

Knowing about Your Special Health Care Need: Where to Find More Information on Your Specific Health Condition

Is This Health Information Good for Me?

Information from the National Network of Libraries of Medicine (NNLM) that will help you decide if the information you have found is good for you.

English: How to decide if the information you are looking at is trustworthy- 1 page.

<http://nnlm.gov/pnr/hip/criteria.html>

Spanish: **Como puede saber si la información le sirve?**

<http://nnlm.gov/pnr/hip/informacion.html>

MedlinePlus

MedlinePlus is the National Institutes of Health's Web site for patients and their families and friends. Produced by the National Library of Medicine, it brings you information about diseases, conditions, and wellness issues in language you can understand. MedlinePlus offers reliable, up-to-date health information, anytime, anywhere, for free. You can use MedlinePlus to learn about the latest treatments, look up information on a drug or supplement, find out the meanings of words, or view medical videos or illustrations. You can also get links to the latest medical research on your topic or find out about clinical trials on a disease or condition.

English: <http://medlineplus.gov/>

Spanish: <http://medlineplus.gov/spanish/>

National Organization for Rare Disorders (NORD)

NORD has information about diseases that are believed to affect fewer than 200,000 Americans. NORD 'diseases' include hundreds of health and disability diagnoses. NORD provides information about the diseases, referrals to patient organizations, research grants and fellowships, advocacy for the rare-disease community, and Medication Assistance Programs that help needy patients obtain certain drugs they could not otherwise afford. Click on the 'For Patients and Families' button at the top of the home page.

<http://www.rarediseases.org/>