## Recommendations for Preventive Pediatric Health Care (RE9535)
**Committee on Practice and Ambulatory Medicine**

Each child and family is unique; therefore, these Recommendations for Preventive Pediatric Health Care are designed for the care of children who are receiving comprehensive parenting, have no manifestations of any important health problems, and are growing and developing in satisfactory fashion. Additional visits may become necessary if circumstances suggest variations from normal.

### Infancy* (0-24 months)
- **PRENATAL**
- **NEWBORN**
- **1-5 mo**
- **6-11 mo**
- **12-23 mo**
- **24 mo-1 y**
- **2-3 y**
- **4-5 y**
- **6-7 y**
- **8-9 y**
- **10-11 y**

### Early Childhood* (3-11 years)
- **PRENATAL**
- **NEWBORN**
- **1-5 mo**
- **6-11 mo**
- **12-23 mo**
- **24 mo-1 y**
- **2-3 y**
- **4-5 y**
- **6-7 y**
- **8-9 y**
- **10-11 y**

### Middle Childhood* (11-15 years)
- **PRENATAL**
- **NEWBORN**
- **1-5 mo**
- **6-11 mo**
- **12-23 mo**
- **24 mo-1 y**
- **2-3 y**
- **4-5 y**
- **6-7 y**
- **8-9 y**
- **10-11 y**

### Adolescence* (15-21 years)
- **PRENATAL**
- **NEWBORN**
- **1-5 mo**
- **6-11 mo**
- **12-23 mo**
- **24 mo-1 y**
- **2-3 y**
- **4-5 y**
- **6-7 y**
- **8-9 y**
- **10-11 y**

### History
- **Initial/Interval**
  - **Prenatal**
  - **Newborn**
  - **1-5 mo**
  - **6-11 mo**
  - **12-23 mo**
  - **24 mo-1 y**
  - **2-3 y**
  - **4-5 y**
  - **6-7 y**
  - **8-9 y**
  - **10-11 y**

### Measurements
- **Height and Weight**
- **Head Circumference**
- **Blood Pressure**

### Sensory Screening
- **Vision**
- **Hearing**

### Developmental/Behavioral Assessment
- **Physical Examination**
- **Hematocrit or Hemoglobin**

### Procedures-General
- **Hereditary/Metabolic Screening**
- **STD Testing**
- **Pelvic Exam**

### Procedures-Patients at Risk
- **Load Screening**
- **Tuberculin Test**
- **Cholesterol Screening**
- **STD Screening**

### Anticipatory Guidance
- **Injury Prevention**
- **Violence Prevention**
- **Sleep Positioning Counseling**
- **Nutrition Counseling**

### Dental Referral

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**Key:**
- **F** = to be performed
- **s** = subjective by history
- **O** = objective, by a standard testing method
- **=** = to be performed for patients at risk
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**Note:** Special chemical, immunologic, and endocrine testing is usually carried out upon specific indications. Testing other than newborn (e.g., lindorm errors of orientation, slant disease, etc.) is discretionary with the physician.

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