

Problem Solving Worksheet

What's the Problem? _____

Solutions/I deas	Teen (+/-)	Parent(+/-)
➤ _____ _____	_____	_____
➤ _____ _____	_____	_____
➤ _____ _____	_____	_____
➤ _____ _____	_____	_____
➤ _____ _____	_____	_____
➤ _____ _____	_____	_____
➤ _____ _____	_____	_____
➤ _____ _____	_____	_____
➤ _____ _____	_____	_____

Agreement: _____

Rewards: _____

X _____

X _____

Consequences: _____

X _____

X _____