

# University of Washington Medical Center

## **FETAL ALCOHOL AND DRUG UNIT ADULT NEUROPSYCHOLOGICAL EVALUATION CLINIC**

### **Background**

People with suspected prenatal alcohol exposure often are not formally evaluated for Fetal Alcohol Spectrum Disorders (FASD). A comprehensive neuropsychological assessment can determine if a person has cognitive and/or functional problems associated with prenatal alcohol exposure. If so, help is available to assist with treatment planning, and to make appropriate referrals for services that can address the patient's cognitive and functional needs, including referrals for full FAS diagnostic services.

### **Service Description**

We offer adults (18 & over) a comprehensive neuropsychological evaluation designed to assess cognitive function, mental health status, and adaptive behavior among people exposed to high levels of alcohol prenatally. The evaluation combines a clinical interview, neuropsychological testing, and a review of previous psychological or psychiatric records. The evaluation involves two scheduled clinic visits: a single 3-4 hour assessment, and a 1-hour reporting conference approximately two weeks later. Referral to community resources and consultation with current providers will occur as needed. We do not offer ongoing psychotherapy or case

management; however, we are available for follow-up consultation.

### **Referral Process**

#### **To request a neuropsychological evaluation:**

- Please call Dr. Connor or Dr. Huggins at the UW Fetal Alcohol and Drug Unit at 206-543-7155.
- Dr. Connor or Dr. Huggins will talk with you over the phone to discuss your need for a neuropsychological evaluation. They will complete a Screening Form, and will let you know if they think further evaluation at the Adult Neuropsychological Evaluation Clinic is appropriate for you.
- They may ask you to sign releases of information so they can obtain necessary records at least three weeks before your evaluation appointment.
- The Screening Form will be forwarded to the UWMC Outpatient Psychiatry Clinic. They will confirm insurance and billing information and then call you to schedule the first appointment.

We accept referrals from a wide range of community providers, including private practitioners, community

mental health agencies, substance abuse treatment programs, criminal justice personnel, UW Medical Center providers, and DSHS.

### **Location**

The neuropsychological evaluation and the reporting conference will be conducted at the

**Univ. of WA Medical Center (UWMC)  
Outpatient Psychiatry Clinic  
4225 Roosevelt Way NE, Suite 306  
Seattle, WA 98105**

### **Staff**

Two staff members from the UW Fetal Alcohol and Drug Unit will conduct the evaluation.

- Paul Connor, Ph.D., a licensed clinical psychologist and neuropsychologist with specialization in cognitive and behavioral effects of prenatal alcohol exposure, will conduct the neuropsychological testing.
- Janet Huggins, Ph.D., a licensed clinical psychologist, will conduct the review of records and the clinical interview, interview adult caretakers or collateral informants as needed, and make referrals.

## Contact Information

UW Fetal Alcohol and Drug Unit  
(To obtain a Referral Form)  
180 Nickerson, Suite 309  
Seattle, WA 98109  
Phone: 206-543-7155  
Fax: 206-685-2903

Paul Connor, Ph.D.  
Clinical Psychologist  
Neuropsychologist  
UW Fetal Alcohol and Drug Unit  
180 Nickerson, Suite 309  
Seattle, WA 98109  
Office Phone: 206-543-7155  
Cell Phone: 206-708-9672  
Fax: 206-685-2903

Janet Huggins, Ph.D.  
Clinical Psychologist  
UW Fetal Alcohol and Drug Unit  
180 Nickerson, Suite 309  
Seattle, WA 98109  
Office Phone: 206-543-7155  
Cell Phone: 206-427-8908  
Fax: 206-685-2903

### Location for evaluation appointment:

UWMC Outpatient Psychiatry Clinic  
4225 Roosevelt Way NE, Suite 306  
Seattle, WA 98105  
Phone: 206-598-7792  
Fax: 206-598-7794

## DIRECTIONS

### From I-5 Southbound:

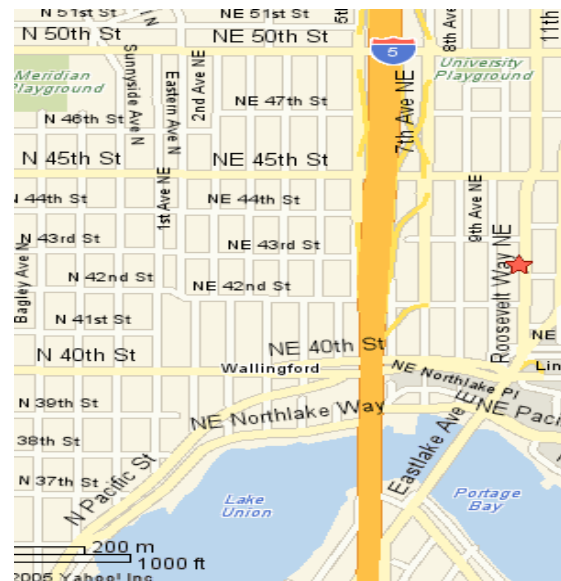
Take EXIT #169 N.E. 45TH ST. / UNIV.  
OF WA  
(Proceed on 5th Ave. NE toward NE 45TH  
ST.)  
Turn LEFT onto NE 45TH ST.  
Turn RIGHT onto ROOSEVELT WAY NE.  
End at 4225 Roosevelt Way NE

### From WA-520 or I-90 Westbound:

Merge onto I-5 N toward VANCOUVER  
BC.  
(follow directions below 'From I-5  
Northbound')

### From I-5 Northbound:

Take EXIT #169 N.E. 45TH ST. / UNIV.  
OF WA  
(Proceed on 7th Ave. NE toward NE 45TH  
ST.)  
Turn RIGHT onto NE 45TH ST.  
Turn RIGHT onto ROOSEVELT WAY NE.  
End at 4225 Roosevelt Way NE



UNIVERSITY OF WASHINGTON  
**MEDICAL CENTER**  
UW Medicine

Fetal Alcohol and Drug Unit  
Adult Neuropsychological  
Evaluation Clinic