

Autumn 2013 Underserved Pathway Mentor Memo

UP Website: <http://depts.washington.edu/fammed/education/programs/upath>

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We are grateful for you all!

Of the 104 physicians who have volunteered to be mentors for students in the UP, 44 are mentoring more than one student. Our students couldn't continue to thrive without the support of mentors.

Since its inception, 103 students have completed the Underserved Pathway.

Higher Primary Care Match Rates:

The match rate to primary care specialties (Family Medicine, Pediatrics, or Primary Care Internal Medicine) was 54.4% for all students completing the Underserved Pathway, compared with 30.3% of the UWSOM graduating students from 2008-2013 who did not complete the UP.

2012-13 Underserved Pathway Annual Report

To view the entire 2012-13 Underserved Pathway Annual Report, [click here](#) or visit "Quick Links" on the UP website: <https://depts.washington.edu/fammed/predoc/programs/upath>

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AUTUMN: Checking in With Your UP Mentee:

Mentoring First Year Medical Students (MS1)

New things to talk about with your UP student:

- Classmates
- Classes (see below for a list of all autumn courses)
- Demands on their time and intellect

MS1 Fall Curriculum:

- Anatomy and Embryology
- Microscopic Anatomy (Histology)
- Systems of Human Behavior
- Biochemistry
- Cellular physiology (some WWAMI campuses)
- Introduction to Clinical Medicine
- MS1's begin to interview real patients for the first time, specifically working on the social history and HPI.

Please remind your student to look into summer opportunities, most of which involve an option to complete their [Independent Investigative Inquiry \(III\)](#). The UP requires a III project that addresses an issue affecting underserved populations. The [Rural Underserved Opportunities Program \(RUOP\)](#) and the [Global Health Immersion Program \(GHIP\)](#) each offer a chance to live in a rural, underserved, or international community for a month or more during the summer, and a III completed in one of these programs automatically qualifies for UP credit. Applications for both GHIP and RUOP applications are due in January 2014.

Mentoring Second Year Students (MS2)

This is the first year 19 students are completing their second year of medical school at Washington State University, Spokane. All remaining second year students are now in Seattle and the class is adjusting to a larger group of about 190 students. Below are some topics of conversation for your quarterly meeting.

New things to talk about with your UP student:

- Demands on their time and intellect (2nd year curriculum is hard and fast paced)
- Preceptorships
- UW College small group sessions
- Adjustments to a larger class size (for students NOT from Seattle)
- Adjustments to Seattle (for students NOT from Seattle)
- Classes (see below for a list of all Fall courses)
- Opportunities to practice skills:
 - o writing patient notes
 - o giving an oral case presentation

MS2 Fall Curriculum:

- Cardiovascular System
- Respiratory System
- Introduction to Clinical Medicine II
- Principles of Pharmacology I
- Pathology II
- Cases in Clinical Ethics
- Urinary System

Students will be meeting this Fall begin to plan their 3rd year clinical schedules. As an underserved Pathway student students are required to complete 12 clinical credits in an underserved setting. For the [Clinical Curriculum Catalog](#) please refer to this website: <http://www.uwmedicine.org/education/md-program/current-students/curriculum/clinical-curriculum/pages/clinicalcurriculumcatalog.aspx> Students are also able to take part in the [WWAMI State TRACK Program](#) and [WWAMI Rural Integrated Training Experience \(WRITE\)](#).

It is important at this time to discuss your student's progress in the pathway. What online Underserved Pathway modules have they completed? Have they taken any selective courses with an underserved emphasis? Have they explored options for community service? All Underserved Pathway students must

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complete an Individual Investigative Inquiry (III) with an underserved population. Your student may have met this requirement through a RUOP or GHIP summer experience. Please confirm with your students that they did complete it or that they have a plan for completing this requirement.

Mentoring Third Year Students (MS3)

For those of you paired with third year students, this is a great time to check in with your student and find out about their initial clinical experiences. Your student will have completed at least one clinical rotation by now. A number of personal hopes and fears about their clinical competence and their ability to work with patients may be surfacing. Your guidance can be very helpful as they think about their role in caring for patients and their future career paths.

MS3 Curriculum (3rd Year Required Clerkships):

- Family Medicine
- Medicine
- Obstetrics and Gynecology
- Pediatrics
- Psychiatry and Behavioral Sciences
- Surgery

This is also a good time to start talking with them about elective clerkships in their fourth year. These electives will help students to further identify and focus their career plans. Clerkships with an emphasis on underserved communities are available and students need to complete a total of 12 credits of clinical coursework at an underserved location to meet Underserved Pathway requirements.

Mentoring Fourth Year Students (MS4)

At this point, fourth years have submitted their residency applications. MS4's have a list of residency programs where they applied. Mentoring your student through this exciting time can be a rewarding experience for both of you. Offer to help your student with their preparation for the interview process – perform a mock interview or work with your student to come up with a list of questions for potential residencies. Your student should have taken or will soon be taking both the clinical skills and the written step 2 board examinations. Talking with your student about preparing for these exams and about their experiences with these exams is a great way to connect further with your student.

MS4 Curriculum (4th Year Required Clerkships):

- Chronic Care / Rehabilitation Medicine
- Emergency Medicine
- Neurology
- Approved Surgery Selectives
- Capstone: Transition to Residency

Underserved Pathway (UP): Curricular Requirements for TRUST Students

Reminder of All UP Student Requirements to Earn a Certificate:

- Minimum of 8 online curriculum modules and associated activities
 - MODULE: *Who Are the Underserved?* is required for everyone
 - One meeting per quarter with Underserved Pathway/TRUST mentor (skype/phone, email, in-person)
 - 2 credits of non-clinical selectives focusing on underserved populations or issues
 - R/UOP, IHOP, and/or preclinical preceptorship in underserved setting
 - Ill focused on issue affecting underserved population(s). Ill completed on R/UOP or IHOP automatically qualify.
 - 12 credits clinical courses in underserved setting or serving vulnerable population(s)
 - Attendance of one UP event/gathering per quarter is encouraged.
 - Average of 2 hours per quarter of community service/service learning (TOTAL = 24 hours).
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