

OSHA OUTREACH TRAINING PROGRAM REPORT

Pacific Northwest OSHA Education Center

4225 Roosevelt Way NE #100

Seattle, WA 98105

Course Conducted (Document each class with a separate report):

10-Hour Construction

30-Hour Construction

End Date of Course: _____ / _____ / _____

Number of Students: _____ (List students' names on back, or on a separate sheet)

Primary Trainer Course Information

_____ / _____ / _____
 ID Number Name Course (500/502) Expiration Date

Address - cards will be sent here:

Check if this is a new address

Company / Dept. _____

Address _____

City /State /Zip _____

Email _____

Phone No: (_____) - _____ - _____ ext. _____ Best time(s) to call: _____

Your documentation must include these items:

- (1) OSHA Outreach Training Program Report
- (2) Student names
- (3) List of course topics & the time spent on each

Do not include these items with your documentation:

- * Student evaluation forms
- * Student sign-in sheets
- * Long topic outline

| <i>optional use</i> | Topics - Indicate the amount of time spent on each of the topics in the class. | |
|--------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| | <u>10-hr Construction</u> | <u>30-hr Construction</u> |
| <u>HOURS</u> | <p>_____ 1 hr required Introduction to OSHA</p> <p>_____ 1 hr required Electrical (K)</p> <p>_____ 1 hr required Fall Protection (M)</p> <p>Required - Choose three or more: (minimum of 3 hours)</p> <p>_____ Personal Protective and Lifesaving Equipment (E)</p> <p>_____ Materials Handling, Storage, Use and Disposal (H)</p> <p>_____ Tools - Hand and Power (I)</p> <p>_____ Scaffolds (L)</p> <p>_____ Cranes, Derricks, Hoists, Elevators, and Conveyors (N)</p> <p>_____ Excavations (P)</p> <p>_____ Stairways and Ladders (X)</p> <p>Electives: Any OSHA Construction standard or policy</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p> | <p>_____ 2 hrs required Introduction to OSHA</p> <p>_____ 2 hrs required Electrical (K)</p> <p>_____ 2 hrs required Fall Protection (M)</p> <p>Required - Choose six or more: (minimum of 14 hrs of training)</p> <p>_____ Occupational Health and Environmental Controls (D)</p> <p>_____ Health Hazards in Construction (D)</p> <p>_____ Personal Protective and Lifesaving Equipment (E)</p> <p>_____ Materials Handling, Storage, Use and Disposal (H)</p> <p>_____ Tools - Hand and Power (I)</p> <p>_____ Welding and Cutting (J)</p> <p>_____ Scaffolds (L)</p> <p>_____ Cranes, Derricks, Hoists, Elevators, and Conveyors (N)</p> <p>_____ Motor Vehicles, Mechanized Equipment and Marine Operations; Rollover Protective Structures and Overhead Protection; Signs, Signals and Barricades (O,W,G)</p> <p>_____ Excavations (P)</p> <p>_____ Concrete and Masonry Construction (Q)</p> <p>_____ Steel Erection (R)</p> <p>_____ Stairways and Ladders (X)</p> <p>_____ Confined Space Entry</p> <p>Electives: Any OSHA Construction Industry standard or policy</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p> |
| <i>Trainer Signature</i> _____ | | |

