

Elder Friendly Futures 2017

Concurrent Sessions V

The Caregiving Journey: Unexpected Complexity and Joy: Findings from Recent National Studies of Caregivers

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ERIN MCINRUE SAVAGE

As Age Wave's Vice President of Research, Erin McInrue Savage plays a vital role in conceptualizing and leading acclaimed national thought-leadership studies that illuminate how aging, longevity, and retirement shape the marketplace, the workplace, and our lives. Erin applies her skills in research and analysis to collect and extract compelling, data-driven findings to investigate a breadth of groundbreaking topics central to aging, including shifts in intergenerational family dynamics, changing demographics in the workforce, factors impacting our health as we live longer lives, changes in financial priorities leading up to and through retirement, and the myths and motivations regarding working in later life. Innovative insights from this body of work have been featured in leading print and electronic media, including the *New York Times*, the *Wall Street Journal*, *Forbes*, the *Washington Post*, *USA Today*, *U.S. News & World Report*, the *Huffington Post*, *CBS MoneyWatch*, PBS, CNBC, and the *Today* show. Erin has presented high-impact insights at national and international aging-related conferences, including the prestigious annual conference of the American Society on Aging (ASA) and the Illinois Governor's Conference on Aging and Disability, as well as state and regional conferences. She is also an alumna of and faculty member at ASA's Leadership Institute. Prior to joining Age Wave, Erin contributed to and published later-life research at Brown University; Johns Hopkins; and the University of California, San Francisco; on the topics of sleep, epidemiology, wellness, and health promotion. She is also experienced in community research, having led research efforts at AAAs, nonprofits, and a pioneering wellness-based senior center. Erin is passionate about advancing our understanding of the trends and implications of population aging, and she is committed to supporting organizations in better serving the needs of people in their second half of life. Trained in gerontology and epidemiology, Erin holds an MPH from the Johns Hopkins University Bloomberg School of Public Health, and a BS from Queen's University in Canada. She serves as a member of the Technical Expert Panel on the Program for All Inclusive Care for the Elderly (PACE) for the Centers for Medicare and Medicaid Services (CMS) and is Vice President of the Board for the Bay Area-based nonprofit, At Home With Growing Older. Erin grew up in a small town in Southeastern Ontario, where she spent as much time as possible figure skating. After several years on the East Coast, she relocated to San Francisco Bay Area, where she took up a new ice sport-curling-and is a member of a competitive women's curling team.

JANNA GOLDBERG

A trained mixed methods researcher, Dr. Janna Goldberg is excited to bring her demographic and social science research background to the Age Wave team. For more than a decade, Janna has been deeply involved in demographic research and analysis, specifically as it relates to changes over the life course, family formation, housing demography, and the transition to adulthood. As a member of the Survey Research Group at the RAND Corporation for more than six years, she investigated a wide variety of social and health related issues, including research and analysis for several Department of Health and Human Services (HHS) funded studies. Janna is an active member of the premier professional organization of demographers, the Population Association of America, and has been a keynote speaker at a number of conferences and association meetings. She has worked on and won research grants from the League of Women Voters, The Center for American Progress, The Price School of Public Policy at the University of Southern California, and the Johns Hopkins Bloomberg School of Public Health. In addition, she was awarded a fellowship from the

Keck School of Medicine at the University of Southern California. Janna holds a Ph.D. in urban development and demography from the Sol Price School of Public Policy at the University of Southern California, a master's degree in international relations from the University of North Carolina, Chapel Hill, a certificate in global health with a focus on aging from the Johns Hopkins Bloomberg School of Public Health, and a bachelor's degree in political science and art history from the University of California, San Diego. In addition to her U.S. based research, Janna has lived in Spain, where she combined her interest in demography with her love of travel by conducting demographic research on the impact of falling fertility rates coupled with rising growth rates of older adults in Spain and Mexico. Janna speaks fluent Spanish, and in her free time, she loves to travel, visit art museums, is an avid reader, and is about to get married. As a newcomer to Northern California, she enjoys exploring the Bay Area with her fiancé.