

MUMPS ON CAMPUS: AN UPDATE FOR GREEK STUDENTS

May 9, 2017

Dear UW student,

We have encouraging news about the mumps outbreak on the UW Seattle campus: The number of new cases has slowed considerably, due in large measure to the diligence of Greek community members in following preventive measures. Since the first case in early February, we have had 38 mumps cases among people associated with the University, only six of which occurred in April.

The mumps outbreak slowdown on the UW Seattle campus is good news, and we recognize the efforts of students and leaders in fraternities and sororities who continue to take action to stop the spread of mumps. Your changes in behaviors have made a difference, and we thank you for your efforts and urge you to continue engaging in preventive measures to help bring a complete end the mumps outbreak.

How you can stop mumps:

- > Wash your hands often with soap and water.
- > Avoid sharing food, drinks, utensils, cigarettes, smoking devices and anything that touches your mouth.
- > Wipe down surfaces and objects that were touched by others.
- > Avoid coming into contact with sick people.
- > Cover your cough or sneeze with your elbow.
- > Get vaccinated.

Members of fraternities and sororities who are interested in getting an outbreak dose (“booster”) of the mumps vaccine can get one at Hall Health Center.

How to get a mumps outbreak dose

Greek system students can go to Hall Health Center anytime during normal business hours to get an outbreak dose; however, we encourage you to arrive between 8:00 a.m. and 10:00 a.m. for shorter wait times. We will bill your insurance, so please bring your insurance card. Students without insurance will be offered an alternative payment option.

What to do if you get sick with mumps

If you become infected with mumps, we strongly recommend you avoid contact with others to help stop the spread of illness.

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Please contact your health care provider and stay home if you have symptoms of mumps.

- > Swollen cheeks and jaw
- > Fever
- > Headache
- > Muscle aches
- > Tiredness
- > Loss of appetite
- > Testicular pain and swelling

If you have personal health concerns related to mumps, please contact your health care provider.

For more information on mumps, please visit the Hall Health website (depts.washington.edu/hhccweb/mumps), email mumps@uw.edu or call (206) 616-8476.

Mark Jenkins, MD
Executive Director Hall Health Center
Chair, Advisory Committee on Communicable Diseases

*The original email reported 6 cases in April. This was an error. There were actually 12 cases in April.

