

Winter 2014 Underserved Pathway Mentor Memo

UP Website: <http://depts.washington.edu/fammed/education/programs/upath>

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Happy New Year Mentors!

Twenty-two new mentors have joined the Underserved Pathway! Welcome and thank you, if you have any questions please don't hesitate to contact us!

As a reminder: the purpose of this memo is to help guide your quarterly discussions. For another great place to find ideas for conversations with our students, **follow us on Twitter @UWSOM_UP!**

Happy New Year and thanks again for taking time to be a mentor for our Underserved Pathway students. Please let us know if you have any questions or concerns.

WINTER: Checking in With Your UP Mentee:

Mentoring First Year Medical Students (MS1)

Things to talk about with your UP student:

- Classmates & Classes (see below for a list of courses)
- Demands on their time and intellect
- What is your student doing this summer? (*See below for more links and information!*)
 - o Global Health Immersion Program (GHIP) or Rural Underserved Opportunities Program (RUOP)

MS1 Winter Curriculum:

- Immunology
- Biochemistry
- Introduction to Clinical Medicine (ICM)
- Cell Physiology (some WWAMI campuses)
- Anatomy & Embryology (some WWAMI campuses)
- Head & Neck Anatomy (some WWAMI campuses)
- Nervous System (some WWAMI campuses)
- Musculoskeletal (some WWAMI campuses)
- Microbiology. & Infections Diseases. (some WWAMI campuses)
- Medicine Information for Decision Making (some WWAMI campuses)

Mentoring an MS1 student: Ask your student what they are participating in this summer. The [Rural Underserved Opportunities Program \(RUOP\)](#) and the [Global Health Immersion Program \(GHIP\)](#) each offer a chance to live in a rural, underserved, or international community for a month or more during the summer. The UP requires an [Independent Investigative Inquiry \(III\)](#) project that addresses an issue affecting

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underserved populations. A III project completed during RUOP or GHIP automatically qualifies for UP credit. [Applications for GHIP](#) are due **January 10th, 2014 at 5: PM PST**. [Applications for RUOP](#) are due **January 24th 2014, at 5:00 PM PST**.

Most MS1 students are doing or have done a preceptorship, so discussing their clinical experiences continues to be important. Students should explore community service or service learning opportunities to meet this requirement. They should also be considering what non-clinical selectives to take and should start completing some of the UP online modules.

Mentoring Second Year Students (MS2)

Things to talk about with your UP student:

- Demands on their time and intellect
- Preceptorships
- UW College small group sessions
- Adjustments to a larger class size (for students NOT from Seattle)
- Adjustments to Seattle (for students NOT from Seattle)
- Classes (see below for a list of all Winter courses)
- Opportunities to practice skills:
 - o Writing-up histories & physical exams
 - o giving an oral case presentation

MS2 Winter Curriculum:

- Epidemiology
- Introduction to Clinical Medicine (ICM II)
- Brain and Behavior
- Pharmacology
- Reproduction
- Pathology
- Skin

Mentoring MS2 students: Second year students also usually feel more settled during Winter. The curriculum continues to be hard and fast paced. In the small college groups, your student completes two H&Ps, presents the cases orally at the bedside, and listens to and discusses at least 8 other presentations by classmates. They will also write them up and submit them for comment.

They will enjoy continued discussion about how they are developing their clinical skill set, including the basics such as hearing murmurs and visualizing the optic disc and fundus. Students have put in their requests for their third year “track” or order of the required clerkships. They will no doubt benefit from discussing their interests and schedules with you. Most students find it helpful to do a preceptorship in the specialties they are considering sometime in second year.

It is also important to continue to discuss your student’s progress in the Underserved Pathway. They should consider completing a least four of their eight required modules before their clerkships. They must also complete their 2 credits of non-clinical selectives with an underserved focus by the end of second year. Have they participated in any community service or service learning? Did they complete their Individual Investigative Inquiry (III)? If not, what are their plans for meeting this requirement?

Mentoring Third Year Students (MS3)

At this time, most third year students have completed three or four clerkship experiences. As they see and learn more clinical medicine, questions may arise around the health disparities that they see on their rotations and the types of care practiced in community versus academic settings. They may be wondering about various ways to care for the underserved in their future careers. This can provide fruitful material for conversation.

Students are also now planning out their fourth year rotation schedules. Your guidance in selecting elective clerkships, and discussions around care of the underserved and careers with the underserved can be most helpful as your student navigates this stage of their professional development. If your student has not

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completed 12 credits of clerkship with an underserved focus they will need to choose elective clerkship experiences that meet this pathway requirement.

MS3 Curriculum (3rd Year Required Clerkships):

- Family Medicine
- Medicine
- Obstetrics and Gynecology
- Pediatrics
- Psychiatry and Behavioral Sciences
- Surgery

Mentoring Fourth Year Students (MS4)

Your fourth year student is submitting their rank list over the next few weeks.

As students weigh their residency program options, advice on the types of training and experiences working with underserved populations that would best suit their career goals can be helpful in their prioritization process. Match week begins Match 17th and Match day is March 21st. An email or phone call to your student to check in and see where they were matched is a great way to keep in touch with your student.

MS4 Curriculum (4th Year Required Clerkships):

- Chronic Care / Rehabilitation Medicine
 - Emergency Medicine
 - Neurology
 - Approved Surgery Selectives
 - Capstone: Transition to Residency
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Reminder of All UP Student Requirements to Earn a Certificate:

- Minimum of 8 online curriculum modules and associated activities
 - MODULE: *Who Are the Underserved?* is required for everyone
 - One meeting per quarter with Underserved Pathway/TRUST mentor (skype/phone, email, in-person)
 - 2 credits of non-clinical selectives focusing on underserved populations or issues
 - R/UOP, IHOP, and/or preclinical preceptorship in underserved setting
 - Ill focused on issue affecting underserved population(s). Ill completed on R/UOP or IHOP automatically qualify.
 - 12 credits clinical courses in underserved setting or serving vulnerable population(s)
 - Attendance of one UP event/gathering per quarter is encouraged.
 - Average of 2 hours per quarter of community service/service learning (TOTAL = 24 hours).
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The Underserved Pathway Team (Contact list):

Sharon Dobie, MD, MCP
Underserved Pathway Director
dob@uw.edu

Amanda Kost, MD
Underserved Pathway Faculty Advisor
akost@uw.edu

Davie Evans, MD
Underserved Pathway Faculty Advisor
evansd9@uw.edu

Jaime Ftich
Underserved Pathway Program Coordinator
jgrocock@uw.edu

Medical Student Education (MSE) Section

Department of Family Medicine
University of Washington

Phone: 206.543.9425

Physical Address:

1959 NE Pacific St, E-304
Seattle, WA 98195-6390