

Neurogenetics Laboratory  
Division of Genetics and Developmental Medicine, Department of Pediatrics  
University of Washington School of Medicine  
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UW

## INSTRUCTIONS FOR OBTAINING BLOOD SAMPLES FOR RESEARCH STUDIES

### SPECIMEN COLLECTION

1. Please obtain by venipuncture **20 cc of blood (10-15cc for children under age 10 years; 5cc for newborns)** from each subject. Put **10cc in one yellow top (ACD solution A or sodium citrate) and 10cc in one purple top (EDTA) tube**. If EDTA or ACD-A tubes are not available, please contact us and we will mail you the proper tubes. There are no special dietary instructions for this blood draw. It is important that blood be sent immediately after being drawn so that cell lines can be established from viable lymphocytes.
2. Please **Label** each tube with the participant's **Name** and **Birth Date**.
3. Please ask the participant(s) to read the consent form(s) provided by the study, call 1-800-246-6312 or email Dana Knutzen (see below) to arrange a consent interview, and if the subject agrees to participate, sign during the consent interview. Return the original copy with the blood sample. A copy of the consent form will be returned to the subject after the original is countersigned by the researcher who provided consent instructions. (Participants who live outside the US do not need to sign the HIPAA forms.)

### SHIPPING

1. **USA/Canadian Shipments**: Please plan to draw blood sample(s) **Monday thru Thursday**. Ship samples at **room temperature** by FEDEX or overnight express mail for **overnight delivery**. If needed, our FEDEX acct. no. 337681840, indicate 65-7976 in section 2. Please call Jonathan Adkins at (206) 616-3788 or contact him by email (see below) to let us know when to expect samples.
2. **Other International Shipments**: Please plan to draw blood sample(s) on a **Monday OR Friday**. If blood is drawn on Friday, it must be picked up by FEDEX or your local carrier the same day. Ship samples at **room temperature** for **overnight delivery** (even though it will take more than one day to reach Seattle). If needed, our FEDEX account number is 337681840, indicate 65-7976 in section 2. Please call Jonathan Adkins at (206) 616-3788 or by email (see below) to let us know when to expect samples.

3. Please send samples to:

**Jonathan Adkins**  
UWMC, Room RR-249  
Dept. of Pediatrics  
1959 NE Pacific St.  
Seattle, WA 98195-6320  
TEL: 206-616-3788 (Jonathan Adkins)  
FAX: 206-221-5132

#### Email Contact Information:

**Jonathan Adkins:** [jradkins@u.washington.edu](mailto:jradkins@u.washington.edu)

**Dan Doherty:** [ddoher@u.washington.edu](mailto:ddoher@u.washington.edu)

**Dana Knutzen:** [knutzd@u.washington.edu](mailto:knutzd@u.washington.edu)

(The confidentiality of email correspondence cannot be guaranteed)

### BILLING

If there are any charges for venipuncture, or materials, please bill Dr. Dan Doherty directly at the address above.

*Thank you! Your assistance is greatly appreciated!*