

# Overview of New Nursing Roles in Whole Person Care

Session 1





# Introductions

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# Learning Objectives

- RN Primary Care Managers
  - Focus Patient Population: Severe mental illness
  - Typically in Behavioral Health Agencies
- RN Behavioral Health Care Manager
  - Depression and other common BH conditions
  - Typically in primary care
- RN Care Managers in WA Opioid Treatment Networks
- Share information in the group regarding experience, requirements beyond RN licensure, workforce and/or hiring considerations

APA/AMP 2016: Primary Care Skills for Psychiatrists





# RN PRIMARY CARE MANAGER





# RN Primary Care Manager for SMI Populations

- Example
  - Missouri CMHC healthcare homes  
ACA Section 2703 program
- WA State innovations and developing programs



# RN Primary Care Manager Role

## Missouri CMHC Healthcare Home (HCH) Program

### HCH Eligibility Criteria:

- Serious and persistent mental illness/severe emotional disturbance or
- Mental health condition and a substance use disorder, or
- Mental health condition or a substance use disorder, and one of the following:
  - Diabetes, COPD/Asthma, cardiovascular disease, developmental disability, BMI>25, tobacco use

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# RN Primary Care Manager

## Missouri CMHC Healthcare Home Program

In addition to CMHC psychiatrist, case worker, and PCP

HCH staffing and coverage requirements:

- HCH directors -1:500 enrollees
- RN care manage - 1:250 enrollees
  - RN or LPN
- PCP consultant - 1 hour per enrollee per year
  - Physician or APN
- HCH care coordinator - 1:500 enrollees
  - Admin, coordination, enrollee tracking

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# RN Primary Care Manager

## Missouri CMHC Healthcare Home Program

Results?

Patient Outcomes?

Over 21,000 enrollees in first three years

- Hospitalizations reduced 9%
- Estimated savings \$31M
- Significant improvements in diabetes measures, BP control, lipids, other medical conditions

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# RN BEHAVIORAL HEALTH CARE MANAGER





# Billing Opportunities for RN Behavioral Health Care Manager

Nursing licensure now approved to bill for:

- Medicare Collaborative Care (CoCM)  
As of January 1, 2017
- WA Medicaid Collaborative Care (CoCM)  
As of January 1, 2018

More to follow later today

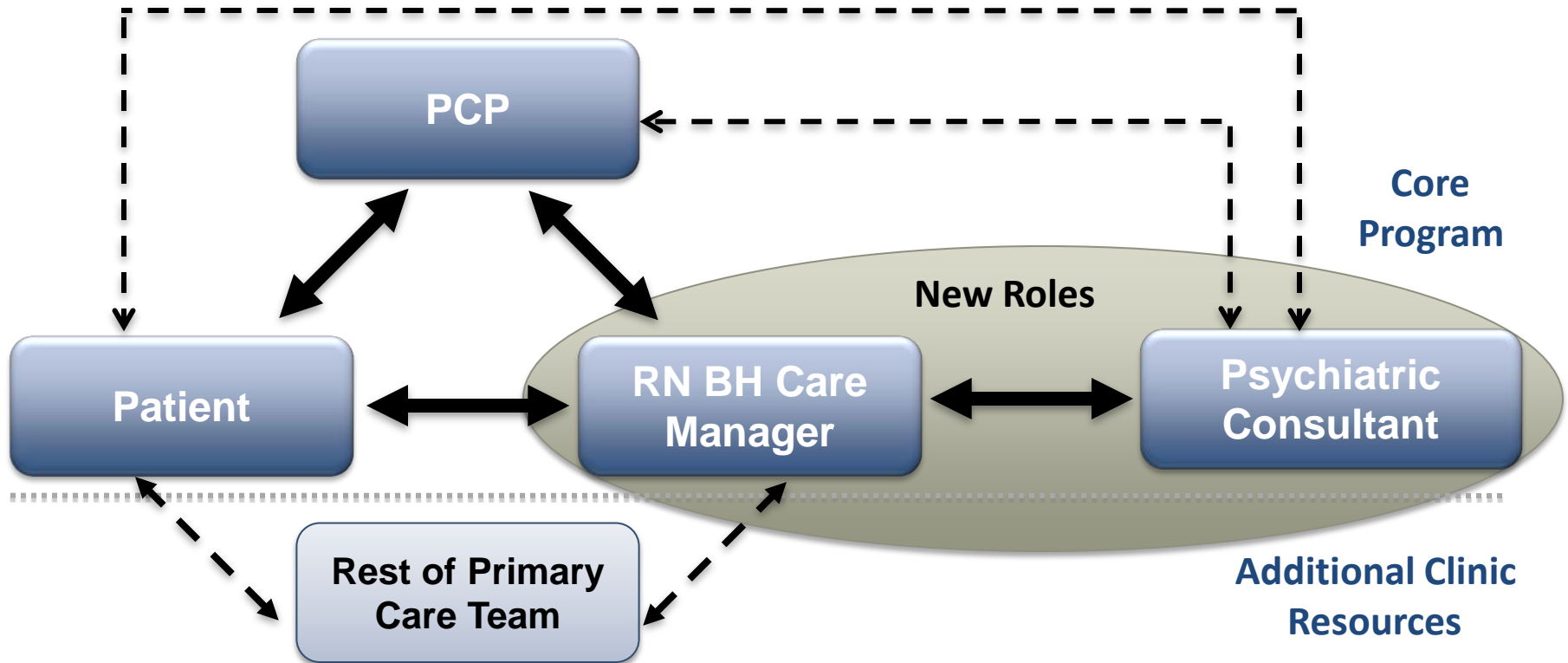


# RN Behavioral Health Care Manager

- Active treatment role in depression, anxiety, other BH conditions frequently seen in primary care
- Role may also include managing medical comorbidities such as diabetes and heart conditions managed in primary care

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# Collaborative Care Team Approach



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# Components of Collaborative Care

- Care coordination and care management
- Proactive monitoring & treatment to target
- Regular, Systematic Psychiatric Caseload Review

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# RN Behavioral Health Care Manager

Nurses already widely used in this CoCM role

- Providence NW and SW regions
- Swedish Medical Group
- PolyClinic
- Kaiser Permanente

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# RN CARE MANAGER IN WA STATE OPIOID TREATMENT NETWORKS





# Medication Treatment Models for Opioid Use Disorder (OUD)

**Office-Based  
Opioid  
Treatment  
(OBOT)  
Collaborative  
Care Model  
(Massachusetts)**

**Collaborative  
Care for Opioid  
Alcohol Use  
Disorder**

**Hub & Spokes  
Model  
(Vermont)**

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# WA-STR Hub & Spoke Network

## Regional Hub

- Serves a defined geographic area
- Responsible for assuring that at least 2 approved Medication Assisted Treatments (MAT) for OUD available on-site
- Primary focus on MAT induction and stabilization
- Primary care including CHCs and RHCs, opioid treatment programs, BH providers with existing MAT capabilities



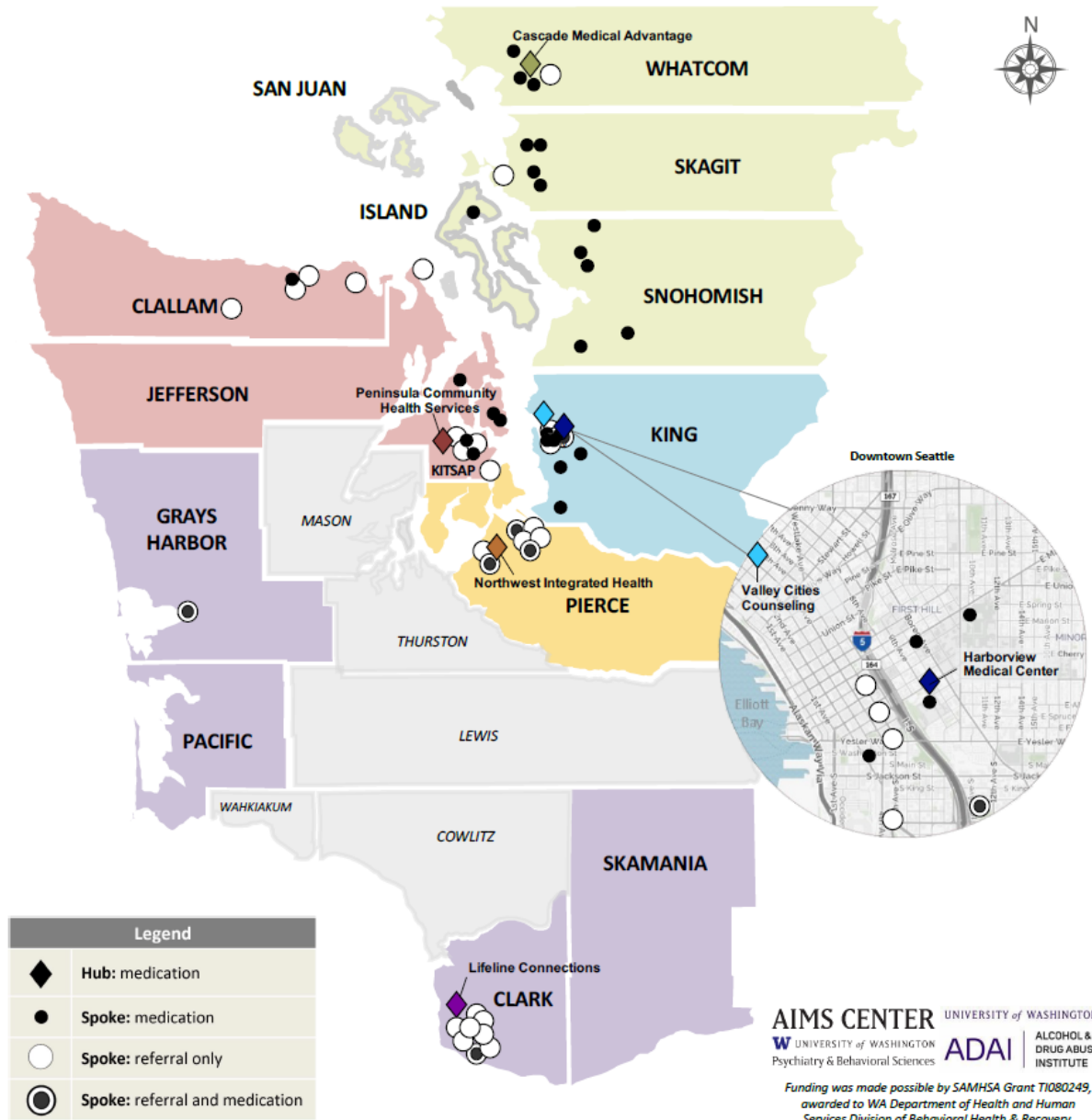
# WA-STR Hub & Spoke Network

## Spoke Network

- Consists of a broad array of providers including primary care sites, BH providers, jails, homeless services, syringe exchange programs, tribal health services and faith communities
- Must be “willing and able to embrace Medication Assisted Treatments (MAT)”
- May provide MAT services
- Spoke care navigators conduct screenings, provide patient outreach and education, may assist with patient monitoring, social services



# Hub and Spoke Opioid Treatment Networks



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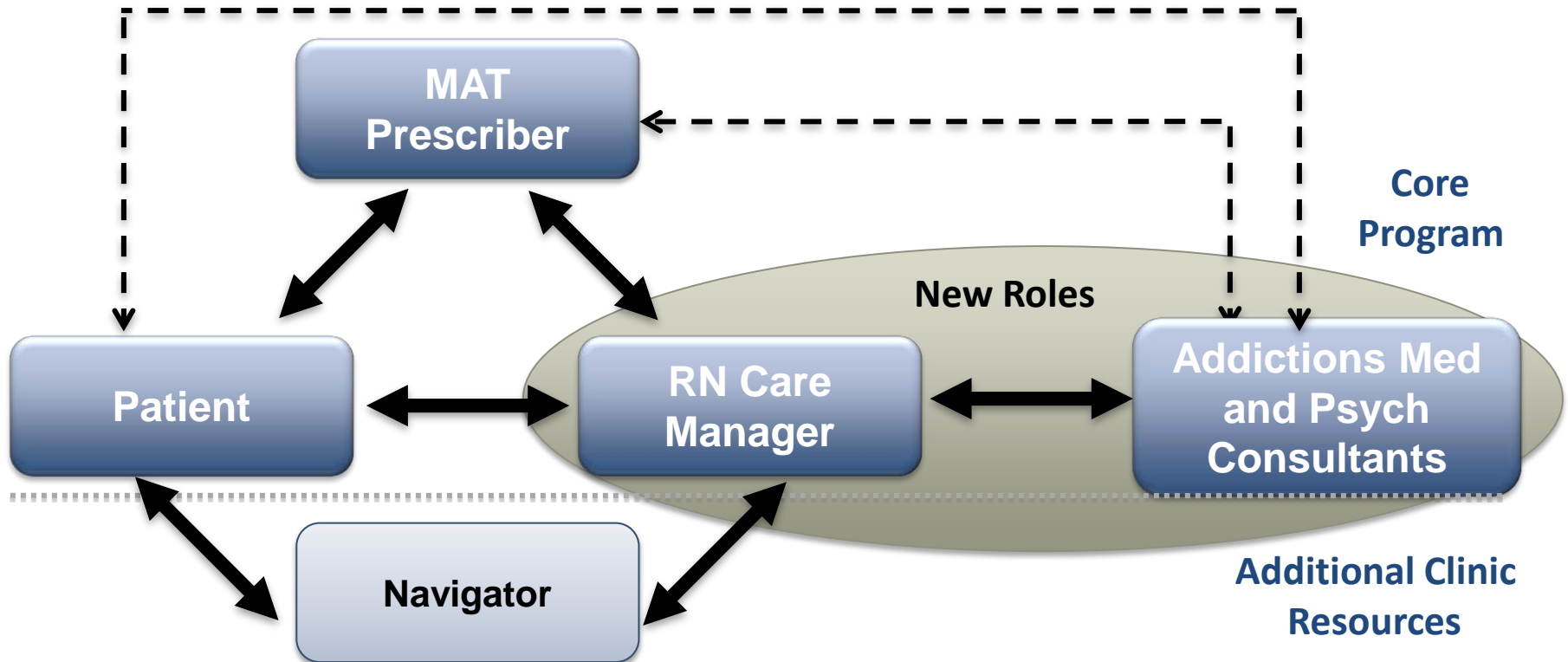
# Massachusetts Collaborative Care Model

- RN care manager in central coordinating role
- Integrates addictions med & primary care
- Office-based, multidisciplinary team approach
- Core strategy at Massachusetts FQHCs
  - RN care managers work with caseloads of up to 100 patients in office-based Buprenorphine treatment
- Core strategy at Harborview Medical Center Adult Med, which also serves as a “Hub”
- Pediatric OUD treatment available at HMC in January 2018

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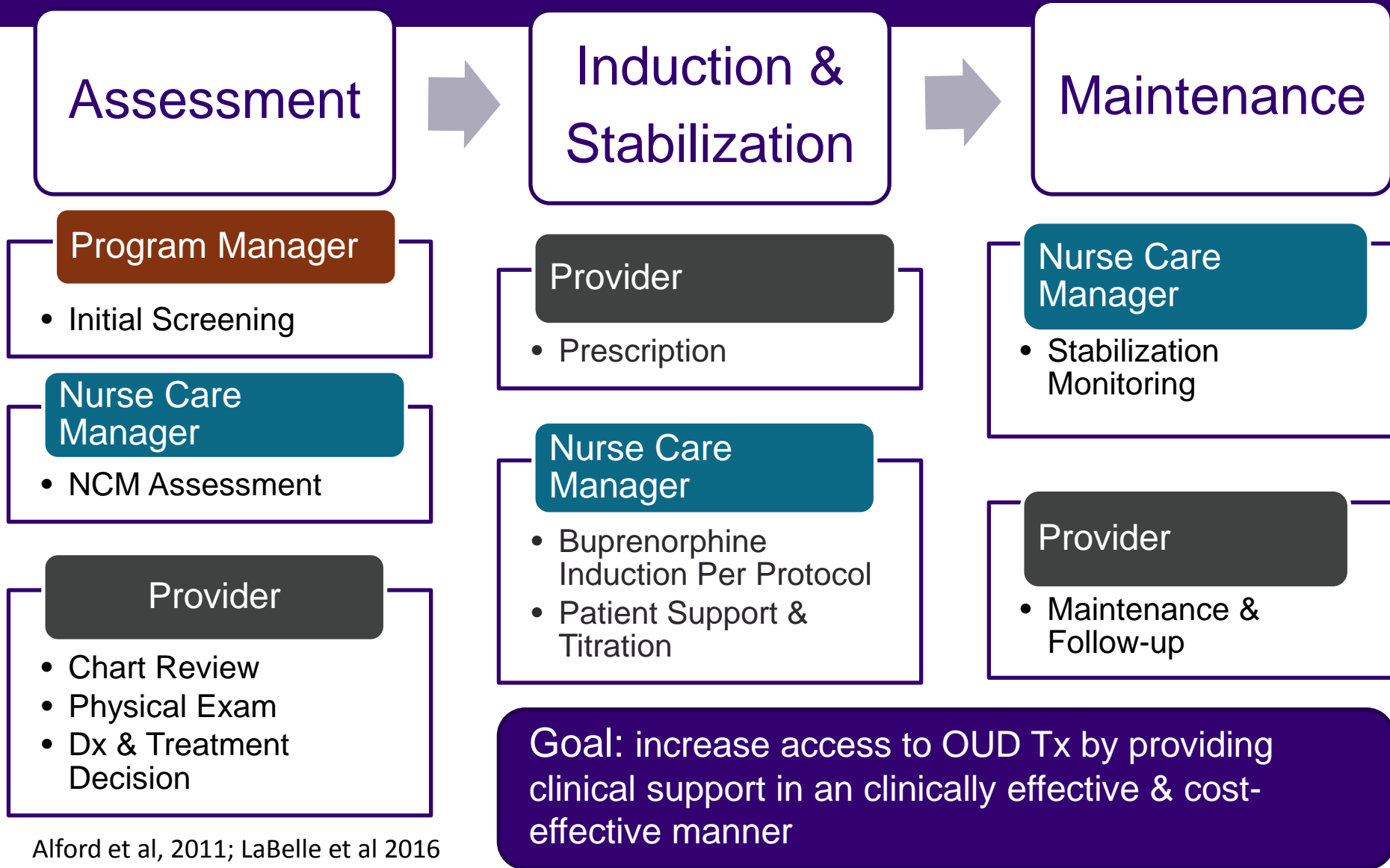
# OUD Collaborative Care Approach



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# MASSACHUSETTS COLLABORATIVE CARE MODEL



Alford et al, 2011; LaBelle et al 2016



# Low Barrier OUD Treatment Strategies

“Treatment on Demand”

“Low Barrier” Treatment

- Offer immediate induction into Buprenorphine treatment for OUD-affected individuals
- Offer access to Buprenorphine induction without requiring conventional BH treatment strategies such as abstinence or counseling
  - Successful pilot sites in King County



# Checkpoint- Discussion



- Thoughts or experience on staffing strategies for OUD treatment?
- Questions or reactions to treatment on demand?





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