

# Tying it all together - health economic modeling

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## How models can be used with cost-effectiveness to support decisions

- Work with decision makers to design models that can answer their questions (different from academics)
- Work closely with intervention studies to collect epidemiologic and cost data (before the study begins)
  - RCTs
  - Implementation science studies
  - Operations research
- Estimate impact on health, cost, CEA, BIA
- Clear communication of model results
- Build partnerships
- Epidemiologic and economic innovations



## Results

### Initiation of antiretroviral therapy and viral suppression after home HIV testing and counselling in KwaZulu-Natal, South Africa, and Mbarara district, Uganda: a prospective, observational intervention study

Ruwanne V Barnabas, Heidi van Rooyen, Elioda Tumwesigye, Pamela M Murnane, Jared M Baeten, Hilton Humphries, Bosco Turyamureeba, Philip Joseph, Meighan Krows, James P Hughes, Connie Celum

- Ankole region, southwest Uganda, and KwaZulu-Natal, South Africa
- Sept. 2011 – May 2013

Findings	N (%)
Adults tested	3,393 (96%)
HIV+ identified	635 (19%)
Visited a clinic by month 12	96%
Started ART by month 12 (among those eligible for ART)	74%
Virally suppressed by month 12 (among those on ART)	77%

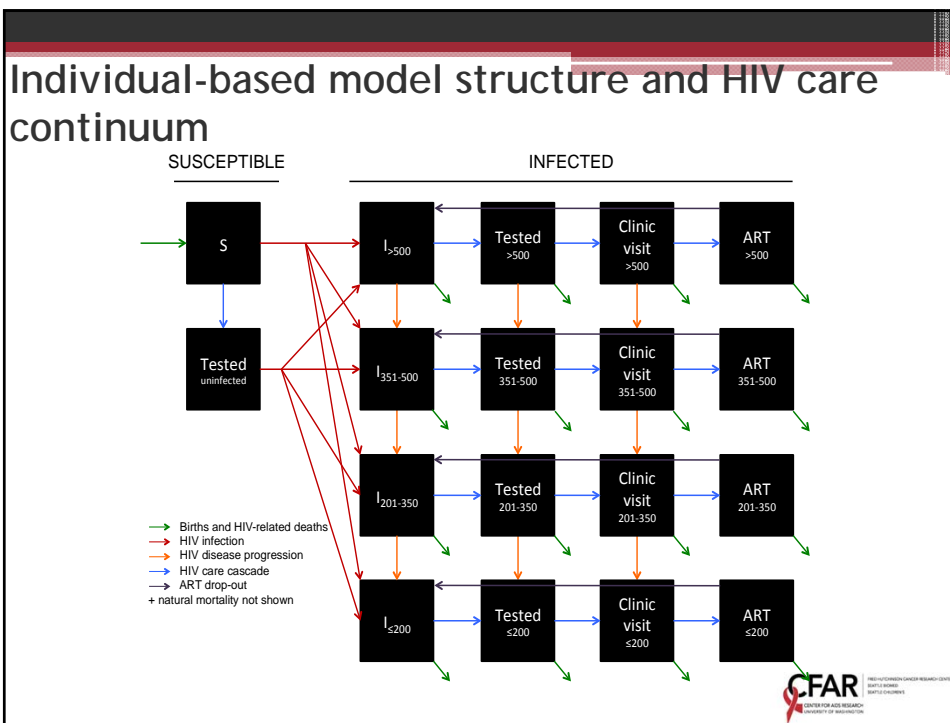
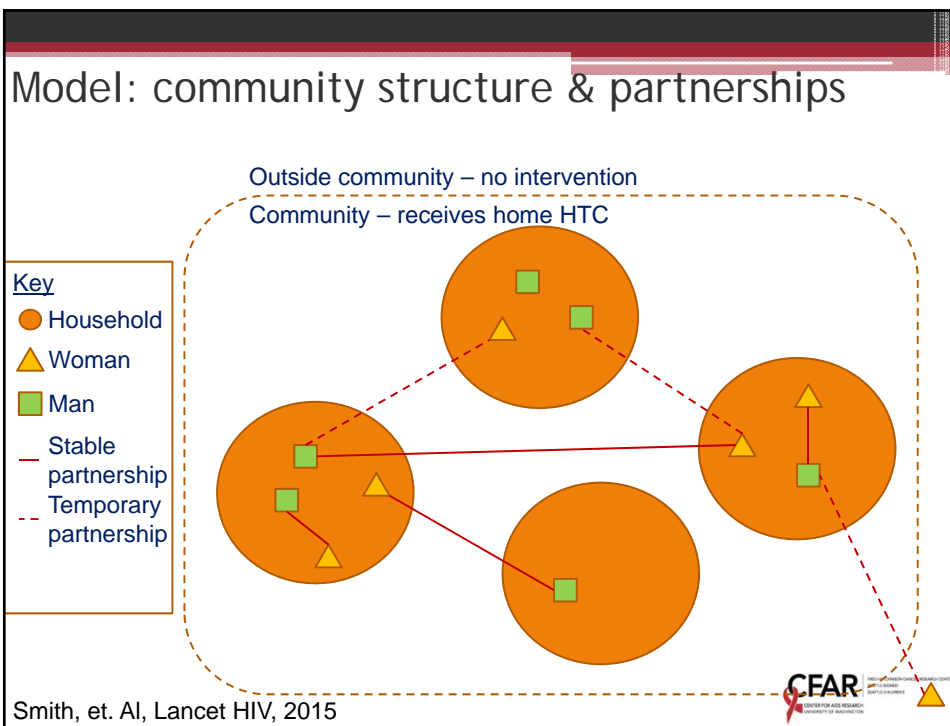
Barnabas. et. al., Lancet HIV, 2014



## Using study data for models

- Demographics
- Mixing patterns
- Natural history
- Transmission probability
- Factors that change susceptibility
- Factors that change infectiousness
- Effectiveness of interventions
- Engagement in health care
  - Used realistic parameters
  - Outcome viral suppression
  - High retention
  - Activity-based micro-costing





## Micro-costing methods

- Interventions:
  - Examining study budgets and financial records
  - Time and motion observation – informed efficiency ceilings
  - Staff interviews about time and resource use
- Standard of care:
  - Estimates from literature review on costs of facility based VCT, ART.
- Separated intervention and research costs
- Scenario analysis

Monisha Sharma



## Efficiency assumptions (Home HTC):

Number of persons tested per day

- HIV- : 35 min per HTC for 7 hours worked plus 14 min travel to home, testing 2 pple per home (ave of = *10 pple tested/day*)
- HIV+ : 60 min per HTC for 7 hours worked plus 14 min travel to home, testing 2 pple per home = *6.27 pple tested/day*. 1.5 hours per HTC = *4.32 pple tested/day* (Used middle estimate of 5)



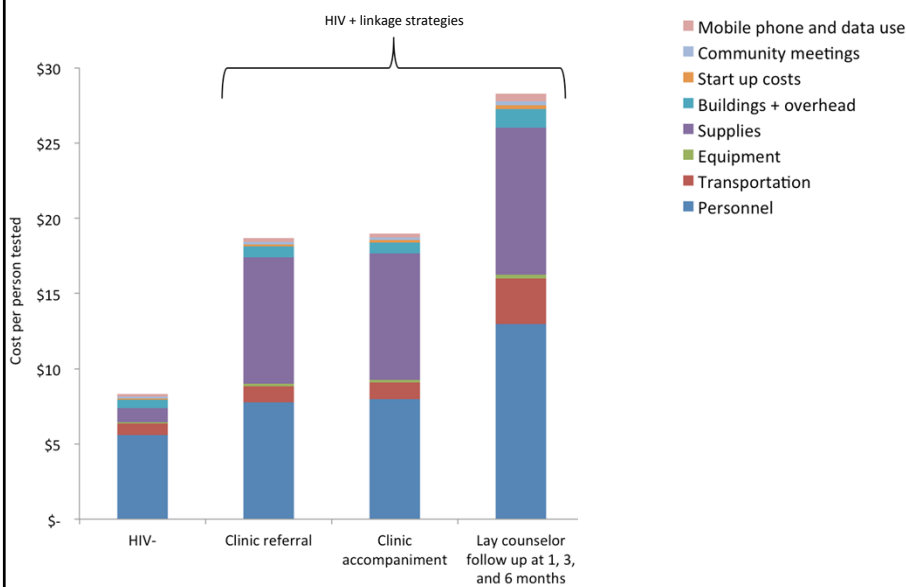
# Results: South Africa

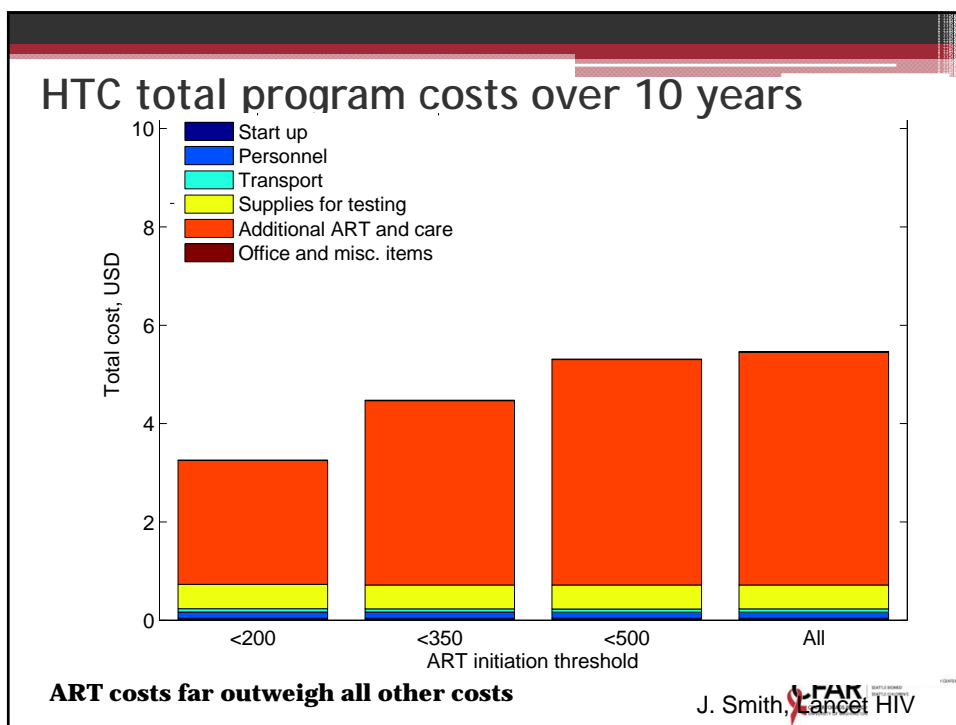
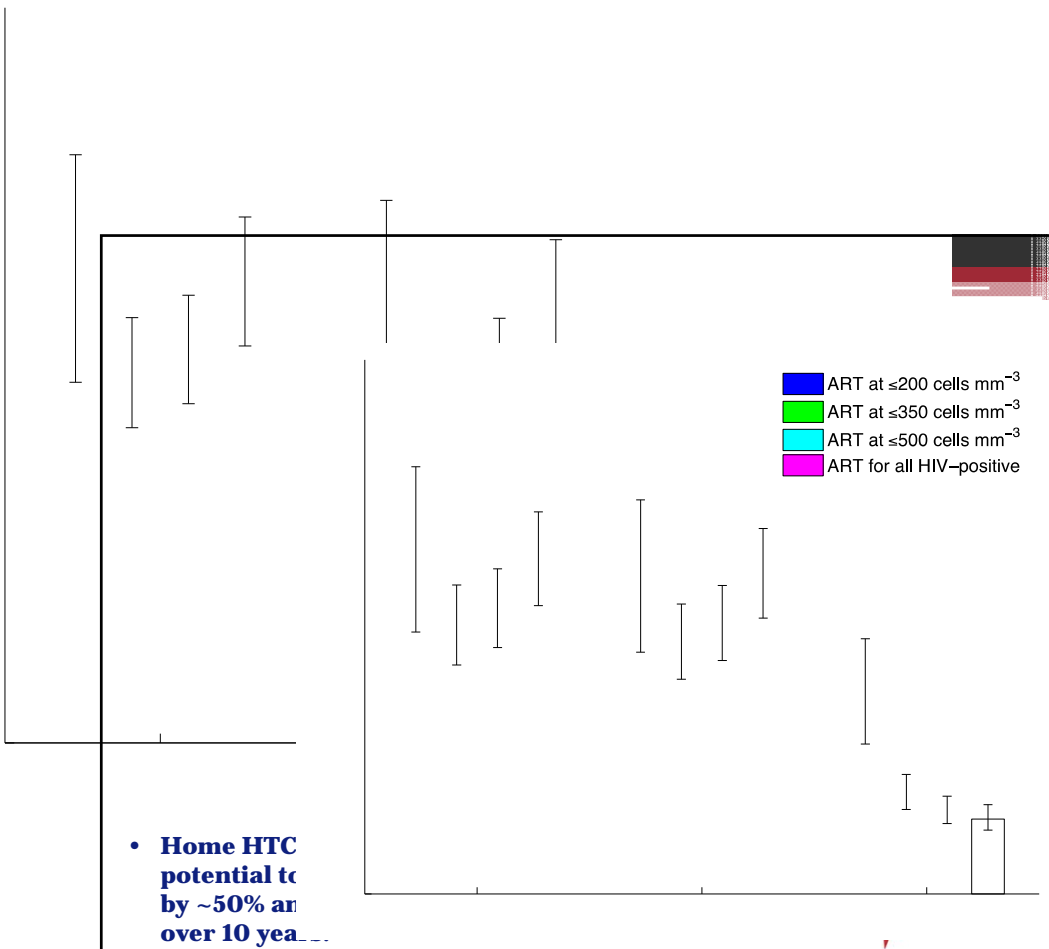
## HTC cost per person tested (2012 USD)

	HIV-	HIV +
	HIV testing and counseling only	Counselor follow up at 1, 3, & 6 months to encourage linkage to ART
Home based HTC (Point of care CD4)	8.32	28.29



### Costs of Home HTC with point of care CD4 analysis (PIMA)





## Discussion

- Community based HTC and linkage strategies achieve high uptake of testing, linkage to care and viral suppression
- Following CD4 $\leq$ 500 guidelines, this approach has the potential to cost-effectively avert ~40% of incident infection
- The cost of ART is the largest proportion of program costs over ten years – a variable cost

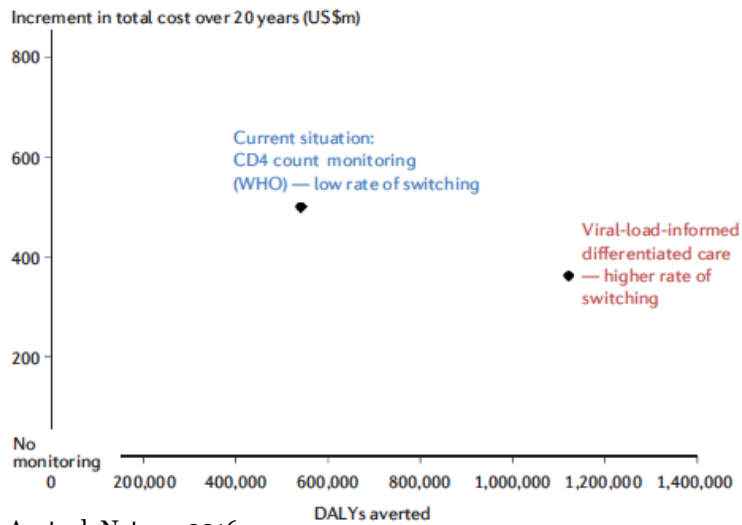


## Discussion

- Key implementation science questions include
  - Estimating the incremental contribution of each linkage strategy (POC CD4, follow-up visits etc.)
  - Strategies for retention in pre-ART care
  - Strategies to identify and re-link persons who migrate or are otherwise lost to follow-up
- Integrating modeling and costing into treatment and prevention research, facilitates timely estimates of cost-effectiveness



## Integrate health economics: DSD for HIV in Zimbabwe



## Limitations

- Uncertainty increases over longer time horizons
- Need good estimates of parameters, esp. key drivers
- Gaps in data
- Background interventions and the status quo changes



## Discussion

- Modeling a key part of economic evaluations
- Need high quality data on burden, impact, and cost
  - **Build a minimum list**
- Iterative process
- Bring innovation for potential solutions
- Build long-term relationships
- **CISNET** (Cancer intervention and surveillance modeling network)



## Thank you

- CFAR website:  
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