



PSYCHOSIS REACH

Recovery by Enabling Adult Carers at Home

UW Medicine
DEPARTMENT OF PSYCHIATRY
AND BEHAVIORAL SCIENCES

Agencies and Clinical Teams trained in CBTp by the University of Washington*

Frontier Behavioral Health

Boone (Spokane): (509) 838-4651

Mary Higgins (Spokane): (509) 838-4651

Northeast Washington Alliance Counseling Services (NEWACS)

Colville: (509) 684-4597

E&T (Group CBTp)

Comprehensive Health

Sunnyside: (509) 837-2089

Ellensburg: (509) 925-9861

Walla Walla: (509) 524-2920

Yakima: (509) 575-4084

Sound Health

Lake City (Seattle): (206) 302-2300

Wallingford (Seattle): (206) 302-2300

Capitol Hill (Seattle): (206) 302-2300

Valley Cities

Auburn: (253) 833-7444

Pike Place (Seattle): (253) 833-7444

Feral Way: (253) 833-7444

Kent: (253) 833-7444

Transitional Resources

West Seattle (Group CBTp): (206) 883-2051

Harborview Medical Center

Mental Health and Addiction Outpatient; First Hill, Seattle: (206) 744-9600

Inpatient (Group CBTp)

* Intake phone numbers for each outpatient program are listed. Please note that we do not receive updated information about individual providers or CBTp programs after the CBTp implementation period. We cannot guarantee availability of a CBTp therapist, and some CBTp groups have been affected by the pandemic. Please contact the agencies in your region for more information.



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Discovery Behavioral Health

Port Townsend (Group CBTp): (360) 385-0321

Western State Hospital[†]

Lakewood (Group CBTp): (253) 582-8900

New Journeys First Episode Psychosis Teams:

<https://www.newjourneyswashington.org/copy-of-locations>

Programs for Assertive Community Treatment (PACT) teams:

<http://depts.washington.edu/ebpa/projects/pact>

[†] Inpatient