



Knowledge of Aging for Social Work II

1. The proportion of people over 65 who have major cognitive impairment or dementia is:
 - a. About 1 in 100
 - b. About 1 in 10
 - c. About 1 in 4
 - d. The majority
 - e. Don't know
2. With age, which of the following senses weaken?
 - a. Sight and hearing
 - b. Taste and smell
 - c. Sight, hearing, and touch
 - d. All five senses
 - e. Don't know
3. The percentage of people over 65 in long-term care institutions is about:
 - a. 5%
 - b. 10%
 - c. 25%
 - d. 50%
 - e. Don't know
4. The proportion of older people who are socially isolated is:
 - a. Almost all
 - b. Almost half
 - c. Less than a fourth
 - d. Almost none
 - e. Don't know
5. An older person's reaction time tends to be:
 - a. Slower than a younger person's
 - b. At about the same speed as a younger person's
 - c. Faster than a younger person's
 - d. Slower or faster, depending on the type of test
 - e. Don't know
6. With age, intelligence:
 - a. Declines for all types of intelligence
 - b. Decreases in some domains and increases in others
 - c. Increases until age 70, and then decreases
 - d. Shows no change over time
 - e. Don't know
7. Personality changes with age:
 - a. Occur rapidly in advanced age
 - b. Are minimal and remain stable through adulthood
 - c. Occur slowly but are marked when comparing young and old
 - d. Occur early in mid-life and then remain stable
 - e. Don't know
8. The highest suicide rate in the United States is among:
 - a. White males between ages of 35-55
 - b. Teenagers/young adults between 15-24
 - c. White females between ages of 65-75
 - d. White males ages 85 and older
 - e. Don't know
9. Happiness:
 - a. Decreases with age
 - b. Increases with age
 - c. Varies significantly by age, gender, and race
 - d. Varies little with age
 - e. Don't know
10. For what type of medical expense is Medicare most restrictive in paying?
 - a. Hospital
 - b. Outpatient
 - c. Long-term care
 - d. Medical equipment
 - e. Don't know

11. The most prevalent form of abuse of older people living in community settings is:

- a. Physical abuse
- b. Neglect
- c. Financial exploitation
- d. Emotional abuse
- e. Don't know

12. Alzheimer's disease is:

- a. The most common type of cognitive impairment
- b. An acute illness
- c. A benign memory disorder
- d. An affective disorder
- e. Don't know

13. Which type of illness do older persons have less frequently than younger persons?

- a. Chronic illness
- b. Arthritis
- c. Stroke
- d. Acute illness
- e. Don't know

14. Supplemental Security Income (SSI):

- a. Guarantees a minimum income for needy older persons
- b. Provides basic income for all older adults
- c. Supplements the income of older people in nursing homes
- d. Pays medical expenses for older adults
- e. Don't know

15. The majority of older persons:

- a. Have little or no interest in sex
- b. Are not able to have sexual relations
- c. Continue to enjoy sexual relations
- d. Think sex is for only the young
- e. Don't know

16. Adaptability to change among people over 65 is:

- a. Rare
- b. Present among about half
- c. Present among most
- d. More common than among younger people
- e. Don't know

17. Social Security benefits:

- a. Automatically increase with inflation
- b. Are not subject to change
- c. Must be adjusted by Congress
- d. Are often cut back to balance the deficit
- e. Don't know

18. Voter participation rates are usually:

- a. Highest among those over 65
- b. Highest among those age 55 and 64
- c. Highest among those age 40 to 54
- d. Highest among those age 20 to 39
- e. Don't know

19. In the United States, the majority of care for frail older persons is provided by:

- a. Paid assistants such as nurses aides or home health aides
- b. Public or private institutions
- c. Family members
- d. Nurses and other professionals.
- e. Don't know

20. The proportion of people over 65 who are able to do their normal activities is:

- a. One tenth
- b. One quarter
- c. One half
- d. More than three-fourths
- e. Don't know

21. Major depression:

- a. Is under-diagnosed in later life
- b. Is more prevalent among older people
- c. Presents the same for all ages
- d. Is over-diagnosed in later life
- e. Don't know

22. Psychotherapy with older patients is:

- a. Usually effective
- b. Often effective
- c. Effective with Alzheimer's patients
- d. Ineffective if the therapist is younger
- e. Don't know

23. The projected rate of disability for older people in the year 2020 is:

- a. Higher than now
- b. About the same as now
- c. Lower than now
- d. No consistent trend
- e. Don't know

24. In the ratio of older widows to older widowers:

- a. Their numbers are about equal
- b. There are about twice as many widows as widowers
- c. There are about five times as many widows as widowers
- d. There are about twice as many widowers as widows
- e. Don't know

25. The rate of poverty among older adults is:

- a. Lower than among those under 65
- b. Higher than among those under 65
- c. The same as it is for other age groups
- d. High as a result of their fixed incomes
- e. Don't know

Reference

Palmore, E. B. (1998). The facts on aging quiz (2nd ed.). New York: Springer.