



Highlights

Winter 2008

<http://www.fammed.washington.edu/predoctoral/clerkship/>

Future EOQ Dates

Here are upcoming EOQ dates. All meetings are planned for Fridays in Seattle:

<p style="text-align: center;">2008 Summer: Sunday, June 8 / Aware Retreat June 9th Autumn: Friday, October 3</p>
<p style="text-align: center;">2009 Winter: Friday, January 16 Spring: Friday, March 27 Summer: Friday, June 5</p>

New Online Evaluation System

The clerkship has adopted a new, user friendly, web-based student evaluation system. It allows coordinators to easily view their past evaluations and future students scheduled for his or her site. The system will also allow students to receive their evaluation much quicker than before. Once a coordinator submits an evaluation and the grade is assigned by the Seattle clerkship office, the student can log on to the new system to view their final evaluation. Currently the dean's office is mailing students a hard copy of their grade on a quarterly basis.

We invite you to use this improved evaluation tool on your next student evaluation. Here are the following steps to complete the new online form:

1. Enter this address into your browser:
 - <https://courses.washington.edu/fmclerk/sitereports>
2. You will be asked for your UW NetID and password.
 - You must have clinical faculty status to have a Net ID
 - If you can't remember your Net ID or password contact Toby Keys at fmclerk@fammed.washington.edu or 206.543.9425
3. Once logged into the site, find the student you wish to evaluate and click "Edit Eval"
4. If you wish to save the form to complete later, click on "Update Form" at the bottom of the screen and then exit the site
5. When you have finished the evaluation check the "Submit as Final" box at the bottom of the form and then click "Update Form"

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Site Contracts and Affiliation Agreements.

Eric Tobiason

Scott Bailey

SOM fiscal specialist, Scott Bailey, and SOM financial director, Eric Tobiason, updated the group on clerkship site contracts and affiliation agreements.

Affiliations agreements outline student, school and site responsibilities. The school of Medicine require affiliation agreements under the following circumstances:

- Any site which is the primary preceptor site of a *required* course must have an agreement
- Any satellite of the primary site which is used for the *majority* of students on that rotation must also have an agreement
- Agreements for new sites will only be pursued upon Curriculum Committee approval of the course application

The elements of the clerkship contact include:

- Housing:
 - Utilities, phone pager, internet (DSL or faster),
 - Cleaning of housing between rotations, upkeep (replacing linens, dishes etc)
 - Expenses must be submitted on an invoice.
- Faculty travel to End of Quarter meetings
 - Travel invoices must be submitted as part of invoice reimbursement process.
 - Travel worksheet must accompany invoice to substantiate travel
 - Travel receipts maintained at site for one year following travel (audit purposes)
- Administration fee for community sites in proportion to the students they host
- Other expenses:
 - Car rental (Alaska sites, Havre and Torrington)
 - First year site start-up costs
 - Unusual one-time purchases

Clerkship contract timeline:

- Contract is renewed automatically each year
- May/June: For each purchase orders generated. Site notified
- The contract period is from July 1st to June 30th.
- April: Final invoice is due
- Sites may invoice at the beginning of each quarter or invoice as required based on scheduled students for upcoming quarter
- Payments may take 4-6 weeks once received at UW

Questions regarding either affiliation agreements or contracts please contact Scott Bailey at sgbailey@u.washington

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Evaluating Professionalism

*Amanda Keerbs, MD,
MSHS
Toby Keys, MA*

Toby and Amanda updated the group on the School of Medicine's efforts to develop further methods to evaluate professionalism in the clerkships. The group reached a consensus that evaluating professionalism needs to be standardized across clerkships through the use of anchors. The group also concluded that categories on the current clerkship evaluation already address a spectrum of professional characteristics. The coordinators then worked in small groups to further incorporate the professionalism benchmarks created by the college faculty into the grade anchors related to professionalism.

Amanda and Toby took the coordinators feedback to clerkship directors meeting. The directors agreed that professionalism could be graded by using the existing categories on the current grade form. The school also adopted our newly revised anchors for the 2008-9 school year. The school is still deliberating on how professionalism will be rated and reported on the final grade form.

Clerkship Exam

*Toby Keys, MA
Amanda Keerbs, MD,
MSHS*

For the past two and a half years the clerkship has made passing an end of rotation exam a requirement. The exam consists of a series of 60 multiple choice questions followed by several short answer questions in a SOAP note format. Test questions may be drawn from the assigned textbook readings or from the PCC curriculum. When discussing the exam with students, we recommend that you point out the following aspect of the exam:

- Due to technical problems, we no longer have an external timer for the student to see. Currently students are responsible for keeping track of their time. Although most students are able to complete the test in three hours, they are given four hours to complete the exam.
- Students should use the extra time allotted to periodically save their responses.
- Please note that this is a closed book test. No electronic devices will be permitted.
- When completing the SOAP note section, we score responses based on what they tell us about how they would approach the problems and think their way through the issues.
- When completing the SOAP note section, students should always consider how to incorporate PCC into their A and P.
- Our website currently have practice SOAPS students can use to prepare for their exam: <http://www.fammed.washington.edu/predoctoral/clerkship/clerkexam.html>
- Test questions may be drawn from your assigned textbook readings or from the PCC curriculum that is required as part of the family medicine clerkship.
- If the student experiences any technical difficulties during the exam

Library Resources Update

Sarah Safranic, MLIS

Health Science librarian, Sarah Safranic, reviewed the library resources available to clinical faculty. To access the library databases from off campus you will need use the remote login located on the top right corner of the health links website: <https://healthlinks.washington.edu>. Next you will be asked to provide your UWNet ID and password. You must have a clinical faculty appointment to establish a UWNet ID. If you have lost or have not yet established your NetID or password, contact Toby Keys at fmclerk@fammed.washington.edu

**All School AWARE
Conference**
Monday June 9th

The 2008 All WWAMI Academic Retreat for Education (AWARE) conference to be held at the UW Health Sciences Center on June 8-10, 2008. The AWARE conference is takes place every other year and brings together the school’s administrative leadership and faculty to focus on the education of our medical students. The theme of this year’s meeting is “Teaching and Evaluating Professionalism” and Dr. Herbert M. Swick, our scheduled keynote speaker for this year's retreat.

Please visit the AWARE website to learn more about the meeting and register for the Monday, June 9th Plenary sessions, workshops, and conference dinner (The insert in this newsletter is a tentative schedule of events):

<http://depts.washington.edu/gowwami/AWARE/>

With the large numbers anticipated to attend the retreat, the we encourage you to register as soon as possible. There are limited slots for each of our scheduled workshops and early registration will ensure your ability to attend the workshops you want. We also have limited seating available for the conference dinner scheduled on Monday, June 9.

If you are coming from out-of-state and require a hotel room, I strongly encourage you to book your hotel room as soon as possible. We have a limited room block available with discounted room rates (see insert) at three UW-area hotels.

**Anxiety Disorders
Update**

Carol Cordy, MD

Dr. Carol Cordy from the Swedish First Hill Residency Program presented statistics for anxiety disorders and their treatments using case presentations. The one year prevalence for all anxiety disorders in the United States is 18.1% Anxiety disorders are twice as prevalent as depression, and more so if somatic disorders are counted as anxiety disorders. Seventy-five percent of patients with one anxiety disorder will have a second anxiety disorder. Anxiety disorders vary widely; on average specific phobias can start at age 7, to post traumatic stress disorder at age 31. For social phobia disorders, there is generally a delay of 20 years from onset to first presentation for treatment. SSRI’s can often be used for the treatment of depression and anxiety disorders. In patients who do not find relief from their symptoms with SSRI’s, buspirone (for generalized anxiety disorder) and tricyclic antidepressants can be helpful as well. Bupropion can worsen the symptoms of anxiety disorder and should not be used. Most medications, however, won’t work well in a patient who is actively abusing alcohol. Short term benzodiazepine therapy can be helpful for stabilizing anxiety symptoms while you are waiting for the SSRI or tricyclic to start working. They are relatively contraindicated in a patient with a past history of alcohol or drug abuse. Talk therapy is useful as well – medications will control the symptoms while talk therapy treats the disorder. Cognitive behavioral therapy has shown good results in studies of patients with anxiety disorders. If therapy is not available, several resources, including the “Feeling Good Handbook” and “Anxiety and Phobia Workbook” can be helpful for patients who are willing to perform the self-reflective exercises these books facilitate.

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