

# Washington Alliance for Healthy Aging

## Mission

Promote Healthy Aging Statewide

## Objectives

- Provide statewide communication opportunities for WAHA partners to share resources, research and best practice strategies
- Advocate for local and state healthy aging policies and practices
- Encourage physical, mental, social, and economic environments that support healthy aging

## Key Activities

- Link with key partners to impact policy change
- Foster collaboration among diverse groups that impact healthy aging through conferences and other communication tools
- Integrate healthy aging messages and activities into member organizations' goals
- Encourage governments, organizations, and coalitions to incorporate healthy aging as a priority

## Accomplishments

- Two statewide Healthy Aging Summits held in 2003 and 2004
- Formation of a leadership team and sub-committees to further develop the Alliance and implement healthy aging strategies

## HEALTHY AGING PARTNERS

Aging and Disability Services Administration

Aging and Long Term Care of Eastern Washington

Aging and Disability Services of Seattle/King County

Asian Counseling and Referral

Center for Health Training

Comprehensive Health Education Foundation

Northshore Senior Center

Prevention, Education and Development, Spokane

Sea Mar Community Health Centers

Senior Services of Seattle/King County

Skagit County Physical Activity Coalition

Spokane Regional Health District

State Board of Health

University of Washington Health Promotion Research Center

Washington Department of Health

Washington Coalition for Promoting Physical Activity

Washington Dental Service Foundation

Washington Health Foundation

**For more information, or to become a partner, please contact Dorothy Gist at the Washington Department of Health, 360-236-3740 or email to [Dorothy.Gist@DOH.WA.GOV](mailto:Dorothy.Gist@DOH.WA.GOV).**