

Lummi Nation 2011 Summer Series FASD Training Program

In Summer, 2011 at the request of the Lummi Nation, a Tribal community north of Bellingham, Washington, FADU organized a series of trainings by University of Washington physicians and other UW faculty members on topics including:

- the effects of polydrug exposure on the unborn baby;
- medical management of the exposed newborn;
- early interventions with exposed babies, children and adolescents;
- early diagnosis and mental health issues and treatment of babies, children, and adolescents; and
- interventions with mothers with addiction problems to prevent future exposed pregnancies.

Following is the list of professionals who presented and descriptions of their presentations.

July 8, 2011 Julian Davies, M.D.

Pediatrician at the UW Fetal Alcohol Syndrome Diagnostic and Prevention Network (FASDPN), the FASD diagnostic clinic at the University of Washington. His presentation included information on FASD diagnosis as well as the effects of opiate, Oxycodone and polydrug exposure (including alcohol) on the unborn baby. He also talked about the FASD diagnostic clinic referral process and how to develop a community-based FASD diagnostic clinic.

August 5, 2011 Richard Ries, M.D.

UW Professor of Psychiatry and Director of the Addictions Division in the Department of Psychiatry in the School of Medicine. Dr. Ries' research interests include psychiatric and addictions recovery as well as suicide and addiction. He talked about effective drug treatment programs that could be relevant to addiction problems in the Lummi Nation community.

August 12, 2011 Therese Grant, Ph.D.

UW Associate Professor and Director of the Fetal Alcohol and Drug Unit. Dr. Grant and Skagit PCAP Clinical Director, Julia Van Putten, M.I.T., talked about the Parent-Child Assistance Program (PCAP), an evidence-based, home-visitation program working in the U.S. and Canada with high-risk, pregnant and parenting mothers and their families.

August 19, 2011 Tracy Jirikowic, Ph.D.

UW Assistant Professor of Occupational Therapy. Dr. Jirikowic talked about effective interventions for children ages 0-3 who have been affected by prenatal exposure to substances and postnatal trauma.

August 26, 2011 Rich Adler, M.D.

UW Clinical Instructor and child and adolescent psychiatrist. Dr. Adler talked about child psychiatric issues (birth to adolescence) among the offspring of substance-abusing women, including behaviors, diagnoses, and treatment recommendations (pharmacologic, therapeutic, behavioral, etc.) He also discussed how other communities have developed their own local FASD diagnostic teams.

September 2, 2011 Tracy Jirikowic, Ph.D.

UW Assistant Professor of Occupational Therapy. Dr. Jirikowic talked about effective interventions for children ages 4-12 who have been affected by prenatal exposure to substances and postnatal trauma.

September 9, 2011 James Walsh, M.D.

Medical Director of the Swedish-Ballard Hospital Addiction Recovery Service which offers both in-patient detoxification and in-patient drug rehab for pregnant women. Dr. Walsh established and operates a prenatal clinic for women with chemical dependency problems. He talked about the effects of various drugs on babies and mothers as well as effective addiction treatment. Dr. Walsh also discussed the prenatal clinic for substance abusing women and the potential value to the Lummi Nation of developing such a clinic.