

# Pacific Northwest OSHA Training Institute

4225 Roosevelt Way NE, Suite 100 – Seattle, WA 98105-6099

(206) 685-3089 or (800) 326-7568

## AIRPORT Transportation

Rates are subject to change

### Shuttle Express

- Shared van service to and from the airport
- Rate ranges from \$20 - 30 one-way

(206) 622-1424

(800) 487-7433

### Emerald City Airport Shuttle

- Van service to and from the airport non-stop
- Regular rate for one person is \$34.00 one way

(206) 622-3400

(888) 622-3400

### Yellow Cab

- Fare is approximately \$40.00 one way

(206) 622-6500

### Farwest Cab Co.

- Fare is approximately \$40.00 one way

(206) 329-7700

## ACCOMMODATIONS

Rates are subject to change. Ask for the “University of Washington rate”

All hotels are within easy walking distance or they have a free shuttle service that will bring you to and pick you up from our training facility. The first two hotels listed are across the street from us.

### University Inn ([www.universityinnseattle.com](http://www.universityinnseattle.com))

4140 Roosevelt Way NE

- \$89 - \$109 deluxe, \$10 per each additional person
- Continental breakfast included

(206) 632-5055

(800) 733-3855

### Watertown Hotel ([www.watertownseattle.com/](http://www.watertownseattle.com/))

4242 Roosevelt Way NE

- \$89 - \$109 deluxe, \$10 per each additional person
- Continental breakfast included

(206) 632-5055

(800) 733-3855

### Silver Cloud Inn ([www.silvercloudinn.com](http://www.silvercloudinn.com))

5036 25<sup>th</sup> Avenue NE

- \$109 - 119
- Continental breakfast included

(206) 526-5200

### Best Western University Tower Hotel ([www.meany.com](http://www.meany.com))

4507 Brooklyn Avenue NE

- \$104 - \$119, \$10 per additional person
- Continental breakfast included

(206) 634-2000

(800) 899-0251

### Ramada Inn Northgate ([www.ramadainnseattle.com/OSHAtraining/](http://www.ramadainnseattle.com/OSHAtraining/))

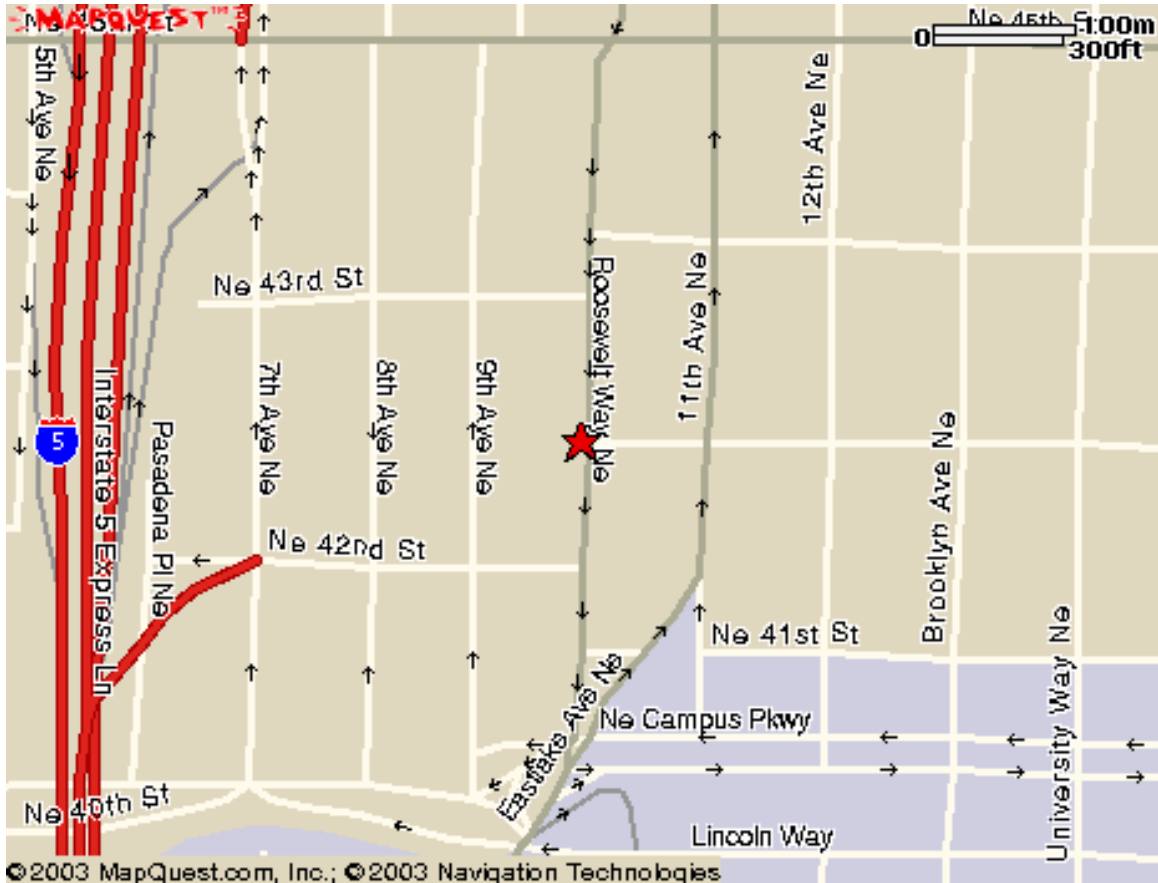
2140 N. Northgate Way

- \$79.00 per room per night – Ask for the OSHA rate
- Free High Speed Internet Access and 24-hour business center
- Free continental breakfast
- Shuttle express from the airport (\$19.75 each way)

(206) 365-0700

# DIRECTIONS

Pacific Northwest OSHA Training Institute  
University of Washington  
4225 Roosevelt Way NE, Suite 100  
Seattle, WA 98105  
(800) 326-7568



## FROM Interstate 5 Northbound/Southbound

Exit at NE 45<sup>th</sup> Street. Turn East onto NE 45<sup>th</sup> Street toward the University of Washington campus. Proceed approximately two blocks until you reach Roosevelt Way NE. Turn right onto Roosevelt way NE (one way heading south) and travel to the Roosevelt Building, 4225 Roosevelt Way NE. The Roosevelt Building is located on the west side of the road, immediately south of the UW Medical Center Roosevelt Clinic, and across the street from the University Inn.

## FROM Interstate 90 or Highway 520 Westbound

Take the Interstate 5 North Exit, and proceed north to the NE 45<sup>th</sup> Street exit. See directions above.

## Parking

Parking is available in the Sound parking garage located immediately south of the Roosevelt Building entrance. "Early Bird" parking is available before 8:00 am for \$6.00 per day (up to 12 hours). This reduced parking fee restricts each car to a one time only entrance exit.