

**DANA M. LITT**

**PERSONAL DATA**

Place of Birth: Denver, CO, U.S.A.

Business Address: University of Washington  
Department of Psychiatry and Behavioral Sciences  
Center for the Study of Health and Risk Behaviors  
Box 354944; 1100 NE 45th Street, Suite 300  
Seattle, WA 98195

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**EDUCATION**

2005 – 2010 Doctor of Philosophy: Applied Social Psychology  
George Washington University  
Washington, DC  
Dissertation Title: *Social Networking Sites and Adolescent Alcohol Use:  
The Role of Social Images, Social Norms, and Social Comparison*

2001 – 2004 Bachelor of Arts: Psychology, *cum laude*  
University of Miami  
Coral Gables, Florida

**POST-GRADUATE TRAINING**

2010 – 2011 Postdoctoral Fellow  
Department of Psychiatry and Behavioral Sciences  
University of Washington  
Seattle, Washington

**PRE-GRADUATE TRAINING**

2008 – 2010 Senior Research Assistant  
Department of Psychology  
Health Cognitions and Behavior Laboratory  
The George Washington University  
Washington, DC

2008 Summer Research Fellow  
National Institutes of Health  
National Institute on Drug Abuse

2007 Summer Research Fellow  
National Institutes of Health  
National Institute of Child Health and Human Development

2005 - 2008 Research Assistant  
Department of Psychology  
Health Cognitions and Behavior Laboratory  
The George Washington University  
Washington, DC

### **RESEARCH INTERESTS**

- Social antecedents of adolescent risk-taking behaviors
- Decision-making processes regarding substance use
- Social-cognitive aspects of substance use
- Development and evaluation of socially based health risk interventions

### **RESEARCH FUNDING**

#### **Awarded/Current Funding:**

Project Title: Developing a Dual-Process Intervention for Alcohol Use Among Young Adults;  
Principal Investigator: Dana M. Litt  
Grant Number: 1K99AA020869-01  
Funding Source: NIH/National Institute on Alcohol Abuse and Alcoholism  
FTE: 75%  
Start Date: 1/1/12  
End Date: 12/31/16  
\$852,552 Total Direct Costs  
\$1,016,168 Total Costs

#### **Completed Funding:**

Project Title: Psychology Training in Alcohol Research  
Grant Number: 2T32AA007455-26  
Principal Investigator: Mary E. Larimer  
Role: Postdoctoral Fellow  
Funding Source: NIH/NIAAA  
Start Date: 7/1/10  
End Date: 12/31/11

## **BIBLIOGRAPHY**

### ***Publications***

#### ***Peer-Reviewed Journals***

Dodge, T., **Litt, D.**, Seitchik, A., & Bennett, S. (2008). Drive for Muscularity and Beliefs about Legal Performance Enhancing Substances as Predictors of Current Use and Willingness to Use. *Journal of Health Psychology, 8*, 1173-1179.

**Litt, D.**, & Dodge, T. (2008). A Longitudinal Investigation of the Drive for Muscularity Scale: Predicting Use of Performance Enhancing Substances and Weightlifting Among Males. *Body Image 5*, 346-351.

**Litt, D.**, Iannotti, R., & Wang, J. (2011). Motivations for Adolescent Physical Activity. *Journal of Physical Activity and Health, 8*, 220-226.

Dodge, T., **Litt, D.**, & Kaufman, A. (2011). Influence of the Dietary Supplement Health and Education Act (DSHEA) on Consumer Beliefs about the Safety and Effectiveness of Dietary Supplements. *Journal of Health Communication, 16*, 230-244.

**Litt, D. M.**, & Stock, M. L. (2011). Adolescent Alcohol-Related Risk Cognitions: The Roles of Social Norms and Social Networking Sites. *Psychology of Addictive Behaviors, 25* (4), 708-713. doi: 10.1037/a0024226.

Lewis, M. A., **Litt, D.**, Blayney, J., Lostutter, T.W., Granato, H., Kilmer, J., & Lee, C. (2011). They Drink How Much and Where?: Normative Perceptions by Drinking Contexts and Their Association to College Students' Alcohol Consumption. *Journal of Studies on Alcohol and Drugs, 72*, 844-853.

**Litt, D.**, Lewis, M. A., & Stock, M. L. (2011). Drinking to fit in: Examining the need to belong as a moderator of perceived best friend alcohol use and related risk cognitions. In press.

#### **Book Chapters**

Lewis, M. A., Patrick, M. E., Horvath, K. J., & **Litt, D.** (In Press). Alcohol, sexual risk taking, and sexually transmitted infections. In P. Miller (Ed.), *Encyclopedia of Addictive Behaviors*. Oxford: Academic Press.

**Litt, D.**, & Lewis, M. A. (In Press). The Prototype Willingness Model: a review.

### ***Other Publications***

**Litt, D.** (2011). Social Networking Site Use and Adolescent Alcohol Use: A Preliminary Study  
*The Addictions Newsletter*, 18, No. 1, Spring 2011.

### ***Manuscripts Under Review***

**Litt, D.,** Lewis, M. A., Stahlbrandt, H., Firth, P., & Neighbors, C. (2011). The impact of descriptive norms on alcohol use and related negative consequences: The role of social comparison. Manuscript submitted for publication.

**Litt, D.,** Lewis, M.A., Patrick, M., Rodriguez, L., Neighbors, C., & Kaysen, D. (2011). Spring Break Versus Spring Broken: Predictive Utility of Spring Break Alcohol Intentions and Willingness at Varying Levels of Extremity. Manuscript submitted for publication.

Lewis, M.A., **Litt, D.,** Cronce, J., Blayney, J., & Gilmore, A. (2011). Underestimating Health and Overestimating Risk: Examining Normative Perceptions and Their Relation to Sexual Behaviors. Manuscript submitted for publication.

Stock, M., Dodge, T., & **Litt, D.** (2011). Judgments about Illegal Performance Enhancing Substances: Reasoned, Reactive or Both? Manuscript Submitted for Publication.

Stock, M., **Litt, D.,** & Arlt, V., & Peterson, L. (2011). Impact of Academic versus health-risk information on cognitions associated with illicit prescription stimulant use. Manuscript submitted for publication.

### ***Manuscripts in Preparation***

**Litt, D.,** Stock, M. & Gibbons, F. X. (2011). The impact of peer and sibling substance use on adolescent substance use cognitions and behaviors: Do social comparison tendencies matter? Manuscript in preparation.

**Litt, D.,** Kilmer, J.K., Lewis, M. A., & Segawa, M. (2011). Come on and Raise Your Glass: Knowledge, Motives and Expectancies for College Students' Use of Alcoholic Energy Drinks. Manuscript in preparation.

**Litt, D.,** Lewis, M. A., Blayney, J., & Kaysen, D. (2011). Anxiety as a Mediator of the Protective Behavioral Strategy and Alcohol Use Relationship. Manuscript in preparation.

### ***Invited Presentations***

- Litt, D.** (2010, October). Social Networking Sites and Alcohol Use: An Experimental Paradigm. Talk presented at bimonthly Psychology Training in Alcohol Research colloquium, University of Washington, Seattle, WA.
- Litt, D.** (2011, May). The need to compare: Examining individual differences as moderators of the descriptive norms and drinking behavior relationship. Talk presented at bimonthly Psychology Training in Alcohol Research colloquium, University of Washington, Seattle, WA.
- Litt, D.** (2011, June). Adolescent Alcohol Use: The Roles of Social Networking Sites and Social Norms. In **D. Litt** & M. A. Lewis (Chairs), From recruitment to intervention: An overview of research methodologies using social networking sites. Symposia talk presented at the annual meeting of the Research Society on Alcoholism, Atlanta, GA

### ***Selected Poster Presentations***

- Litt, D.** & Dodge, T. (January, 2007). *The relationship between social comparison orientation and achievement goals: Does direction of comparison matter?* Poster presented at the 2007 Society for Social Psychology Annual Meeting, Memphis, TN.
- Bennett, S., **Litt, D.**, & Dodge, T. (May, 2007). *When Bigger is Viewed as Better: Risk Factors for the Use of Performance Enhancing Substances.* Poster presented at the 2007 International Conference on Eating Disorders, Baltimore, MD.
- Litt, D.**, Kaufman, A., & Dodge, T. (May 2007). *The Ups and Downs of Social Comparisons: The Relationship Between Social Comparison and Body Dissatisfaction.* Poster presented at the 2007 Association for Psychological Science Convention, Washington, DC.
- Litt, D.**, & Dodge, T. (March, 2008). *An Examination of the Differential Predictive Validity of the Drive for Muscularity Subscales in Adolescent Males.* Poster presented at the Society for Research on Adolescence Biennial Meeting, Chicago, Illinois.
- Litt, D.**, & Iannotti, R. (March, 2008). *Motivation for Physical Activity in U.S. Youth: Socialization, Achievement, and Health.* Poster presented at the Society for Research on Adolescence Biennial Meeting, Chicago, Illinois.
- Litt, D.** & Stock, M.L. (February, 2009). *The impact of peer and sibling substance use on adolescent substance use cognitions and behaviors: Do social comparison tendencies matter?* Poster presented at the Society for Personality and Social Psychology, Tampa, Florida.

Walsh, L. A, Stock, M. L, Peterson, L. M., & **Litt, D.** (April, 2010). *The Impact of Sexual Risk and Informational Interventions on Women's Likelihood of Engaging in HPV Vaccination, STD Testing, and Risky Sex Behaviors*. Poster presented at the Society of Behavioral Medicine Conference, Seattle, Washington.

**Litt, D.** & Stock, M. L. (February, 2011). *Social Networking Sites and Adolescent Alcohol Use: The Roles of Social Norms and Social Images*. Poster presented at the biennial Society for Personality and Social Psychology Conference, San Antonio, Texas.

Lewis, M. A., **Litt, D.**, Blayney, J. A., & Kilmer, J. R. (2011, August). Location, location, location! Normative perceptions by drinking contexts and their association with alcohol consumption. Presented at the annual meeting of the American Psychological Association, Washington, DC.

**HONORS**

- 2011 - present            Clinical Research Loan Repayment  
National Institutes of Health
  
- 2005 - 2009            Presidential Fellowship for Academic Excellence  
The George Washington University

**PROFESSIONAL AFFILIATIONS**

- 2010 – Present            Research Society on Alcoholism
- 2010 – Present            American Psychological Association: Division 38, Health Psychology
- 2010 – Present            American Psychological Association: Division 50, Society of Addiction  
Psychology
- 2005 – Present            American Psychological Association
- 2005 – Present            Society for Personality and Social Psychology

**TEACHING RESPONSIBILITIES**

**University of Washington, Seattle, Washington**

**Research Mentoring**

<b>Dates</b>	<b>Name</b>	<b>Program</b>	<b>Outcomes</b>
2010 – Present	Stuart Drummond	Undergraduate Student	1 research conference presentation
2010 – Present	Emily Leickly	Undergraduate Student	1 research conference presentation
2010 – Present	Marguerite E. Nicklos	Undergraduate Student	1 research conference presentation
2010 – Present	Perry Firth	Lab Volunteer	1 manuscript submitted

			jointly
2010-Present	Jes Blayney	Lab Coordinator	2 manuscripts submitted jointly; 1 research conference presentation

### Courses and Seminars

2010 – Present      Lecturer  
 Undergraduate Research 499  
 Topics: Alcohol Administration Research  
 Alcohol and Risky Sexual Behavior  
 Applying to Graduate School  
 Normative Perceptions of Sexual Behavior  
 Social Norms

### The George Washington University, Washington, DC

#### Research Mentoring

Dates	Name	Program	Outcomes
2008-2010	Stefani Angiulo	Undergraduate Student	1 research conference presentation; Accepted to graduate school
2008 - 2010	Virginia Arlt	Undergraduate Student	1 manuscript submitted jointly; Accepted to graduate school
2007-2009	Robert Royce	Undergraduate Student	1 research conference presentation; accepted to graduate school

### Courses and Seminars

2009                    Instructor  
 Principles and Methods Laboratory

2009                    Instructor  
 Attitudes and Public Opinion

2009                    Instructor  
 Introduction to Social Psychology

2010                    Lecturer  
 Psychology of Sex Differences  
 Topic: Sex Differences in Substance Use

2010                    Instructor

## Introduction to Social Psychology

### **EDITORIAL RESPONSIBILITIES**

2008 – Present      Ad Hoc Reviewer  
*Journal of Personality and Social Psychology*  
*Addictive Behaviors*  
*Addiction*  
*Psychology of Addictive Behaviors*  
*Journal of Adolescent Research*  
*Journal of Studies on Alcohol and Drugs*  
*Journal of Physical Activity and Health*

### **DEPARTMENTAL SERVICE**

#### **The George Washington University**

2007-2008      Psychology Graduate Student Forum  
President

2006-2008      New Student Search Committee  
Student Representative

2007              Faculty Search Committee, Student Representative