

## Targeted Rural / Underserved Track (TRUST) Program

Seattle 1<sup>st</sup> Year Campus

### ***Introducing E 2010 TRUST Scholar: Jennifer Knox***



Jennifer was born and raised in Richland, Washington and graduated from the University of Washington with a B.S in neurobiology. Although she was in high school when she realized she had a passion for medicine and the underserved, her road to medical school was longer than some and characterized by a wide variety of experiences designed to test her belief that she was destined to become a healer.

As an undergraduate, she spent time in Ecuador and Nicaragua, becoming proficient in Spanish and working closely with her host communities to develop culturally appropriate health education modules. Her time abroad ignited an interest in working to eradicate health disparities in her home country and elsewhere.

After graduation, Jennifer felt it was important to take a few years off before applying to medical school. During that time, she worked as a research technician at the Institute for Stem Cells and Regenerative Medicine, where she assisted with studies hoping to use adult stem cells to cure neurodegenerative diseases such as spinal cord injury and glaucoma.

Jennifer also worked as a bilingual birth doula for a community health center, which was an experience that further reinforced her desire to practice family medicine in a local community clinic. In between births, she spent considerable time in the clinic and thoroughly enjoyed interacting with people of all ages and states of wellness.

In her spare time Jennifer enjoys road cycling, fitness, reading, watercolor and bird watching.

*The goal of Washington TRUST is to allow for a focused medical school experience in underserved care, with the eventual goal of returning physicians to practice in the underserved areas of Washington. Washington TRUST scholars will have multiple opportunities to experience first hand the joys and satisfaction of practicing medicine in an underserved community.*

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