

Elder Friendly Futures 2017

PLENARY PANEL II

Hidden Costs of Caregiving

The Economics of Kin Care

Deborah H. Ward, Health Sciences Clinical Professor, University of California, Davis

Psychosocial Aspects of Caregiving

Jullie Gray, Principal, Fellow Certified Care Manager, Aging Wisdom

DEBBIE WARD

Debbie Ward is a Clinical Professor and the founding faculty member of the Betty Irene Moore School of Nursing at the University of California, Davis. Her bachelor's degree in government is from Oberlin College, her master's in nursing from Yale, and her PhD in health policy from Boston University. Her first nursing job was as a home health aide. She spent two happy decades at the University of Washington School of Nursing before returning to her native California. Her doctoral dissertation on the Uncounted Work of Elder Caregiving continues to shape her views on growing old and needing help.

JULLIE GRAY

Jullie Gray began her career in healthcare working in a primary care practice. Here the roots of listening and caring for families were nurtured, informing her studies in social work, and eventually as an Aging Life Care Professional™. A trained and licensed clinical social worker, Jullie combines over three decades of experience working in diverse healthcare settings with her passion for working with older adults and their families. She has a bachelor's and master's degree in social work from the University of Washington as well as a Certificate in Geriatric Mental Health. Her professional background is diverse: she managed a geriatric medical clinic; led an emergency room social work department; and has worked in hospice care, acute care hospitals, inpatient psychiatry, outpatient medical clinics and nursing homes. These rich experiences led her to recognize that while we are living longer, we might not be living better. When she discovered care management, it provided answers and a better way to help older adults and their families navigate the challenges that often come with aging. In 2010, she and her now business partner, Lisa Mayfield, merged their practices. Jullie's and Lisa's individual and collective training and experience in the aging field supports their work as versatile, dedicated and practical advocates for clients and their families. Jullie is one of the only two Fellow Certified Care Managers in Washington State (the other is her business partner Lisa Mayfield). Aging Wisdom is an Aging Life Care™ consulting, care management and home care practice that strives to bring peace of mind to families by both directly improving the quality of life for aging family members, and by providing consultation and coaching services for their families. As a member and leader of the Aging Life Care Association, Jullie has met stringent education, experience, and certification requirements and adheres to a strict code of ethics and standards of practice. Away from work, you'll find Jullie spending quiet time with her husband and their dog, Gracie. She also enjoys exploring the natural beauty of the Pacific Northwest.