| AGE MOS. | GROSS MOTOR | FINE MOTOR | SELF-HELP | PROBLEM SOLVING | SOCIAL EMOTIONAL | RECEPTIVE LANGUAGE | EXPRESSIVE LANGUAGE |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1 | Chin up in prone | Hands fisted near face |  | Fixes on ring Follows face | Discriminates mother voice Cries out of distress | Alerts to voice/sound | Throaty noises |
| 2 | Chest up in prone Head bobs when held in sitting | Hands unfisted 50\% <br> Retains rattle if placed in <br> hand <br> Holds hands together |  | Visual threat present Follows ring <br> Recognizes mother | Reciprocal smiling - responds to adult voice \& smile |  | Coos <br> Social smile (8 wks) <br> Vowel like noises |
| 3 | Props on forearms in prone Suspended in prone head above body | Hands unfisted 50\% Inspects fingers Bats at objects |  | Reaches for face Follows ring in circle (in supine) Regards cube | Expression of disgust (sour taste, loud sound) <br> Understands relationship between speaker and voice | Regards speaker | Chuckles Vocalizes when talked to |
| 4 | Sit w/ trunk support No head lag - pull to sit Props on wrists Rolls front to back | Clutches at clothes Hands to mouth Reaches persistently Plays with rattle |  | Mouths objects Aware of strange situation Shakes rattle Reaches for ring/rattle | Smiles spontaneously at pleasurable sight/sound <br> Stops crying at parent voice <br> To \& fro alternating vocalizations | Orients to voice Stops crying to soothing voice | $\begin{aligned} & \hline \text { Laughs out loud } \\ & \text { Vocalizes when alone } \end{aligned}$ |
| 5 | Sits w/ pelvic support Rolls back to front Anterior protection parachute | Palmar grasp/cube Transfers object: hand-mouth-hand Holds hands together Attains dangling ring | Gums/mouth pursed food | Attains dangling ring <br> Turns head - look for dropped spoon Regards pellet | Recognizes caregiver visually Forms attachment relationship to caregiver | Orients to Bell 1 Begins to respond to name | "Ah-goo" <br> Razz, squeal <br> Expresses anger other than crying |
| 6 | Sits momentarily propped <br> on hands <br> Pivots in prone <br> Prone - bears weight on 1 <br> hand | Transfers hand-hand Rakes pellet <br> Takes second cube - holds on to 1st | Feeds self crackers Places hands on bottle | Touches reflection and vocalizes Removes cloth on face Bangs \& shakes toys | Stranger anxiety (familiar vs. unfamiliar people) | Stops momentarily to "no" | Reduplicate babble w/ consonants Listens then vocalizes when adult stops <br> Smiles/Vocalizes to mirror |
| 7 | $\begin{aligned} & \hline \text { Bounces when held } \\ & \text { Sits w/o support - steady } \\ & \text { Lateral protection } \\ & \hline \end{aligned}$ | Radial-palmar grasp |  | Inspects ring Observes cube in each hand Finds partially hidden object |  | Orients to Bell 2 Attends to music |  |
| 8 | Gets into sitting Commando crawls Pulls to sitting/kneeling | Bangs spoon w/ demo Scissor grasp of pellet Takes cube out of cup Pulls large peg out | Holds own bottle Finger feeds Cheerios or string beans | Seeks object after it falls silently to the floor | Lets parents know when happy vs. upset Engages in gaze monitoring: adult looks away and child follows adult glance with own eyes | Responds to "come here" <br> Looks for family members, <br> "Where's mama?"... etc | "Dada" inappropriate Echolalia (8-30 mos) Shakes head for no |
| 9 | Gets to 4-pt Begins creeping Pulls to stand Bear walks | Scissor pincer grasp of pellet <br> Radial-digital grasp of cube <br> Bangs 2 cubes together | Bites, chews cookie | Inspects bell Rings bell Pulls string to obtain ring | Uses sounds to get attention Separation anxiety <br> Follows a point, "Oh look at...." <br> Recognizes familiar people visually | Enjoys gesture games Orients to name well Orients to Bell 3 | "Mama" inappropriate Non-reduplicate babble Imitates sounds |
| 10 | Creeps well <br> Cruises around furniture <br> 2 hands <br> Stands - 1 hand held <br> Walks - 2 hands held | Clumsy release of cube Immature pincer grasp of pellet <br> Isolates index finger and pokes | Drinks from cup held for him | Uncovers toy under cloth Pokes at pellet in bottle Tries to put cube in cup, but may not be able to let go | Experiences fear <br> Looks preferentially when name is called | Enjoys Peek-A-Boo Waves bye-bye back | "Dada" appropriate Waves bye-bye |
| 11 | Walks - 1 hand held Pivots in sitting Cruises - 1 hand Stands few seconds | Throws objects Stirs with spoon |  | Finds toy under cup Looks at pictures in book | Gives objects to adult for action after demonstration (lets adult know he needs help) | Stops activity when told "no" Bounces to music | $1^{1 \times}$ word Vocalizes to songs |
| 12 | Stands well Posterior protection Independent steps | Marks after demo Fine pincer grasp of pellet Holds crayon Attempts tower of 2 | Finger feeds part of meal Takes hat off | Rattles spoon in cup Lifts box lid to find toy | Shows objects to parent to share interest Proto-imperative pointing to indicate wants | 1-step command w/ gesture Recognizes names of two objects - looks when named | Proto-imperative pointing to get desired object |
| 13 | $\begin{aligned} & \hline \text { Throws ball - sitting } \\ & \text { Walks w/ high guard } \end{aligned}$ | Attempts to release pellet in bottle | Drinks from cup w/ spilling | Dangles ring by string Solves glass frustration test Unwraps toy in cloth | Shows desire to please care giver <br> Solitary play <br> Functional play | Looks appropriately, "Where's ball?" | $3^{\text {rad }}$ word Immature jargoning - inflection without real words |
| 14 | Stands w/o pulling up Falls by collapse Walks well | Imitates back-forth scribble Attains $3^{\text {ta }}$ cube by combining 22 -cube towers One round peg in \& out | Removes socks/shoes Chews well Spoon to mouth - turns over | Dumps pellet out of bottle after demo | Proto-declarative pointing to indicate interest <br> Purposeful exploration of toys through trial and error | 1-step command without gesture | Names one object Proto-declarative pointing |
| 15 | Stoops to pick up toy Creeps up stars Rens stifflegged Walks carrying toy Climbs on furniture | 3-4 cube tower Place 10 cubes in cp Releases pellet into bottle | $\begin{aligned} & \hline \text { Uses spoon - some spill } \\ & \text { Attempts to brush own } \\ & \text { hair } \\ & \text { Fusses to be changed } \end{aligned}$ | Turns pages in book Places circle in single shape puzzle | Shows empathy (someone else cries, child looks sad) <br> Hugs adult in reciprocation Hands toy to adult if can't operate (no demo - see 11 month above) | Points to 1 body part Points to 1 object of 3 Gets object from another room upon demand | 3-5 words Mature jargoning w/ real words |
| 16 | Stands on 1 foot w/ slight support <br> Walks backwards <br> Walks up stairs - 1 hand <br> held | All round pegs in with urging <br> Scribbles spontaneously | Picks up \& drinks from cup Fetches \& carries objects (same room) | Dumps pellet out w/o demo Places circle in form board Finds toy under layered covers | Kisses by touching lips to skin Periodically visually relocates caregiver Self-conscious, embarrassed when aware of people observing them | Understands simple commands, <br> "Bring to mommy" <br> Points to 1 picture | 5-10 words |


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| 18 | $\begin{aligned} & \hline \text { Creeps down stairs } \\ & \text { Runs well } \\ & \text { Seats self in small chair } \\ & \text { Throws ball - standing } \end{aligned}$ | 4-cube tower Crudely imitates vertical stroke | Removes garment Gets onto adult chair unaided <br> Moves about house without adult | Matches pairs of objects Circle reversed after searching | Passes CHAT <br> Engages in pretend play (e.g. tea party, <br> birthday party - with other people) <br> Begins to show shame (when does wrong) <br> \& possessiveness | Points to 2 of 3 objects <br> Body parts: 3 <br> Points to self <br> Understands "mine" | 10-25 words <br> Giant words (all gone, stop that) Imitates environmental sounds Names one picture on demand |
| 20 | Squats in play Carries large object Up stairs holding onto one hand | Completes round peg board w/o urging <br> 5-6 cube tower <br> Completes square peg board | Places only edibles in mouth <br> Feeds self w/ spoon entire meal | Deduces location of hidden object Places square | Begins to have thoughts about feelings Engages in tea party with stuffed animals Kisses with pucker | Points to pictures: 3 Begins to understand her/him/me | Holophrases ("Mommy?" and points keys: 'These are Mommy's keys.") <br> 2-word combinations <br> Answers requests w/ "no" |
| 22 | Up stairs with rail, marking time Kicks ball w/ demo Walks w/ one foot on walking board. | Closes box with lid Imitates vertical line Imitates circular scribble | Uses spoon well Drinks from cup well Unzips zippers Puts shoes on partway | Adapts to FB reversal within 4 trials Completes form board $\square$ |  | Pictures: 4-5 <br> Body parts: 5-6 <br> Clothing: 4 pieces | 25-50 words Asks for more <br> Adds 1-2 words/week |
| 24 | Down stairs with rail, marking time Jumps in place Kicks ball w/o demo <br> Throws overhand | Train of cubes w/o stack Imitates single circle Imitates horizontal line | Opens door using knob Sucks through a straw Takes off clothes w/o buttons Pulls off pants | Sorts objects <br> Matches objects to pictures <br> Shows use of familiar objs | Parallel play <br> Begins to mask emotions for social etiquette | Follows 2-step command Understands me/you Points to 5-10 pictures | 2-word sentence ( $\mathrm{N}+\mathrm{V}$ ) <br> Telegraphic speech <br> 50+ words <br> $50 \%$ intelligibility <br> Refers to self by name <br> Names 3 pictures |
| 28 | Jumps from bottom step 1 foot leading Walks on toes after demo Walks backward 10 ft | Strings beads awkwardly Unscrews jar lid | Holds self/verbalizes toilet needs <br> Pulls pants up with <br> assistance | Matches shapes Matches colors |  | Understands "just one" | $\begin{aligned} & \hline \text { Repeats } 2 \text { digits } \\ & \text { Begins to use pronouns (I, me, you) } \\ & \text { Names 10-15 pictures } \end{aligned}$ |
| 30 | Up stairs with rail, alternating feet Jumps in place Stands w/ both feet on balance beam Walks w/ one foot on balance beam | 8-cube tower <br> Train of cubes with slack | Washes hands Puts things away Brushes teeth w/ assistance | Reverses form board spontaneously Points to small details in pictures | Pretend play - advanced | Follows 2 prepositions: "put block in... on box" Understands actions words: "playing... washing... blowing" | Echolalia \& jargoning gone Names objects by use Refers to self w/ correct pronoun |
| 33 |  | 9-10-cube tower 6 square pegs in pegboard Imitates cross | Toilet trained Puts on coat unassisted | Points to self in photos Points to body parts acc'd to function ("what do you hear with?") |  | Understands 3 prepositions Understands dirty, wet Points to objects by use: "ride in... put on feet... write with" | Gives first \& last name Counts to 3 <br> Begins to use past tense |
| 3 yr | Balances $1 \mathrm{ft}-3 \mathrm{sec}$ <br> Upstairs, alternating feet, <br> without rail <br> Pedals tricycle <br> Heel to toe walk <br> Catches ball - arms stiff | Copies circle Cuts w/ scissors: side-to-side (awkwardly) Imitates bridge <br> Strings small beads well | Independent eating Pours liquid from one container to another Puts on shoes w/o lace Spreads w/ knife Unbuttons | Adds 2 parts to DAP <br> Understands long/short, big/small, more/less <br> Knows own gender <br> Knows own age | Starts to share with/without prompt <br> Fears imaginary things <br> Imaginative play <br> Uses words to describe what someone else is thinking (Mom thought I was asleep) | Points to parts of pictures (nose of cow, door of car Understands long/short <br> Names body parts w/ function Understands negatives Groups objects (foods, toys) | 200+ words <br> 3 -word sentences <br> Uses pronouns correctly <br> 75\% intelligibility Uses plurals <br> Names body parts by use |
| 4 yr | Balances $1 \mathrm{ft} 4-8 \mathrm{sec}$ Hops 1 ft 2-3 times Standing broad jump: 1-2 <br> Gallops <br> Throws ball overhand 10 <br> ft <br> Catches bounced ball (41/2 <br> yrs) | Copies square Imitates gate <br> Ties single knot <br> Cuts 5-inch circle <br> Uses tongs to <br> transfer | Goes to toilet alone Wipes after BM Washes face/hands Brushes teeth alone Buttons Uses fork well | DAP $=4-6$ parts Number concepts to 2 Simple analogies: - dad/boy : mother/??? - ice/cold : fire/??? - ceiling/up : floor/??? Points to 4 colors | Passes Sally \& Anne test <br> Deception - interested in "tricking" others \& concerned about being tricked by others Has a preferred friend <br> Labels happiness, sadness, fear, \& anger in self Group play | Follows 3-step commands Points to 4 colors Understands action words: II (swims in water, cuts with, is read, sit at, tells time...) Understands adjectives: bushy, long, thin, pointed | Digits: 3 forward 300-1000 words Tells stories Counts to 4 Names 4 colors $100 \%$ intelligibility Uses "feeling" words |
| 5 yr | Down stairs, alternate feet, w/ rail <br> Balances $1 \mathrm{ft}>8 \mathrm{sec}$ Hops 1 foot 15 times Skips <br> Running broad jump 2-3 <br> ft <br> Walks backward heel-toe <br> Jumps backward | Copies triangle <br> Builds stairs <br> from model <br> Puts paper clip <br> on paper <br> clothespins to transfer small <br> objects | Spreads with knife Independent dressing Bathes independently | DAP $=8-10$ parts Number concepts to 3 <br> Identifies coins <br> Standardized IQ test needed | Has a group of friends <br> Apologizes for mistakes <br> Responds verbally to good fortune of others | R \& L on self (5-7 yrs) Points to different one in a series Understands "er" endings (batter, skater) | $\begin{aligned} & \hline \text { Digits: } 4 \text { forward } \\ & \text { Counts to } 10 \\ & \text { Colors: } 4-6 \\ & \text { Defines simple words } \\ & \text { 2000 words } \\ & \text { Knows telephone number } \\ & \text { Responds to why questions } \end{aligned}$ |
| 6 yr | Tandem walks | Builds stairs from memory Draws diamond <br> Copies flag | Ties shoes <br> Combs hair <br> Looks both ways at street | DAP $=12-14$ parts Number concepts to 10 Simple addition Understands seasons | Has best friend of same sex Plays board games | Reads at first-grade level Use PPVT | Days of the week <br> 10,000 words when enters first grade |

