2018 Indonesia Field Study Program-Indonesia



## **Review of Health-Related Risks and Health-Related Questions**

I have been given a thorough verbal review of the potential health-related risks that I may encounter if I participate in the IFSP-Indonesia Program (in addition to those outlined in the program application form: *University of Washington Assumption of Risk and Consent for Treatment for Adult International Study Participants*).

I also have been asked to review and carefully consider a number of health-related questions (attached) that are of relevance to one's participation in the IFSP-Indonesia Program. I understand that I am neither obligated nor required to disclose to the IFSP-Indonesia Program staff information relating to the questions.

I have been given an opportunity to voluntarily disclose and discuss with the IFSP-Indonesia Program Director or staff, health-related information, issues, or concerns that may impact my health/safety or the health/safety of the other participants/staff during or following participation in this IFSP-Indonesia Program.

Signature

Date

Print Name

## IFSP-Indonesia Program - 2018

## Health-Related Questions for Consideration and Discussion

- 1. Do you know your Blood Type?
- 2. Any known allergies?

Any allergic reactions to medication? Any allergic reactions to insect bites? Any allergic reactions to foods?

- 3. Are you currently taking any prescribed medications?
- 4. Are you a vegetarian?\*
- 5. Are you currently on a restricted diet?
- 6. Have you ever suffered from an eating disorder?
- 7. Have you ever suffered from asthma or any other respiratory ailments?
- 8. Do you have any speech, hearing, or eyesight impairments?
- 9. Do you use corrective lenses?
- 10. Do you have any physical disability that might cause hardship through change of diet, strenuous travel, or physical exertion?
- 11. Are you sun sensitive?
- 12. Have you ever been treated for diabetes, high blood pressure?
- 13. Have any of your internal organs been removed (e.g., spleen, kidney, appendix)
- 14. Have you ever suffered from alcoholism or drug addiction?
- 15. If you have traveled overseas, did you ever experience any physical or emotional health problems during the trip or following your return home?
- 16. Do you have a history of emotional disturbance such as: difficulties in relations with parents, authority figures or peers?
- 17. Are you currently under treatment or observation for any physical or psychological condition (e.g., mood swings, depression, sleep disorders, phobias, unusual degree of anxiety)?
- 18. Do your religious beliefs place limits on your willingness to accept conventional medical treatment?

\* Please be aware: vegetarian diets are extremely difficult to accommodate in this field study program.

NOTE. As a participant in the IFSP-Indonesia Program, it is your responsibility to update your vaccinations and obtain any pre-trip immunizations/meds. Consult your health care provider and/or the Hall Health Travel Clinic for recommendations on immunizations and related travel health issues.