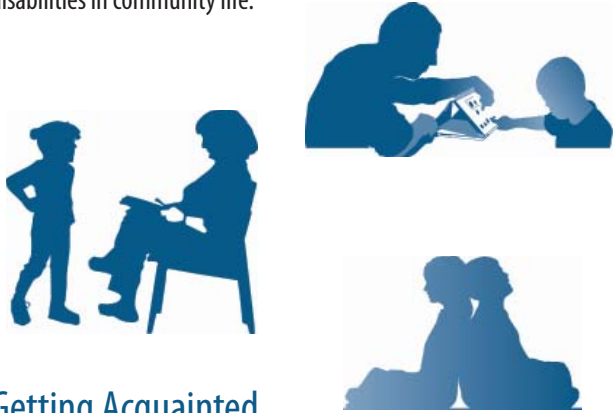




# The Center on Human Development and Disability (CHDD)

is dedicated to the prevention and treatment of developmental disabilities through research, training, outreach, and clinical services both at CHDD and in the community. The University Center for Excellence in Developmental Disabilities (UCEDD) at CHDD is part of a nationwide network of university-based centers that provide interdisciplinary supports and services to people with disabilities. It is guided by the principles and values that encourage independence, productivity, and inclusion of people with disabilities in community life.



## Getting Acquainted

Most clinical service, outreach, training, and research programs at CHDD serve individuals with developmental, learning, and related behavioral problems and their families. Service is provided by professionals from the following fields : audiology, child psychiatry, developmental pediatrics, employment services, neurology, nursing, nutrition, occupational therapy, pediatric genetics, physical therapy, psychology, social work, special education, and speech and language pathology. An inter-disciplinary team approach assures comprehensive and integrated services.



## Referring a Family

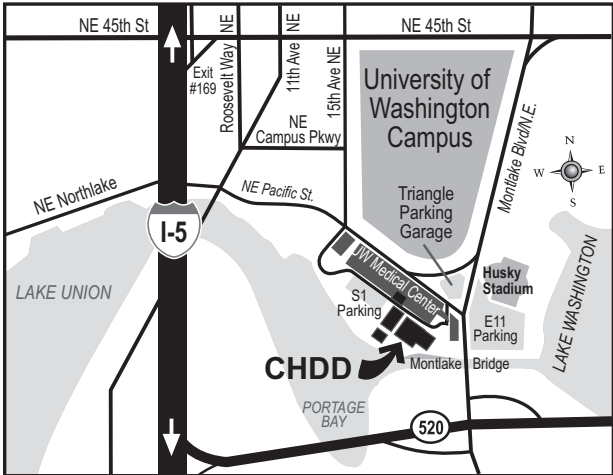
Anyone who is concerned about an individual's developmental status may make a referral to CHDD. Referrals often come from parents, nurses, physicians, teachers, and social service staff. Teens and adults may refer themselves. To initiate a referral, call the phone number listed next to the clinic or program.

## Paying for Services

Standard fees are charged for services at CHDD. Most forms of private and public health insurance are accepted. For details, contact the specific clinic where you wish to make an appointment. Families must follow all requirements of their insurers for referrals and pre-authorizations.

## Finding the Center

The CHDD is located directly behind University of Washington (UW) Medical Center. The street address for the UW Medical Center is 1959 NE Pacific Avenue, Seattle, WA 98195. A fee is charged in campus parking lots.



 **Center on Human Development and Disability**

Box 357920, Seattle, WA 98195-7920  
206-598-4317 • [chdd@uw.edu](mailto:chdd@uw.edu)  
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# CLINICAL SERVICES



**W** CENTER ON HUMAN DEVELOPMENT & DISABILITY  
UNIVERSITY of WASHINGTON



**University of Washington**  
A University Center for Excellence in Developmental Disabilities



# Clinics and Services

## Adult Phenylketonuria (PKU) Program

206-598-1800

This clinic provides consultation for dietary management, health supervision, and evaluation of treatment outcomes for adults with phenylketonuria (PKU). Lifelong dietary management and reproductive planning and follow-up services provided by the clinic help prevent adverse consequences for individuals with PKU and their children.

## Autism Clinical Services

Seattle: 206-221-6806 Tacoma: 253-692-4721

The clinic's multidisciplinary team provides a variety of assessment, intervention, and medical services for children from infancy through age 18 with autism spectrum disorders.

Available services include:

- Diagnostic Services
- Early Childhood Intervention
- Child Psychiatry Services
- Developmental and Behavioral Pediatric
- Services (medical consultation)
- Behavioral Consultation
- Occupational Therapy
- Speech & Language Intervention
- Social Skills Groups

## Biochemical Genetics Clinic

206-598-1800

This clinic offers diagnosis, evaluation, and long-term management plans for individuals with metabolic disorders. Family support activities are offered to assist with compliance with treatment. Genetic counseling about the heritability of these disorders is provided to all families, and prenatal diagnosis is offered to families for subsequent at-risk pregnancies.

## CARE Northwest Teratogen Information Service

1-888-616-8484

This service provides telephone consultation to health care professionals and the public on the effects of drugs, chemicals, and other agents (teratogens) during pregnancy and breast feeding.

## Child Development Clinic

206-598-9346

This clinic provides diagnosis, assessment, and recommendations for children from birth to adolescence with or at risk for developmental disabilities. The clinic includes professionals from audiology, developmental pediatrics, psychology, physical therapy, occupational therapy, nursing, nutrition, social work, and speech and language pathology who assess the child's health and developmental status during a two- to three-day evaluation. The team also provides diagnostic referrals to support services.

## Congenital Hypothyroidism Clinic

206-598-1800

This clinic provides developmental follow-up for children identified through the state's newborn screening program and diagnosed with congenital hypothyroidism. Children receive periodic assessments to evaluate developmental progress and need for intervention. Services include occupational therapy, psychology, and developmental pediatrics.

## Employment Training Program

206-543-6387

This program provides adults with developmental and other disabilities with training and placement in competitive part-time and full-time jobs with employers in King County.

## Experimental Education Classes

206-543-4011

This program offers a state-certified program of specialized education. Services are provided by an interdisciplinary team that includes a classroom teacher, speech and language pathologist, occupational or physical therapist, and other professionals. Children from birth to age 7 are referred to the program by parents, professionals, school districts, and community agencies. Each classroom includes children with disabilities as well as typically developing youngsters. Families receive support services.

## Fetal Alcohol Syndrome (FAS)

## Diagnosis and Prevention Network

206-598-7666

This program offers multidisciplinary assessment to individuals of all ages who have been exposed to alcohol prenatally and who may have developmental, learning, or behavioral concerns. It provides diagnostic referrals to support services.

Additional clinics are located statewide.

## High Risk Infant Follow-up Clinic

206-598-9348

This clinic provides developmental follow-up of children designated as high risk due primarily to prematurity, low birth weight, and/or prenatal exposure to drugs. The goal is to provide early identification and referral for early intervention for neurodevelopmental and neurobehavioral problems.



## Neurogenetics Clinic

206-598-4030

This clinic serves adults and children who have or are at risk for neurological disorders that have a genetic basis. The clinic offers genetic counseling, examination, and diagnostic testing, as well as monitoring and long-term management.

## Pediatric Audiology Clinic

206-598-9347

This clinic offers a full range of clinical services, including behavioral hearing assessment of infants and children, physiologic assessment, assessments for hearing aids, and hearing aid fittings. The clinic also provides counseling for families.



## Pediatric Neurogenetics Clinic

206-598-8771

This consulting clinic focuses on children with rare, genetically based neurological disorders. It brings together a team of experts from neurology, medical genetics, pediatrics, and genetic counseling. Children who are eligible for the clinic may have dysmorphic, or atypical, facial features, as well as severe neurological symptoms, such as intellectual and other developmental disabilities, seizures, movement disorders, unexplained muscle weakness, or abnormal brain scans or muscle biopsies.

## Phenylketonuria (PKU) Clinic

206-598-1800

This clinic provides diagnosis and assessment, consultation for dietary management and health supervision, and evaluation of treatment outcomes to children with PKU. A focused health and wellness curriculum facilitates treatment compliance and supports self-management skills. Long-term planning and follow-up help prevent adverse consequences.

## Washington Assistive Technology Alliance

206-685-4181 (Voice), 206-616-1396 (TTY), or 1-800-214-8731 (Voice/TTY)

This service provides demonstrations and loans of assistive technology (AT) to help consumers make informed decisions about AT devices and services. Mini-consultations with staff are available upon request and formal AT evaluations are available on a fee-for-service basis.

