing organizational infrastructure for the partnership▪ Learn about and develop or refine policies and procedures to guide the partnership	
4:00 - 6:30 pm	Free time	
6:30 – 7:00 pm	Dinner	Kingfisher
7:15 – 8:45 pm	Trust and Communication: Spreading the “Glue” and Having It Stick in Your Partnership Facilitated by Ella Greene-Moton and Ann-Gel Palermo	Woodpecker
	Objectives: <ul style="list-style-type: none">▪ Learn about processes for establishing and maintaining trust among partners▪ Understand successful processes for communication, decision-making, and priority setting▪ Learn strategies for navigating difficult decisions and conflict resolution▪ Learn strategies for appreciation and celebration and how to keep partners at the table	
8:45 – 9:15 PM	Mentor Debrief (Mentors Only)	Woodpecker

DAY THREE
Sunday, August 7th

Activity

7:30 – 8:30 am	Breakfast	Kingfisher
8:45-10:15 am	Getting the work done: Seeking funding for and implementing a CBPR project Facilitated by Sarena Seifer and Kirsten Senturia	Woodpecker
	Objectives: <ul style="list-style-type: none">▪ Learn strategies for identifying funding sources and choosing to respond to a Request for Proposal (RFP) for CBPR	

	<ul style="list-style-type: none"> ▪ Learn strategies for writing a collaborative proposal and understand what to consider in the process ▪ Learn strategies for addressing issues of ownership, fiscal management and staffing 	
10:30 – 12:00 noon	<p>Mentor Groups</p> <p>During the second mentor session, participants will:</p> <ul style="list-style-type: none"> ▪ reflect on the prior sessions and how concepts from those sessions may apply in their own situation ▪ discuss the challenges/obstacles participants face in their partnerships ▪ develop 1-2 “burning questions” for afternoon session 	Woodpecker Dipper Flicker Nuthatch
12:00 noon – 1:00 pm	<p>Meet the Mentors Lunch</p> <p>Mentors will sit in pairs (other than their mentor group partner) at different tables around the dining room so participants have the opportunity to talk to other mentors about 3 particular topic areas of interest (institutional support/funding; methodological questions; or others brought up by participants)</p>	Kingfisher
1:15 – 2:30 pm	<p>Unpacking Sustainability in CBPR Partnerships Facilitated by: Sarah Flicker and Robert McGranaghan</p> <p>Objectives:</p> <ul style="list-style-type: none"> ▪ Examine the multiple meanings of “sustainability” to CBPR partnerships ▪ Examine the facilitating factors for sustaining CBPR partnerships and choose which are most important for your partnership ▪ Learn effective strategies for weathering change ▪ Identify the role of a participatory, formative evaluation in guiding the partnership through the sustainability process 	Woodpecker
2:45 – 4:15 pm	<p>Challenges Consultation Facilitated by Jen Kauper-Brown- ALL MENTORS</p> <ul style="list-style-type: none"> ▪ Present and receive feedback on challenges and successes within the group ▪ Discuss key strategies for enhancing CBPR partnership sustainability ▪ Discuss methods and ideas for enhancing community-campus partnerships 	Woodpecker
4:15 – 6:30 pm	Free Time	
6:30-7:30 pm	Dinner	Kingfisher
7:30 – 8:30 pm	<p>CBPR: The “Real World”</p> <p>Objectives</p> <ul style="list-style-type: none"> ▪ Have the opportunity for self-expression inside "real world" partnership scenarios ▪ Learn new ways to manage such circumstances/scenarios 	Woodpecker
8:30 – 9:00 PM	Mentor Debrief	Woodpecker

DAY FOUR
Monday, August 8th

Activity

7:30 – 8:45 am	Breakfast and Check-out	Kingfisher
8:45 – 10:00 am	Mentor Groups During the fourth Mentor Group, participants will: <ul style="list-style-type: none">▪ reflect on the prior sessions and how concepts from those sessions may apply in their own situation▪ formulate plans for continued learning and partnership development back home▪ develop brief presentation for large group about their next steps	Woodpecker Dipper Flicker Nuthatch
10:10 – 11:25 am	Lunch and Closing Circle – Participant Presentations: Reporting out of Next Steps	Woodpecker
11:30 am	Charter bus departs	