Promising Practices:
CBPR + IRB = p.05 (Successfully Conducted Research)

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Prevention Research Center

- **Theme:** Risk Reduction and Early Detection in African American and other Minority Communities: Coalition for Prevention Research
Healthy Bodies, Healthy Minds, Healthy Families... PRC Approach

- Focus is upon the identified health disparities and health needs among African Americans and other minorities.
- Community-based participatory research is designed to find effective, culturally sensitive ways to promote health and prevent disease.
- Equal partnerships between the partnering communities and the academic institution are an absolute necessity.
Community-Based Participatory Research: Applied Definition

- Collaborative process of research
- Involves researchers and community representatives
- Engages community members
- Employs local knowledge in the understanding of health problems and the design of interventions
- Invests community members in the processes and products of research
- Community members are invested in the dissemination and use of research findings and ultimately in the reduction of health disparities.

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PRC Community Coalition Board
Priorities

1. Projects focused on reducing identified health disparities
2. Projects that contribute to improving health status of African American men
3. Projects focused on reduction of social, economic and environmental injustices
Community-Based Research: Community Values/Community IRB

1. Policies and programs based on mutual respect and justice
2. Right to self-determination
3. Community equal partner at every level
4. Enforced principles of informed consent
5. Socially, culturally, environmentally sensitive research and application

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Community-Based Research: Community Values

6. Research processes and outcomes benefit the community

7. Community partners involved in analysis and interpretation of data and dissemination of results

8. Partnerships to last beyond funded research

9. Community empowered to initiate community-based research
Research Evaluation Criteria

- Projects should not violate community values or standards.
- Projects should have the potential to benefit the community through a health promotion intervention.
- Projects should be subject to evaluation.
- Projects, if effective, should be replicable.
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IRB Requirements: Training

- CITI Course in the Protection of Human Research Subjects.
  - Hx & Ethical Principles
  - Basic IRB Regulations and Review Process
  - Informed Consent
  - Research with Protected Population – Vulnerable subjects
  - FDA-Regulated Research
  - HIPAA and Human Subjects Research
  - Conflicts of Interest in Research Involving Human Subjects
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IRB Requirements: Form documentation

- Morehouse School of Medicine IRB Review – Research Studies Involving Human Subjects
- Protocol, e.g., scope of activities, goals, objectives, related activities
- General Study Information. e.g., recruitment & screening status,
- Research Conduct and Progress, e.g., informed consent, risks
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IRB Requirements: Form documentation

- Human Subject Information
- Blood &/or other Tissue Storage/ Banking
- Conflict of Interest Information
- Investigator/Research Staff Qualifications & Training in Human Research Subjects Protection
- Documentation – Consent form, etc.
Morehouse School of Medicine IRB
Behavioral Research Subcommittee

- CBRP researchers
- Primarily Preventive Medicine physicians and Behavioral Scientists (PhD-Psychology, DSW)

Focuses/Issues (selected)
- Protocol/Recruitment Q & Issues: How recruited? Intended intervention?
- Informed Consent/Assent Process and Form Q & issues: Explanation of procedures; compensation for participation; assurance of confidentiality
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