

SHOTOKAN KARATE CLUB

Autumn 2009

UNIVERSITY OF WASHINGTON, DEPARTMENT OF RECREATIONAL SPORTS PROGRAMS

The Shotokan Karate Club at the UW is focused on teaching and fostering an understanding of budo amongst its members. The Shotokan Karate Club and the Shotokan Sports Skills Class are two linked groups. The Shotokan Karate Club is associated with Shotokan Karate of America (SKA), the oldest non-profit Karate organization in the US. This dojo, and the organization as a whole, emphasizes a traditional approach to Karate-do with a focus on effective techniques, analysis of situations, applications and development of the inner self through hard practice. The club is not focused on 'sport karate' and winning in tournaments.

CLUB MEMBERSHIP

All currently enrolled UW students (Seattle campus) and faculty/staff IMA members may join the club. Faculty/staff may purchase their IMA Membership at the IMA Member Services Desk during operation hours.

UW extension, branch campus students, students of the ASUW experimental college, UW alumni, and the general public are not eligible to participate in the Club Sports program.

SPORTS SKILLS CLASS

Beginning Karate: October 13 – November 19

Tues/Thurs: 6:30 - 7:30 pm

Price: \$35.00

Register in-person at the IMA Programs Office. Please visit the IMA Homepage for additional information about Sports Skills Classes.

MEMBERSHIP WAIVER CARD

All participants must complete a membership/waiver card prior to club participation. Membership/waiver cards are available from the club president at practice or at the Programs Office, located on the 3rd floor of the IMA.

CLUB PRACTICES:

Dates: October 1 – December 17

Days: Tuesday & Thursday

Times: 6:30 - 8:30 pm

Location: IMA Studio 111

INSURANCE

The Department of Recreational Sports Programs strongly recommends that all Club Sport members have adequate accident/medical insurance coverage. Each Club Sport member is responsible for arranging their own coverage. Brochures for Accidental and Sickness Insurance for registered University of Washington Students are available in the Programs Office, located on the 3rd floor of the IMA.

FOR MORE INFORMATION

Club Representative:

Vaibhav Vaidya

Club Email:

uwkarate@uw.edu

Club Website:

<http://students.washington.edu/uwkarate>

Club Sports Coordinator:

Katie Beth
206-543-9499
kbeth6@uw.edu

IMA Homepage:

<http://depts.washington.edu/ima>