

KENDO CLUB

UNIVERSITY OF WASHINGTON, DEPARTMENT OF RECREATIONAL SPORTS PROGRAMS

The Kendo Club at the University of Washington is dedicated to the martial art of Kendo, the "Way of the Sword." No martial arts experience is necessary to join the club. Kendo can be practiced regardless of age, experience, or physical condition. It involves learning various sword-wielding techniques derived from medieval Japanese swordsmanship. These techniques involve the coordination of hand, foot, and body movements with the sword and the spirit. Kendo helps with one's coordination and discipline, which assists in developing a controlled attitude towards life.

The Kendo Club at UW is a recognized member of the Pacific Northwest Kendo Federation and the All United States Kendo Federation. Members of the club are eligible to become members in good standing of both federations and are entitled to all privileges.

CLUB MEMBERSHIP

All currently enrolled UW students (Seattle campus) and faculty/staff IMA members may join the club. Faculty/staff may purchase their IMA Membership at the IMA Member Services Desk during operation hours.

UW extension, branch campus students, students of the ASUW experimental college, UW alumni, and the general public are not eligible to participate in the Club Sports program.

MEMBERSHIP WAIVER CARD

All participants must complete a membership/waiver card prior to club participation. Membership/waiver cards are available from the club president at practice or at the Programs Office, located on the 3rd floor of the IMA.

CLUB PRACTICES:

Dates: Fall/Winter/Spring Quarters
Days: Wednesday & Friday
Time: 7:00 pm - 9:30 pm
Location: IMA Studio 216/316/Gym B

Beginners are invited to join within the first two weeks of every quarter. Intermediate and advanced students may join at any time.

INSURANCE

The Department of Recreational Sports Programs strongly recommends that all Club Sport members have adequate accident/medical insurance coverage. Each Club Sport member is responsible for arranging their own coverage. For information on the University of Washington's Student Health Insurance Plans:
<http://depts.washington.edu/ovpsl/insurance/index.shtml>.

FOR MORE INFORMATION

Club Representative:

Noelle Grimes: noelle.e.grimes@gmail.com

Club Email:

uwkc@uw.edu

Club Website:

<http://students.washington.edu/uwkc>

Club Sports Coordinator:

Chris Delaune
206-543-9499
delaune@uw.edu

IMA Homepage:

<http://depts.washington.edu/ima>