

Mount Vernon Healthy Communities Project Community Inventory Data Clarifications

Nutrition

Access to Health Promoting Foods

UPDATED:

Food and beverage vending reported at ES after school hours; vending machine is turned off during school hours; requests to remove and stock with healthier choices has not been honored

REPORTED:

Food and beverage vending in MS and HS, but not ES

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Breastfeeding

UPDATED:

Early postpartum	90.2%	2003 WA State WIC Program; Skagit County
1-6 months	74.5%	
> 6 months	43.5%	
At 1 year	Unknown	

REPORTED:

Early postpartum	90.4%	Community Action Agency WIC
1-6 months	84.5% (1-6 months)	
At 1 year	43.4% (> 6 months)	

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Physical Activity

Access to Free or Low Cost Recreational Opportunities

UPDATED:

- Parks and Recreation has Reciprocal Facilities Use Agreement
- Office of the MVSD Athletic Director handles rentals for all school facilities
- HS portables are available for rental (indoor); only football field (outdoor)
- For more information, need to follow-up with Athletic Director for rental policy agreement and fee schedule

Private Party Rental Process

1. Approach school where activity is to be held for facility use request form from main office
2. Fill out the form with the dates needed, activity description, etc. and return to school
3. School reviews to determine availability
4. If it is available, request is forwarded to the Office of the Athletic Director to review the event and requesting organization for determination of fee and insurance and other requirements
5. Contract is written

REPORTED:

- All schools have indoor and outdoor facilities available for use except HS which only has indoor facilities available
- Unknown procedures for renting facilities after hours

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Physical Activity Opportunities for Children

UPDATED:

No data available for percentage of children who walk / bike to school

REPORTED:

Percentage of children who live within a mile of the school equals the percentage of children who walk / bike to school

UPDATED:

MVSD has received a waiver for state requirement of 100 instructional min per week per year because of math and reading program; new P.E. / physical activity concept currently in development

REPORTED:

P.E. requirement for elementary level is 30 min per week

Active Community Environments

UPDATED:

Number of miles of street: 98 miles

Number of miles of street with sidewalk on at least 1 side: 76 miles

Proportion of streets with sidewalk on at least 1 side: 78%

REPORTED:

Number of miles of street: 98 miles

Number of miles of street with sidewalk on at least 1 side: 94 miles

Proportion of streets with sidewalk on at least 1 side: 96%