

A QUICK GUIDE TO

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Participating in elections is a vital way to make college students' voices heard. This guide provides essential resources to help you navigate the electoral process, from registering to vote, to understanding key issues, to managing election-related stress.

I want to: Register to Vote!

[Washington Voter Registration](#)

[Other States](#)

I want to: Know My Rights!

[ACLU Voter Rights](#)

I want to: Understand My Ballot!

[Washington State Ballots](#)

[Ballotpedia](#)

[Vote411](#)

I want to: Learn How to Talk About What is Important to Me!

[How to Skillfully Engage Across Differences](#)

[How to Talk Politics](#)

Articles

I want to: Get Involved on Campus!

[CELE Center: Huskies Vote](#)

[Provost's Democracy In Focus Lecture Series](#)

[Democracy Dawgs](#)

[UW Libraries' Election Guide](#)

I want to: Fact Check*

[Politifact](#)

[USAFacts](#)

[UW Center for an Informed Public](#)

*OMA&D and the UW do not endorse any specific websites, organizations or individuals for fact checking political information. The resources listed on this flyer are for informational purposes only. They do not reflect the positions or options of the UW or OMA&D.

**I want to:
Volunteer in the
Community**

All In To Vote

Washington
Student
Association

Native Vote
Washington

Asian & Pacific
Islander Coalition of
WA (APIC-WA)

Washington
Voting Justice

League of Women
Voters of WA

Asian Pacific Islander
Americans for Civic
Engagement (APACE)

NALEO
Educational
Fund

Manage Election
Related Stress

Election
Stress: Tips to
Manage
Anxiety About
Politics

Articles

5 Ways to Take Care
of Your Mental
Health

**I want to:
Manage My
Anxiety Around
the Election**

Washington Counselors of
Color Network

Consejo

Atlantic Street Center

Asian Counseling &
Referral Service

Seattle Indian
Health Board

UW Counseling Center

Mother Nation

Therapeutic
Health Services



STUDENT SUCCESS

UNIVERSITY of WASHINGTON

Office of Minority Affairs & Diversity

This informational flyer has been created for students by the OMA&D Academic Counseling Services team. For more information, please see your academic advisor.