Industry Sector Strategy: Building a Latino Healthcare Workforce for the 21st Century

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Agenda

- Brief Overview of UW CHWS
- National View of Latinos in Health Workforce
- Health Workforce Shortage Debate
- Health Workforce Pipeline Barriers and Facilitators
- Recommendations Moving Forward



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UW Center for Health Workforce Studies

- Established in 1998 in Department of Family Medicine, UW
- Multidisciplinary team of researchers
- Primarily funded by contracts and grants from state, federal, and private organizations
- Houses 2 of 9 Center grants funded by the Health Resources and Services Administration (HRSA) to address:
 - 1) Allied health workforce
 - 2) Health equity and health workforce diversity
- Mission: To elevate the importance of workers in the delivery of health care in policy discussions, which we accomplish by:
 - Conducting health workforce research to inform health workforce planning and policy
 - Providing consultation to local, state, regional and national policy makers on health workforce issues
 - Developing and refining analytical methods for measuring health workforce supply and demand



Example HRSA-Funded Studies Conducted by UW CHWS

Allied Health:

- Apprenticeships as pathways to healthcare careers
- Allied health professionals and the "gig economy"
- State incentive programs that encourage allied health professionals to provide care for underserved populations
- <u>Career paths</u> of allied health professionals
- Health Equity
 - Examining wage disparities by race and ethnicity
 - Implicit <u>race and gender bias</u>, bias awareness, and impact of a course for clinical faculty

Other HRSA-Funded Health Workforce Research Centers

- GW Health Workforce Research Center
- UNC Program on Health Workforce Research and Policy
- UCSF Health Workforce Research Center on Long-Term Care
- <u>UMich Behavioral Health Workforce Research</u>
 <u>Center</u>
- Oral Health Workforce Research Center at University at Albany, SUNY
- Health Workforce Technical Assistance Center

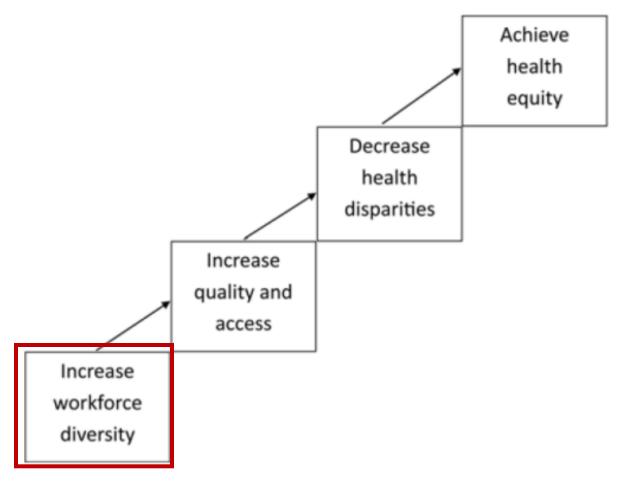


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Conceptual Model Linking Workforce Diversity and Health Equity





Source: Williams et al, 2014, Public Health Reports

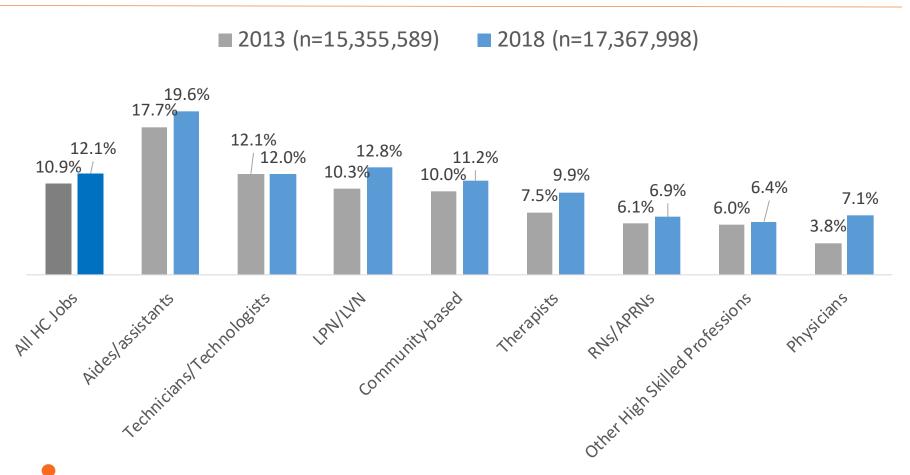
Data Sources

- Current Population Survey (CPS)
 - Monthly survey of 60,000 household collected by U.S. Bureau of Labor Statistics
 - March supplement detailed information on income and employment
 - Hispanic = persons identifying as Hispanic/Spanish/Latino
- Integrated Postsecondary Education System (IPEDS)
 - Annual mandatory survey of institutions/applicants of federal assistance program (Title IV) conducted by U.S. Dept of Education
 - Hispanic = persons identifying as Hispanic/Latino
- Association of American Medical Colleges (AAMC)
 - Multiple data sources including American Medical Association Masterfile and AAMC Minority Physician Database



Percent Hispanics within Healthcare Jobs, 2013 and 2018

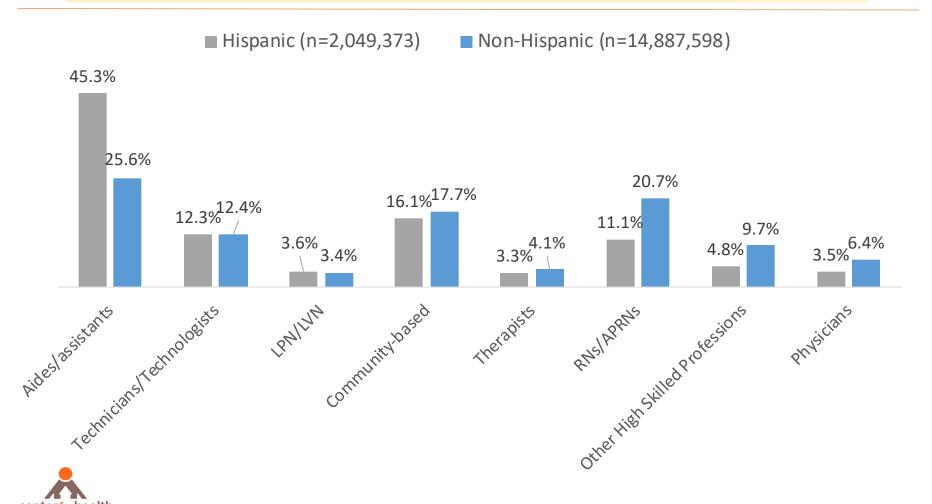
- Higher representation in lower skilled occupations
- Increasing representation over time across all occupations





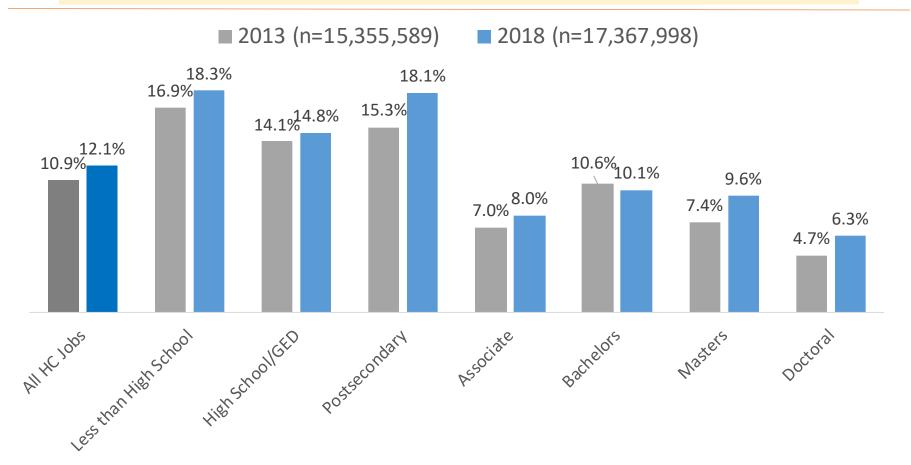
Distribution of Hispanics and non-Hispanics across Job Categories, 2018

- Hispanics more frequently working in lower skilled occupations
- Slight movement over time toward higher skilled jobs (not shown)



Percent Hispanics within Healthcare Jobs Grouped by Minimum Education Requirement, 2013 and 2018

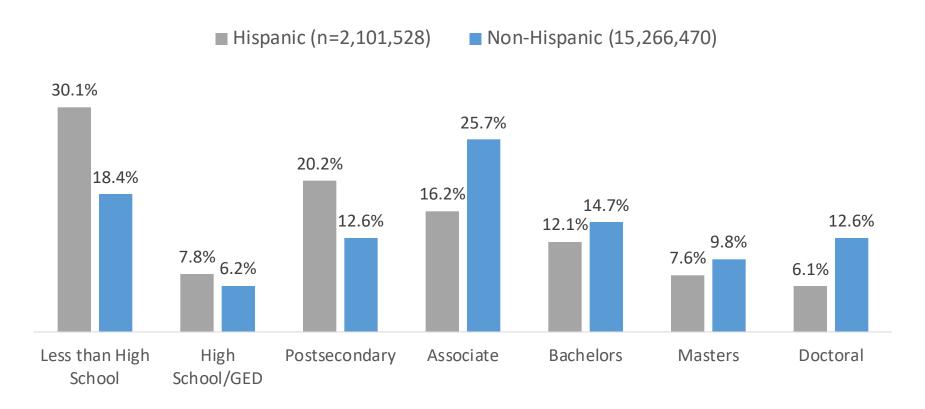
- Higher representation in jobs requiring post-secondary or below
- Increasing representation over time across nearly all educ categories





Distribution of Hispanics and Non-Hispanics within Healthcare Jobs Grouped by Education Entry Requirements, 2018

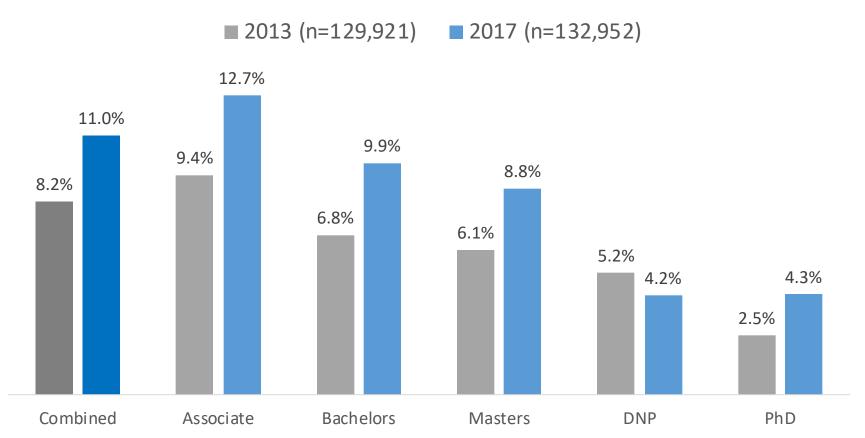
- Hispanics more frequently in jobs requiring post-secondary or below
- Slight movement over time toward jobs requiring higher educ (not shown)





Percent Hispanics who are New RN Graduates by Degree, 2013 and 2017

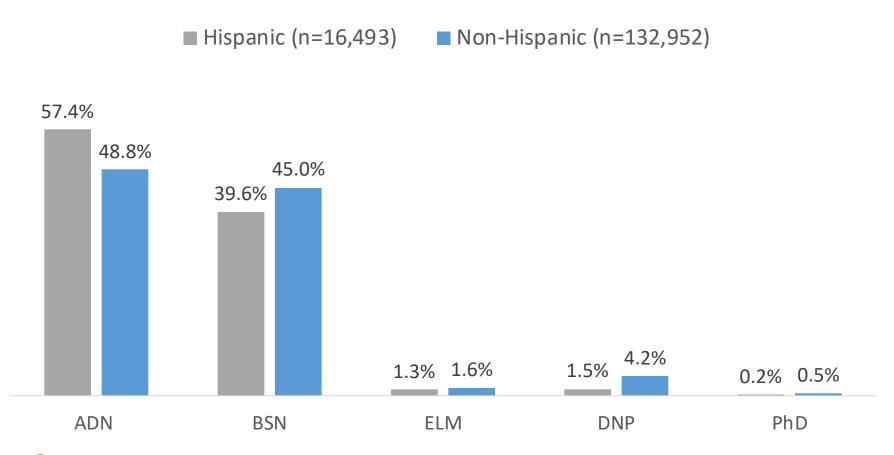
Growing representation of Hispanics at all RN degree levels, except DNP





Distribution of Hispanics and Non-Hispanics across Degree Programs for New RN Graduates, 2017

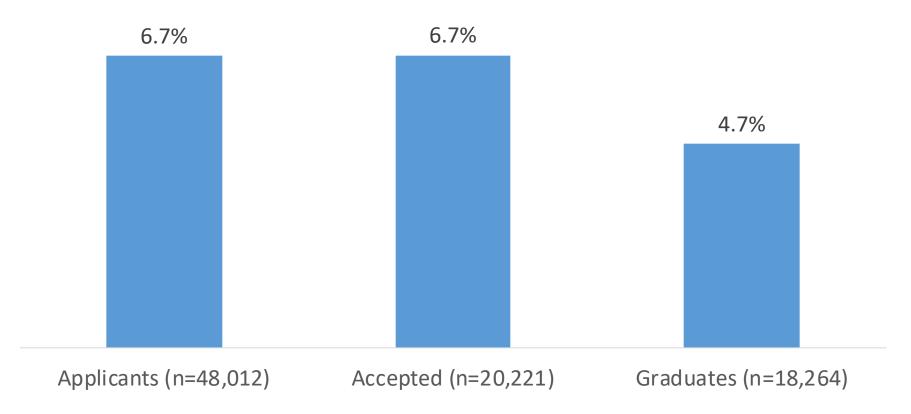
Hispanics most frequently graduating with Associate degree in nursing





Percent Hispanics among Medical School Applicants, Acceptances, and Graduates, 2015

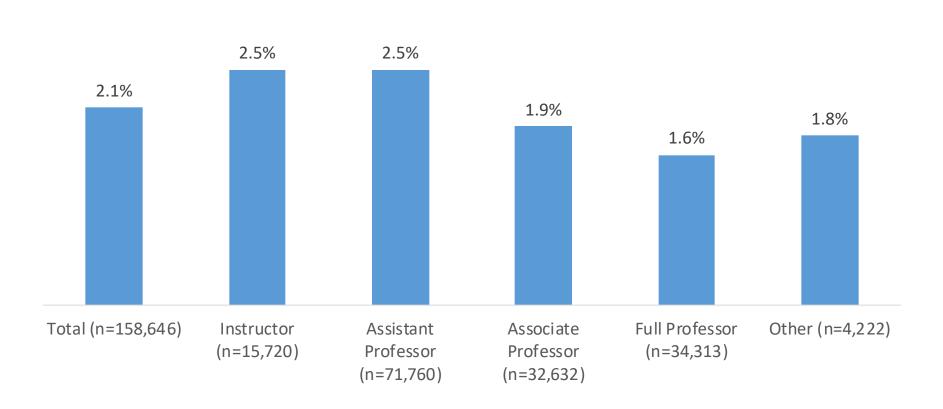
- Hispanics underrepresented among applicants and acceptances
- Disparity b/n accepts and graduates, not related to changing demographics





Percent Hispanics within Full-Time Medical School Faculty Ranks, 2015

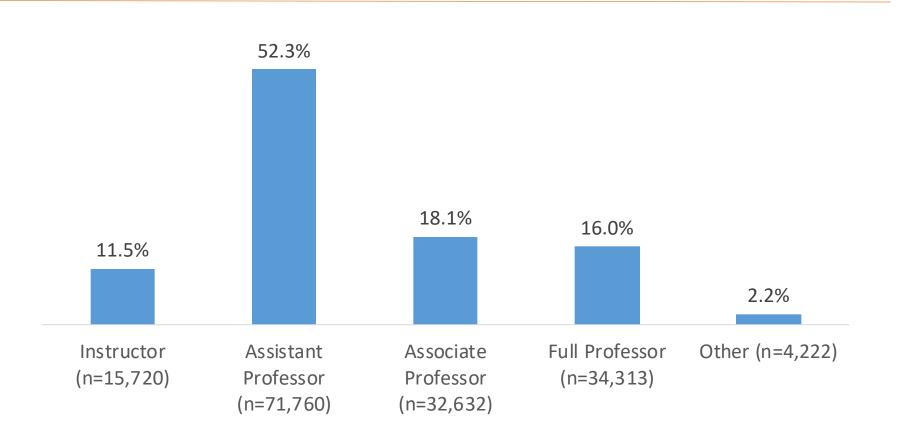
Hispanics underrepresented in all faculty ranks, particularly higher ranks





Distribution of Hispanics across Medical School Faculty Ranks, 2015

Majority of Hispanics are at Assistant Professor rank or below





Key Takeaways on Demographics of Health Workforce

- Representation of Hispanics has been increasing across all healthcare jobs at all education levels
- Hispanics are underrepresented in healthcare jobs compared to the U.S. population
- Hispanics are more frequently working in low-skilled jobs, or jobs that have lower educational requirements
- Potential challenges in getting Hispanics through the pipeline from acceptance to graduation to faculty
 - Hispanics also underrepresented in pipeline for students geared towards health services research career (not shown)¹

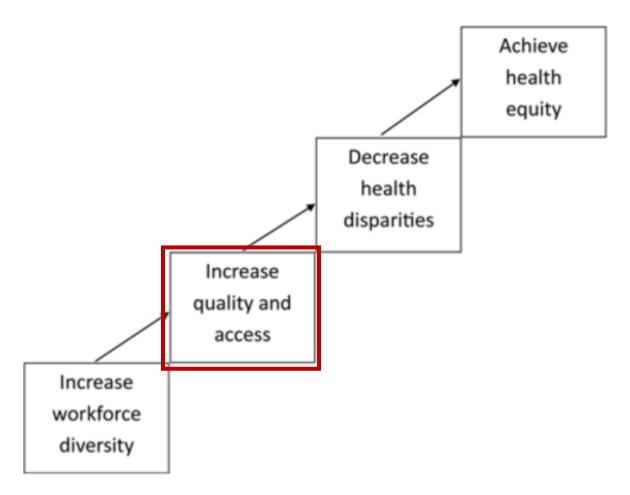


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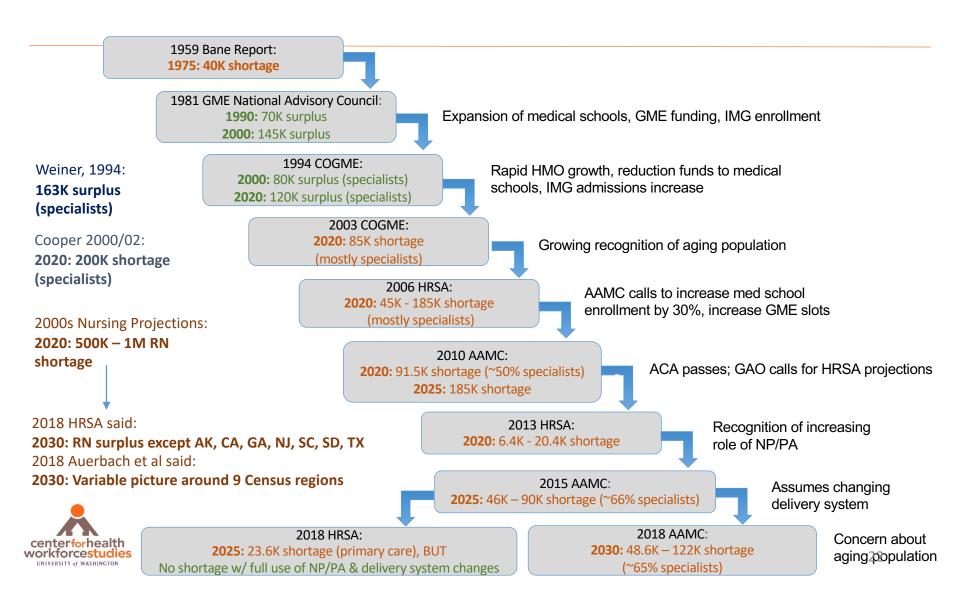
Conceptual Model Linking Workforce Diversity and Health Equity





Source: Williams et al, 2014, Public Health Reports

Overview of Physician & Nurse Workforce Projections



Do We Have a Shortage? If So, Where?

- Debatable whether we have a national physician or nursing shortage
- Where shortages may exist:
 - In rural and underserved communities
 - For primary care and long-term care settings
 - With skills and training in behavioral health
 - Shortage of "low-skilled" workers



Headlines Highlighting Healthcare Job Demand

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From hospital to home, health care in 2019 will just keep growing

Consumer preference, payment reform pushes care outside the hospital walls

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HEALTHCARE JOB GROWTH, DEMAND EXPECTED TO REMAIN STRONG THROUGH 2019

BY JOHN COMMINS | JANUARY 29, 2019

MEDPAGE TODAY

Public Health & Policy > General Professional Issues

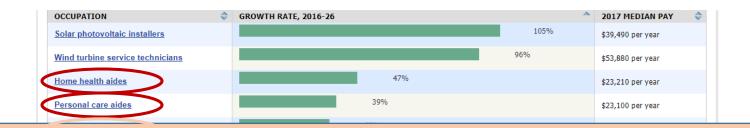
Healthcare Job Growth Outpaces Nearly Every Sector in 2018

— Healthcare created 346,000 new jobs last year, up from 284,000 in 2017

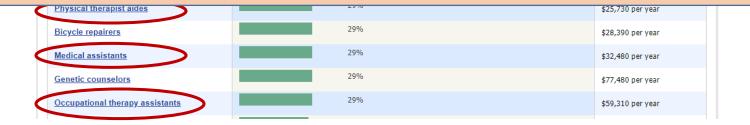


by John Commins, HealthLeaders Media January 13, 2019 ADVEDTICEMENT

Occupations Projected with Highest Percent Change of Employment, 2016-2026



Healthcare jobs dominate list of fastest growing occupations, and most require less than a Bachelor's degree to enter.





Headlines Pointing to Trouble

Health & Science

The disabled and the elderly are facing a big problem: Not enough aides





7,265 views | Apr 18, 2018, 02:05pm

The Shortage Of Home Care Workers: Worse Than You Think



STAFFING

Caregiver Shortage Could Mean 7.8 Million Unfilled Jobs By 2026

By Bailey Bryant | January 28, 2019



Key Takeaways on Health Workforce Shortage

- Decades long debates about physician shortage
 - Impacts decisions on distribution of GME \$ and role of IMGs
 - Debatable if shortage when consider role of NPs and PAs
 - Concern about maldistribution in rural areas & move away from primary care
 - Multiple comparing substitutability of NPs v. MDs on quality of care
- Simultaneous concerns of RN shortage, but never materialized
 - Delayed retirement of RNs during Great Recession
 - Concerns about pipeline restrictions due to lack of nursing faculty, esp w/ IOM Future of Nursing call for 80% of RNs to have Bachelor's degree by 2020
- Growing recognition that healthcare has been a job engine and healthcare jobs are in high demand
 - Many types of jobs contributing to patient care -> How to leverage?
 - Growth in low-skilled jobs, but job quality and career ladder are questionable

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Long-term Care Transitions, 2003-2013

 Half of workers in long-term care leave jobs without employment or exit the labor force despite high demand for jobs

Industry	Entry from what industry?	Most common occupation of entrants	Exit to what industry?
Home Health Care Services	14% Hospitals 14% Nursing care facilities	42% Nursing, psych & home health aides 23% Personal care aides	33% Out of labor force 18% Unemployed
Nursing Care Facilities	18% Hospitals 12% Leisure & hospitality	37% Nursing, psych & home health aides 10% Registered nurses	27% Out of labor force 19% Unemployed
Residential Care Services	14% Leisure & hospitality 8% Out of labor force	21% Personal care aides 13% Food preparation	25% Out of labor force 16% Unemployed



Selected Characteristics of Long-term Care Transition Groups, 2003-2013

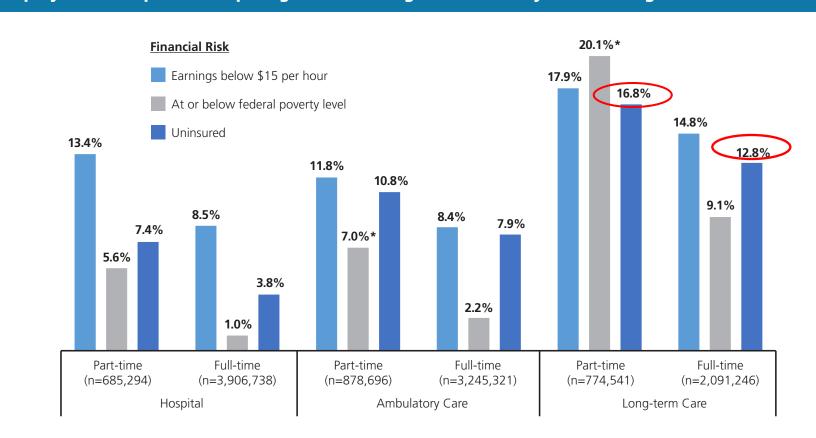
Shared characteristics is high level of work disability among leavers

Industry	% not a citizen	% rural residence	% disabled	% below poverty	% full-time	Wages from past year
Home Health Care S						
Entrants	10%	20%	4%	18%	74%	\$19,666
Leavers	9%	20%	10%	22%	59%	\$15,289
Stayers	11%	19%	4%	14%	66%	\$19,799
Nursing Care Facilities						
Entrants	8%	24%	2%	16%	75%	\$20,677
Leavers	7%	25%	8%	16%	72%	\$17,409
Stayers	8%	26%	2%	8%	78%	\$22,527
Residential Care Services						
Entrants	6%	17%	4%	14%	74%	\$19,517
Leavers	7%	17%	8%	13%	73%	\$16,123
Stayers	6%	19%	3%	5%	79%	\$21,203



- LTC workers have high rates of being uninsured, even if working full-time
- LTC workers have high reliance on financial assistance programs such as Medicaid and food stamps (not shown)

Figure 7: Percentage of Part- versus Full-Time Healthcare Workers at Financial Risk among Those Employed in Occupations Requiring Bachelor's Degree or Below by Work Setting



^{*}Significant differences at p≤0.001 between part-time versus full-time by financial risk category conducted using unpaired two sample t-test Note: Financial risk defined as individuals earning below \$15 per hour, being at or below the poverty level, or being uninsured



Other Notes about Barriers and Facilitators

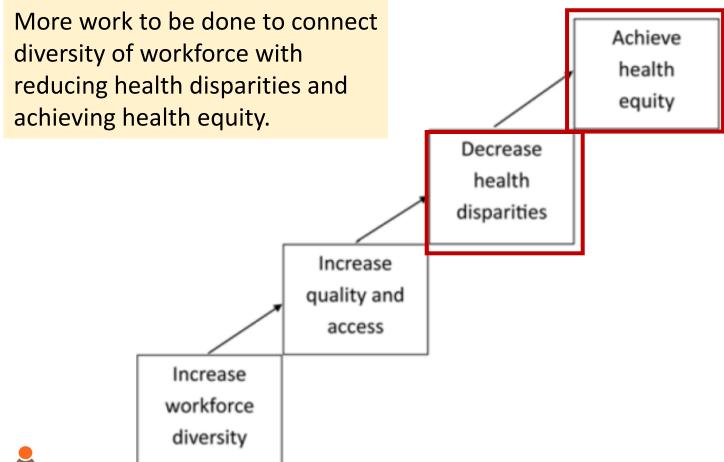
- Lot of literature on physician burnout and physician/nurse recruitment incentives to rural/underserved communities
 - Physician recruitment/retention related to where they do residencies more than where they train
 - Incentive programs mostly target high-skilled jobs and they are hard to evaluate
- Relatively little is known about improving job quality among low-skilled healthcare workers
 - Basic needs (health insurance, food, transportation, etc.) should be addressed
 - Improve clarity on career ladders and understand opportunities offered in competing industries

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Health Workforce Researchers are...

- Moving away from "nose counting" to predict supply
 - Recognition of geographic variability
 - More complex projection models with increasing data
- Focusing on the "team" and relate to patient need
 - Monitoring and evaluating new and novel ways in which health care workers are being used
 - Identify and clarify career pathways, including barriers/facilitators
 - Understand how diversity of workforce translates to better patient care
 - Evaluate how reimbursement impacts team configuration



Moving Healthcare Workforce Discussion Forward

- Identify ways to <u>recruit</u> new workers that reflect population demographics and <u>retain</u> existing workers especially in low-skilled, high demand jobs
- Improve distribution of workers to meet increasing healthcare demand from aging demographic and health insurance expansion
- Assess needs of health workers that will <u>increase productivity</u>
- Monitor and evaluate <u>evolving roles</u> and <u>emerging occupations</u> often operating within restricted budgets and scope of practice to meet the needs of new delivery and payment models
- Train new and existing workers to keep up with the changing needs of a population experiencing high disease burden (e.g., opioid use disorder and other behavioral health problems)
- <u>Deploy and connect workers</u> in the community as care shifts away from hospital to keep elderly in their home



If you want to read more about our work:

- Frogner BK, Spetz J, Parente ST, and Oberlin S (2015). "The Demand for Health Care Workers Post-ACA," *International Journal of Health Economics and Management*, 15(1): 139-151. https://link.springer.com/article/10.1007/s10754-015-9168-y
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- Frogner BK, Skillman SM, Patterson DG, Snyder CR. Comparing the Socioeconomic Well-Being of Workers Across Healthcare Occupations. Center for Health Workforce Studies, UW, Dec 2016. Available at: http://depts.washington.edu/fammed/chws/wp-content/uploads/sites/5/2016/12/Socioeconomic-Well-Being-of-Workers FR 2016 Dec Frogner.pdf



More readings...

- Frogner BK, Wu X, Ku L, Pittman P, and Masselink LE. Do Years of Experience with Electronic Health Records Matter for Productivity in Community Health Centers? Journal of Ambulatory Care Management. 2017 Vol. 40(1): 36-47. Available at: https://insights.ovid.com/pubmed?pmid=27902551
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- Gattman NE, McCarty RL, Balassa A, Skillman SM. Washington State Behavioral Health Workforce Assessment.
 Washington Workforce Training and Education Coordinating Board, Dec 2017. Available at:
 http://depts.washington.edu/fammed/chws/wp-content/uploads/sites/5/2018/01/wa-bh-workforce-fr-dec-2017.pdf

