

HPRC Current Projects

June 2008



Older Adult Health Promotion

Description	Status
Physical Activity for a Lifetime of Success (PALS) Studying a phone-based intervention that includes volunteers using motivational interviewing to promote physical activity, in collaboration with the SE Seattle Senior Center	<i>(Phelan, Walwick \$140,500/yr)</i> Broadening and evaluating marketing strategies to maximize recruitment; involving an MPH student for practicum to develop, seek IRB approval for, and administer exit interview with PALS volunteers
Southeast Senior Physical Activity Network (SE-SPAN) Studying the effectiveness of a community-organizing approach to promote physical activity in SE Seattle, with a focus on older adults	<i>(Cheadle, Egger \$140,500/yr)</i> Coalition formed in Southeast Seattle called "Healthy and Active Rainier Valley Coalition"; have \$30K from Seattle/King Co. Steps to fund projects
Healthy Aging Research Network (PRC-HAN) HPRC is lead center in the Prevention Research Center (PRC) HAN, which includes a variety of specific interest groups	<i>(Belza, LoGerfo, Moni \$198,999/yr)</i> Interest groups working on physical activity, brain health, environmental aspects of healthy aging, nutrition and evidence-based programming for health promotion/disease prevention
Healthy Aging Research Network (HAN) Conference Grant Three annual conferences on aspects of healthy aging, including physical activity, depression, & cognitive health	<i>(Belza, Snowden, Moni, Steinman \$80,000/yr)</i> National depression conference held 5/19-20/08 in Atlanta; third conference, <i>Promoting Environmental and Policy Change to Support Healthy Aging</i> , is planned with the STEPS to a Healthier US
Literature Review of Older Adult Emotional & Cognitive Health A systematic literature review of interventions to improve older adult emotional and cognitive health, funded by the National Association of Chronic Disease Directors & CDC	<i>(Snowden, Steinman \$330,000/17 mo)</i> Screened approx. 3,000 articles to determine which will be included in the emotional health review; the emotional health panel meets in Seattle June 9 th , cognitive health expert panel meets in Atlanta this fall
PEARLS Dissemination Study (Program to Encourage Active, Rewarding Lives for Seniors) In collaboration with Aging and Disability Services (ADS), testing an implementation management team approach to improve program reach to depressed older adults	<i>(Snowden, Steinman \$430,000/yr)</i> Finalizing study design with ADS; Implementation team in place and drafting strategic plan based on input from 7 focus groups; fidelity measurement drafted and plans for validation study are underway; active implementation phase human subjects application submitted
Physical Activity Rapid Assessment Tool (RAPA) Developing instruments to measure physical activity among older adults	<i>(LoGerfo, Egger, Cheadle, Walwick)</i> Being used in research & community projects in U.S. and elsewhere. Web site updated to collect user info and give permission for use

Cancer Prevention and Control

Description	Status
American Cancer Society (ACS) Cancer Resource Navigator (CRN) Program Assist with development & evaluation of ACS Cancer Resource Navigation Program, which provides services to cancer patients in 12 western states.	<i>(Baldwin, Healy \$125,000/yr)</i> Profiling hospitals/cancer centers that best reach the underserved and completing case studies evaluating program from perspective of Navigators/ cancer center staff
Alliance for Reducing Cancer NW (ARC NW) Part of the PRC Cancer Prevention and Control Research Network (CPCRN); conducts translational research related to cancer screening and worksite programs	<i>(Taylor, Harris, Healy, Hannon \$300,000/yr)</i> Vicky Taylor co-chairs the CPCRN Human Papillomavirus (HPV) workgroup; working to disseminate evidence-base for HPV research & education; focus on research supporting dissemination of HPV vaccine
Colorectal Cancer Screening Study of patient/provider colorectal cancer screening discussions and decision-making (ARC NW pilot project)	<i>(Baldwin \$10,272/yr)</i> Data analysis near completion

Community-Based Cancer Screening Projects Evaluation <i>(Hannon, Vu, Healy \$47,585/yr)</i>	
Assisting WA State Dept of Health (DOH) in evaluation of the WCCCP; providing TA for evaluating TBN community-based projects re: prostate cancer informed decisions	Finalizing comprehensive & multi-year WCCCP evaluation plan which received initial WCCCP Steering Committee support; assessing WCCCP member attitudes towards WCCCP newsletters
Human Papillomavirus (HPV) Vaccine Acceptability <i>(Coronado \$7,400/yr)</i>	
Focus groups on acceptability of HPV vaccine for Latino parents (ARC NW pilot project)	UW and CDC Institutional Review Board (IRB, human subjects) applications approved; awaiting Sea Mar IRB approval
Obesity Prevention Among Samoans <i>(Tu \$7,514/yr)</i>	
Determining the relationships among diet, physical activity, & obesity from Samoan perspective (ARC NW pilot project)	The first three focus group meetings have been completed. Anticipated completion of all four focus groups is end of June 2008
Ovarian Cancer Screening, Testing, and Management <i>(Baldwin \$344,819/yr)</i>	
Survey of family physician, general internist, and gynecological practices related to ovarian cancer	Pilot testing of questionnaire near completion; working with survey firm on survey administration
Prostate Cancer Screening (PCS) Education <i>(Fryer-Edwards \$208,504/yr)</i>	
Improving communication between patients and health care providers related to PCS	Interviews and 4 focus groups complete; presented at Canadian Cancer Control Conference; analysis under way
Quality of Life for Men with Localized Prostate Cancer <i>(Ramsey \$648,376/yr)</i>	
Assessing the quality of life and satisfaction with care among prostate cancer patients	Baseline enrollment completed & data prepped for analysis; 6 month follow-up closes 6/08; 12 month follow-up 50% complete; manuscript submitted for focus group phase, preparing abstracts on baseline data
Workplace Health Promotion	
Description	Status
Marketing Workplace Chronic Disease Prevention (HMRC) <i>(Harris, Hannon, Ghosh, Sopher \$382,537/yr)</i>	
Randomized controlled trial (RCT) to test intervention to increase adoption of workplace chronic disease prevention by low-wage, mid-sized employers in King County	Recruitment almost finished (47 out of 48 planned participants); 37 participants randomized; 24+ intervention meetings completed
Purchaser's Guide to Clinical Preventive Services Implementation Evaluation <i>(Martin, Garson, Andris \$157,500/yr)</i>	
RCT to evaluate dissemination of a CDC publication on design of preventive insurance benefits	Finished baseline survey, delivering enhanced dissemination to randomly selected companies, and conducting preliminary analysis
Tobacco Related Health Disparities <i>(Hannon, Harris, Hughes, Healy \$20,524/yr)</i>	
Analyze WA Behavioral Risk Factor Surveillance System (BRFSS) & Healthy Worksite Survey data to identify characteristics of smokers & their workplaces; help DOH target low-income smokers with cessation resources	BRFSS analyses have begun; an abstract summarizing current smokers' knowledge and attitudes about quit resources is under review for the National Health Marketing Center conference
Washington Wellness <i>(Cheadle, Andris \$95,000/yr)</i>	
Evaluation of WA state employee wellness program	Completed report with baseline Health Risk Assessment results; Designing the evaluation of the state's Healthy Worksite Initiative
Workplace Solutions Project <i>(Harris, Sopher, Hannon, Ghosh \$202,525/yr)</i>	
Assist ACS in implementing and evaluating their workplace wellness intervention	Providing ongoing technical assistance to ACS; employer summits held in Seattle (June 2007) and Denver (May 2008)
Other Research Projects	
Description	Status
Cardiovascular Health Curriculum Modules for American Indian & Alaskan Youth <i>(Buchwald \$225,628/yr)</i>	
Develop a cardiovascular health education & awareness initiative for Indian youth	Curriculum teaching is near completion at all schools; post-curriculum surveys are being administered; evaluation is close to completion s
Cardiovascular Health Network <i>(Fitzpatrick, Steinman \$74,975/yr)</i>	
Part of a PRC national network to design a cardiovascular disease demonstration project	Two lit reviews for CDC; Data analysis & manuscript prep for Photo-voice demo project with Korean, Chinese, & Vietnamese older adults

Educational Technology to Promote Oral Health Testing CD-ROMs designed to provide oral health and nutrition information for diverse populations	(Kiyak \$247,500/yr) All CD-ROMs completed and tested; currently distributing via Web and mail; completing testing of long-term impact on health behavior, preparation for publication in public health & dentistry journals
Health Marketing Research Center (HMRC) Testing health communication and marketing interventions; includes two marketing RCTs: workplace chronic disease prevention, and hypertension control	(Harris, Meischke, Lichiello, Calhoun \$1.28 million/yr over four budgets) RCTs in field; Falls Prevention formative research continues; falls prevention, Web-based chronic disease management grant development continues; workplace intervention grant application submitted
Marketing and Tailoring Hypertension Control via 911 Responders (HMRC) Blood pressure screening by 911 responder personnel; testing effectiveness of direct mail intervention to increase blood pressure monitoring among high risk people	(Meischke, Ike \$201,231/yr) Baseline data collection completed; mailing intervention begun; interviews and logs at fire stations are being collected to measure effects
PEARL Randomized-controlled trial testing the PEARLS intervention for adults with epilepsy	(Ciechanowski \$243,471/yr) Recruitment completed; intervention and final data collection underway
Physical Activity Among Residents of Subsidized Housing Assess the effects of a natural experiment as former and new residents move into a mixed income public/private housing site designed with physical activity in mind	(Krieger \$100,000/yr) New project (SIP 11-07), just getting underway with new subcontracts; IRB, instrument design and protocol development in progress
Physical Activity Policy Research Network National PRC network evaluating the impact of policies to increase physical activity among community members	(Doescher, Steinman \$60,000/yr) Data analysis and manuscript prep for PE Legislation Study; finalizing content analysis survey and plan selection for Master Plan study
Post-Stroke Rehabilitation Referral & Enrollment Rates Examining disparities in stroke rehabilitation based on patient and provider characteristics	(Hoffman \$150,000/yr) Working on two papers: One focusing on post-acute rehabilitation following stroke and a second on factors related to differences in outpatient rehabilitation services
Translating Nutrition Standards for Foods in Schools Analyzing and disseminating effective development and implementation strategies for school nutrition policies	(Johnson \$100,000/yr) Completed first round of stakeholder interviews from 6 school districts and development of database; entering data and developing plan and timeline for initial draft of document sections

Dissemination

Description	Status
EnhanceFitness (EF) Assisting with dissemination and evaluation of fitness program for older adults	(Belza, Williams, Moni) Comparing costs for Group Health EF participants and non-participants
EnhanceWellness (EW) Evaluation and dissemination of older adult client-directed health promotion program	(LoGerfo, Phelan, Williams) Manuscript looking at impact of EW on healthcare cost and utilization submitted for peer review to J Am Geriatr Soc
PEARLS (Program to Encourage Active, Rewarding Lives for Seniors) Working with Aging and Disability Services, Senior Services, King County Aging Program, and State Aging and Disability Services Admin to disseminate PEARLS	(Snowden, Schwartz, Steinman) Technical assistance packages of \$3000 developed for HAN depression conference post-conference, pending review of applications from community organizations; 2008 trainings: May 14-16 and September 24-26

Technical Assistance – Consulting – Coalition Involvement

Description	Status
Colorectal Cancer (CRC) Screening, King County Public Health-Seattle and King County received a 5 year grant to provide colorectal cancer screening to low-income, uninsured persons	(Baldwin) Grant now in its third year and actively screening; serving as member of medical advisory panel

DOH Heart Disease & Stroke Prevention Steering Council Heart Disease & Stroke Prevention projects within WADOH	Steering council sets goals and priorities for projects and proposals	<i>(Fitzpatrick)</i>
“Dialogue for Action” (Cancer) Diverse interests developing state-wide action plan, funded by CDC & Cancer Research & Prevention Foundation	The WA State Dialogue for Action on Preventing Colon Cancer in ALL Communities will be 9/20/08, in Seattle at the Crowne Plaza Hotel	<i>(Tu)</i>
Healthy Aging Partnership Coalition of 40 non-profit and public organizations (most in King County) that collaborate to promote healthy aging	Working with the King County Fire & Life Safety Association on a fall and fire prevention campaign; new HAP website at www.4elders.org	<i>(Schwartz)</i>
King County Physical Activity Coalition A networking group to which HPRC provides technical assistance for evaluation and dissemination	Collaborating with the Seattle Department of Transportation on its Pedestrian Master Plan	<i>(Egger)</i>
National Advisory Group on Public Health Practice-Based Research Networks Four-year initiative, funded by Robert Wood Johnson Foundation, to stimulate collaborations among researchers to improve delivery of public health services	Serving on advisory committee of this new initiative; first meeting held in April 2008, coordinated by the University of Arkansas; RFA for first collaborative networks due out June 2008	<i>(Harris)</i>
National Committee for Quality Assurance (NCQA) Health Promotion Advisory Council A national, non-profit accrediting agency is developing a program to assess and improve the quality of workplace wellness programs offered by vendors and health plans	Jeff is chairing the Council; the program consists of standards and performance measures; a draft will be released for public comment in June 2008 and a final operational version in January 2009	<i>(Harris)</i>
Partnership for Prevention’s Workplace Guides Translate CDC’s Community Guide recommendations into cancer prevention tools for small employers	Jeff chaired national development team; web version at prevent.org in May 2008; pending funding, print version available soon	<i>(Harris)</i>
Performance Measures Committee, WA State DOH Mandated by the 5930 legislation of 2007, the committee is developing measures to assess effectiveness of local health jurisdictions in spending newly allocated \$20 million	Served on the Committee as chronic disease expert; developed three draft measures, including one on obesity; work completed December 2007; measurement beginning	<i>(Harris)</i>
Prevention & Management of Chronic Disease Risk Factors in Primary Care Part of 2008 WA Physical Activity and Nutrition Plan	State-wide strategies for risk factors, including obesity, in primary care	<i>(Johnson)</i>
Puget Sound Health Alliance (PSHA) Prevention Clinical Improvement Team PSHA, a local coalition of large employers, health plans, and physicians seeking to improve health care quality and cost, has developed prevention recommendations	Jeff served on the Prevention Clinical Improvement Team; recommendations developed; submitted failed grant for dissemination in October 2007; next steps pending	<i>(Harris)</i>
Racial and Ethnic Approaches to Community Health (REACH) CDC-funded, administered by Public Health–Seattle & King County, to decrease diabetes-related health disparities	Re-funded for 5 years in Oct 2007; new focus is on dissemination; we provide technical assistance on evaluation and workplace programs	<i>(Cheadle, Harris, Tu)</i>
STEPS to a Healthier US Seattle/King County CDC-funded collaboration to reduce chronic disease burden	Working in select King County communities	<i>(Johnson, Cheadle)</i>
United Way Older Adult Impact Council Helps the United Way to define funding priorities for services for older adults	The United Way is investigating a new structure to receive expert guidance on how they invest their funds in the community	<i>(Schwartz)</i>
WA Alliance for Healthy Aging Statewide alliance of public health, aging services, health and social services	Co-chairing May 30, 2008 summit; theme will be “Lifting the Clouds: Addressing Depression in Older Adults”	<i>(Schwartz)</i>
WA Coalition for Promoting Physical Activity Supports local physical activity coalitions	WCPPA Statewide Meeting will be part of the 15th Annual Joint Conference on Health, Yakima Convention Center, Oct 5-8, 2008	<i>(Steinman)</i>
WA Comprehensive Cancer Control Partnership A statewide coalition that guides the WA Dept. of Health in cancer prevention and control, largely funded by CDC	Chair, Surveillance & Evaluation Comm.; Member, Colorectal Cancer Task Force and Prostate Cancer Task Force; Co-Chair, Dialogue for Action Planning Comm.	<i>(Hannon, Taylor, Tu, Vu)</i>