

# Service Learning Organizations and Positions

spring 2006 PSYCH

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**Site:** 45th Street Clinic

**Address:** 1629 N 45th St. Seattle WA 98103-6701

**Location:** Students will be doing their service at the clinic. **URL** [http://www.psnhc.org/page/62/clinic\\_medical](http://www.psnhc.org/page/62/clinic_medical)

**Overview:** Mission Statement:

To provide personalized, quality and comprehensive physical and mental health care following a health care maintenance model to homeless youth, and youth at risk of homelessness. To create a safe, supportive and sensitive environment for young people age 12-23 in which to deliver this care on a drop-in basis. To encourage youth to make positive decisions in regards to their health, and to assist them in developing ongoing relationships with formal systems and reconnect them to the community.

Who we are:

□ We are a homeless youth drop-in clinic open Wed. & Thurs. 6-9PM. We see homeless youths aged 12-23 who are currently homeless or have been homeless in the past year. Aside from primary health care, we also have these services available to our patients: acupuncture, naturopathic medicine, yoga, mental health counselor, chemical dependency counselor, and an HIV counselor. In addition, we have other resources for homeless youth, such as street outreach, medical case management, laundry vouchers, hygiene supplies, bus tickets, eye exam/eyeglasses referral services, strong links with other youth advocacy service providers, and clothes just to name a few

**Contact:** Joaquin Uy

**Contact Phone/Email:** (206) 633-7639 uyj@psnhc.org

**Bus Directions** Itinerary #1

1. Walk 0.1 mile N from Stevens Way & Benton Lane
2. Depart Stevens Way & Benton Lane on ROUTE MT 31 Central Magnolia
3. Arrive N 40th St. & Densmore Ave. N
4. Walk 0.4 mile N to 1629 N 45th St.

Itinerary #2

1. Walk 0.3 mile S from Stevens Way & Benton Lane
2. Depart NE Pacific Pl. & NE Pacific St. on ROUTE MT 44 Ballard
3. Arrive N 45th St. & Woodlawn Ave. N
4. Walk E to 1629 N. 45th St.

**Driving Directions:** 1. W on N. 45th St.  
2. S (left) on Densmore Ave. N (parking lot is for patient parking only!)

**Position Title:** 45th St. Youth Clinic: Homeless Youth Project Thursdays **45th Street Clinic**

**Positions Available:** 1 **Position Hours:** Thursdays 5:30-9:00 pm

**Description:** After your registration for this position is confirmed, visit the Carlson Center in MGH 120 to pick up a volunteer application. This will need to be filled out and returned to the 45th Street Clinic at your on-site orientation.

In this position, a student will engage in the following activities/roles/tasks:

-creatively facilitate interesting discussions and groups for patients (while they are waiting for their appointments) regarding such significant issues affecting youth today. Group discussion topics include, but are not limited to: safe sex, healthy relationships, harm reduction, art therapy, clinic service feedback and suggestions, anti-racist trainings, and LGBTQ issues, just to name a few

-work with Charlotte, Waxe, and Jenn in setting the agenda for discussions and group work for the whole quarter of service learning at the clinic.

For this position, a student should possess the following skills:

- have an effective and imaginative philosophy of interacting with youth
- willingness to learn about homeless youth culture
- have an understanding of why and how homelessness occurs in this society despite being one of the richest countries in the world
- willingness to create patient interactions that are non-biased and non-judgmental
- self-motivated and have a sincere interest in homeless youth and the issues surrounding this population
- leadership and facilitation skills, and experience in group situations
- be able to stimulate discussion in a what might be at-first an uninterested and unenthusiastic group setting

For this position, a student can expect to complete the following project or tasks that contribute to our organization's outcomes (explain the connection between task, project, and your organization):

- Create learning opportunities for homeless youth on various health-related topics

What, specifically, do you hope students will learn, in general, in working with your organization?

- learn about the unique and varied issues of the homeless youth community
- deepen their understanding of how youth become homeless, invisible, and marginalized on the streets
- learn about the challenges homeless youth in Seattle face regarding access to basic human rights, especially health care and resources to help transition off the streets
- learn creative ways of facilitating group discussions and dialogue with homeless youth
- learn about successful techniques in developing new, creative, and effective services for homeless youth
- learn about current services available for homeless youth, current gaps in services and an understanding of why these gaps exist and what can be done to address these gaps

PLEASE NOTE A BACKGROUND CHECK AND TB TEST ARE REQUIRED TO WORK WITH THE 45TH STREET CLINIC

**Orientation Information** Service learners are REQUIRED to attend one of the following Homelessness 101 training sessions: Saturday, April 8th 1:00-4:00 pm or Wednesday, April 12th 6:30-9:30 pm. TO REGISTER: visit [www.udsp.org](http://www.udsp.org) and click on Homelessness 101. Both sessions take place at the University Family YMCA on 5003 12th Ave. N.E.

The official 45th St. Clinic, Youth Clinic orientation will be at the Youth Clinic which will include a discussion about the 45th St. Clinic, Youth Clinic history, mission, services, and homeless youth culture. This will be followed by signing confidentiality statements and other miscellaneous paperwork, discussion of Service Learning expectations, an overview of the weeks ahead and end with a tour of the clinic and meeting the service providers. Please contact Joaquin Uy at [ujj@psnhc.org](mailto:ujj@psnhc.org) to set up an on-site orientation date and time for the week of April 3rd.

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**Site:** Needle Exchange

**Address:** 400 Yesler Way 3rd Floor Seattle WA 98104

**Location:** The Drop-in Center is located at 1511 Second Avenue. It is on Second Avenue between Pike and Pine. Currently, the building says "Amparo". **URL**

**Overview:** Needle Exchange is a public health program for drug users. Its purpose is to prevent the spread of AIDS among injection drug users, their sexual partners and their children. Needle Exchange provides new, sterile syringes in a one-for-one exchange for used, contaminated syringes. In

addition, they help drug users into drug treatment and health care and provide information about risk reduction. Other services include counseling and testing for HIV infection and distribution of condoms. Students interested in this placement must be able to interact with the diverse population that Needle Exchange serves. While students do not need to have experience working with drug users, they need to be open-minded and non-judgmental.

**Contact:** Joe Tinsley **Contact Phone/Email:** (206) 205-6107 joe.tinsley@metrokc.gov

**Bus Directions** Take the # 73 from University Way or NE Campus Parkway Arrive at Terrace st. & 5th Ave. Walk to Yesler way

**Driving Directions:** 1511 Second Avenue. Two blocks west of the Pikes Place Market at Second Avenue and Pike.

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**Position Title: Student Volunteer**

**Needle Exchange**

**Positions Available:** 2 **Position Hours:** 3-5 hr/wk, Mon-Fri (1:00-5:30 pm) Flexible

**Description:** Recommended skills: Students interested in this position must be able to interact with the diverse population that Needle Exchange serves. Students do not need experience working with drug users, but must be open-minded and non-judgmental

Job description: Students would assemble information packets to distribute to clients; log statistics on number of encounters and amount of syringes exchanged, dispense clean sterile syringes for used syringes; assemble bleach kits and other harm reduction supplies, dispense harm reduction materials and information; and help make referrals to other service agencies using Health and Human Services directory.

Expectations: Treat all clients with respect; respect confidentiality of patrons; commit to a regular schedule and keep your commitment.

**Orientation Information** Contact Joe Tinsley on or before April 3rd (email joe.tinsley@metrokc.gov) to set up time and date for orientation. It will be held at 1511 2nd Ave. (One block south of the Nordstrom Rack).

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**Site: Planned Parenthood of Western Washington**

**Address:** 2001 E Madison St. Seattle WA 98122-2959

**Location:** **URL** [www.ppww.org](http://www.ppww.org)

**Overview:** Planned Parenthood of Western Washington works to ensure that people within the communities we serve have access to a full range of reproductive health care services, and the information necessary to make informed decisions about child-bearing. Goals: 1) Clinical Service -- to provide confidential clinical reproductive health care services in convenient locations at affordable prices, while meeting the diverse needs of our patients, 2) Advocacy -- to work for public understanding and for public policies, at all levels of government, which assure access to reproductive health care services and enable youth and parents to have accurate information about sexuality, 3) Educational Services -- to provide, through a variety of programs and materials, educational opportunities for persons of all ages to learn about human sexual development and the risks and responsibilities implicit in sexual behaviors.

**Contact:** Cheryl McCain **Contact Phone/Email:** (206) 328-6894 cheryll.mccain@ppww.org

**Bus Directions** From the UW, served by bus 48. Nearest bus stop is at Olive Way (the second Metro stop after Madison). Walk west on Olive Way two blocks, building is on the right.

**Driving Directions:** Montlake south to 23rd, at Madison turn right (stoplight). 2.5 blocks on left, 3 story building of brick and concrete with fenced parking lot

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**Position Title: Checkpoint Tutor**

**Planned Parenthood of Western Washington**

**Positions Available:** 1 **Position Hours:** One day per week, 2:30-4:30 PM, M-Th

**Description:** Additional Tutor orientation/training required.

Recommended skills: People-oriented personality. Patience, empathy and tolerance, along with a genuine desire to improve the academic performance of young people. Dependability and commitment to the volunteer work are extremely important in assuring a quality service for our clients. Students must strongly support the mission of Planned Parenthood and be comfortable working with people from diverse backgrounds. Must have access to reliable transportation for this volunteer position.

Job description: The Planned Parenthood Checkpoint program helps adolescents postpone sexual activity and pregnancy. The program focuses on the development of the whole person by providing after-school homework help in select middle schools in Seattle. Volunteers will participate in the Checkpoint program by tutoring middle school students who have been identified as at risk for early sexual activity. Tutors will be placed in one of the two area middle schools the program serves. The

tutoring may be done in a group setting or one-on-one and will take place in the after-school hours between 2:30 -4:30 PM, Monday through Thursday. Volunteers will be placed in participating schools based on caseload, with volunteer assignments to a particular school to be determined after initial training. Students are required to go through the PPWW screening process and undergo a background check before placement.

Your Expectations: Students must be able to volunteer at least one day per week. PPWW needs individuals who are very reliable and committed to the volunteer work. Students must be comfortable providing tutoring for middle school subjects. Respect for boundaries is extremely important for this position; we ask that tutors refrain from counseling students or carrying out duties that are outside of the position description.

**Orientation Information** You MUST contact Cheryl to begin the screening process ON Wednesday the 6th (Cheryl is out of th office on April 3rd and 4th) The only orientation will be on Tuesday, April 11th, from 4:00 - 6:45 PM at 2001 E. Madison Office. You MUST go through the screening process and attend this orientation in order to work in this position.

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**Site:** **Seattle Parks and Recreation: Sound Steps**

**Address:** 8061 Densmore Ave N. Seattle WA 98103

**Location:** **URL** <http://www.cityofseattle.net/parks/seniors/SoundSteps.htm>

**Overview:** Sound Steps is a community-based walking program that encourages physical activity and social interaction among adults age 50 and better. Sound Steps targets seniors who are low-income or minority, and are currently sedentary.

The program is free, year-round, and meets all over Seattle. Participants join walking groups in their neighborhood. Each walking group meets once a week, and is led by a volunteer walk leader. Walkers use pedometers to keep track of their progress, earn prizes, and receive information about health and nutrition. Walking has been shown to be successful in combating high cholesterol, heart disease, type 2 diabetes, arthritis, obesity and depression.

Aging and the Elderly

- Successful strategies for serving the elderly
- Physical, social, and mental health concerns unique to the elderly
- Personal interaction with elders on a weekly basis
- Familiarity with seniors from diverse ethnic groups

Community Development

- Strategies for community development among low-income, and/or minority groups
- Leadership training
- Experience developing, publicizing and sustaining a community group.
- Opportunities to develop creative motivation models.

Public Health

- Components of a healthy lifestyle

- ☐Methods of promoting a sustainable healthy lifestyle
- ☐Health survey skills (Pre / Post Survey analysis)
- ☐Public health information including health disparities among different Seattle populations

**Contact:** Marigrace Becker      **Contact Phone/Email:** (206) 684-4664      [sound.steps@seattle.gov](mailto:sound.steps@seattle.gov)

**Bus Directions** Take Bus #48 north towards Loyola Heights. Get off at 82nd and Wallingford Ave. Walk ~2 blocks east to Densmore. The Parks and Recreation Office is there at 82nd and Densmore.

**Driving Directions:** From U.W. take I-5 North. Get off at the 85th/Aurora exit. Turn left on 85th. Turn left on Densmore. The Parks and Recreation Office is at 82nd and Densmore.

**Position Title:** Community Coordinator: Senior Adult Fitness Program      **Seattle Parks and Recreation: Sound Steps**

**Positions Available:** 5      **Position Hours:** see position description

**Description:** Days/Times are flexible depending on student's schedule.

In this position, a student will engage in the following activities/roles/tasks:

- Coordinate a pre-existing senior adult neighborhood walking group:
- Lead weekly walk of 5-15 senior adults.
- Assist participants in using pedometers, establishing goals and recording progress.
- Call participants the day before to remind them.
- Promote program through flyers, community outreach activities
- Plan & facilitate one health education event
- Plan & facilitate a Fitness Celebration for your group at end of quarter
  
- Qualified students given opportunity to develop new senior adult walking group, including:
- Choosing target neighborhood
- Community outreach
- Walk route development
- Publicity
- Incentive / Motivation development (i.e. prizes, goals, themes, etc)

For this position, a student should possess the following skills:

- Organization
- Dependability / Consistency
- Patience / Flexibility
- Self-motivation
- Strong people skills
- 1 year experience in a leadership role
- Experience working with diverse populations (age, ethnicity, income level, etc)
- Experience in program coordination and event planning is a plus.

For this position, a student can expect to complete the following project or tasks that contribute to our organization's outcomes (explain the connection between task, project, and your organization):

Main projects include coordinating an existing senior adult walking group, planning a health education event, and planning a fitness celebration. These will help our organization in its goal to promote health among senior adults, particularly low-income or minority senior adults who are currently sedentary.

What, specifically, do you hope students will learn, in general, in working with your organization?

Students will learn about the complex issues surrounding aging, through training, reading and weekly personal interaction with senior adults. They will also learn basic principles of community development which will allow them to initiate or serve in community programs in the future. Finally they will learn strategies for promoting public health.

**Orientation Information** Friday, April 7, 4-6 p.m. ( please RSVP [sound.steps@seattle.gov](mailto:sound.steps@seattle.gov) )

Alternate orientations:  
Contact coordinator at [sound.steps@seattle.gov](mailto:sound.steps@seattle.gov); (206) 684-4664 if unable to attend Friday session.

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**Site:** Susan G. Komen Breast Cancer Foundation, Puget Sound Affiliate

**Address:** 1900 N. Northlake Way 135 Seattle WA 98103

**Location:** **URL** [www.komenseattle.org](http://www.komenseattle.org)

**Overview:** For more than 20 years, the Susan G. Komen Breast Cancer Foundation has been a global leader in the fight against breast cancer through its support of innovative research and community-based outreach programs. Working through a network of U.S. and international Affiliates and events like the Komen Race for the Cure®, the Komen Foundation is fighting to eradicate breast cancer as a life-threatening disease.

The Komen Foundation Puget Sound Affiliate grants over \$1 million annually to fund breast cancer education, screening, and treatment support programs in Western Washington. Students working with the Komen Foundation Puget Sound Affiliate will gain first-hand experience in event planning, fundraising, and public health administration. Our service learning opportunities offer students the opportunity to work with an internationally recognized organization on projects that have immediate and visible results on their communities

**Contact:** Kathryn Pursch **Contact Phone/Email:** (206) 633-0303 [kathryn@pskomen.org](mailto:kathryn@pskomen.org)

**Bus Directions** Routes 26, 74, 16, and 44 all have stops within a three to eight block radius from the Komen Office.

We are also located immediately off of the Burke-Gilman bike and footpath. Our office is about a twenty-minute walk from the UW campus!

**Driving Directions:** The Komen office is located off of N 34th Ave between Burke and Meridian. We can be accessed by Hwy 99, I-5, and a variety of neighborhood arterial routes.

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**Position Title:** Special Events Associate

**Susan G. Komen Breast Cancer Foundation, Puget Sound Affiliate**

**Positions Available:** 1 **Position Hours:** Any two-hour block of time M-F between 9AM-5PM

**Description:** Supervisor: Kathryn Pursch

Gain hands-on experience in special events coordination!! The Puget Sound Affiliate will utilize your skills and talents in preparation for our largest annual fundraiser—the Puget Sound Race for the Cure®!

While working with the Komen Foundation, you'll engage in a variety of tasks—from working with local businesses to distribute information about the Race to answering frequently asked questions on the Race Hotline. Your work will be a combination of behind the scenes work at the Komen Affiliate office and direct participation in special events.

Interested parties should be: comfortable speaking in public, detail oriented, excellent at time management, and have an interest in producing successful events. Driver's license and reliable transportation are preferred.

The Komen Puget Sound Affiliate depends on funds raised through special events to support the grants to local organizations that provide education, screening, and treatment support to breast cancer survivors. Through dedicated "behind the scenes" fundraising work, the Komen Foundation is able to remain a world leader in funding breast cancer research, education, screening and treatment support. As a Race for the Cure® Assistant with the Puget Sound Affiliate, you will complete community outreach and fundraising tasks that help ensure the success of our largest annual event.

Students who choose to work with the Puget Sound Affiliate as Race for the Cure® Assistants will gain first-hand knowledge of non-profit fundraising principals and exposure to premier event

coordination. In addition, students will have the opportunity to learn about breast cancer occurrence, diagnosis, and treatment options while building valuable skill sets.

**Orientation Information** Tuesday, April 4th at 5PM; at the Komen Puget Sound Affiliate Office. Please confirm your attendance by contacting Kathryn at [kathryn@pskomen.org](mailto:kathryn@pskomen.org)

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**Site:** Washington Poison Center

**Address:** 155 NE 100th Street, Suite 400 Seattle WA 98125-8011

**Location:** Northgate. **URL** [www.wapc.org](http://www.wapc.org)

**Overview:** The Washington Poison Center (WPC) is a 501(c)(3) nonprofit agency, whose mission is to protect and enhance the health and quality of life of all the citizens of the state of Washington through service, education, and research in toxicology and poison prevention. We bring life to this mission by providing the state's 24-hour emergency helpline for poison treatment and information without charge, as well as prevention and education programs in the community. We offer emergency medical advice about the entire spectrum of toxins, including drugs, chemicals, foods, plants, or any possible poison, to the public, as well as health professionals with regards to human and animal exposures.

What learning goals will students work towards while contributing to your organization's mission and/or purpose?

The student has the opportunity to learn how translation services work in real world applications. This includes not only the direct translation, but also being aware of cultural issues within the materials presented, offering alternative ways of getting the intended message across, providing resources for accurate type-fonts and graphic design, and field-testing materials.

**Contact:** Jef Nobbe **Contact Phone/Email:** (206) 517-2367 [nobbe@wapc.org](mailto:nobbe@wapc.org)

**Bus Directions** From the corner of Stevens Way & Benton Lane, take either the 67 or the 68 to the Northgate Transfer Station. Exit the bus at the Northgate Transfer Station. Walk directly south crossing NE 100th Street. Behind the row of bushes and trees is a parking lot. Our building, 155 NE 100th Street, is the five-story building at the east end of this parking lot. Take the elevator to the 4th floor. When you step out of the elevator take two left turns, and the WPC is in the corner, suite 400. Look for Mr. Yuk!

**Driving Directions:** From I-5 Northbound:

Take the Northgate Exit and stay in the far right lane.

At the traffic light, turn right onto 1st Avenue NE heading south.

At the second traffic light, turn left onto NE 100th Street. This intersection is just past the Northgate Bus Transit Station, and there is a strip mall (with a beauty supply store on the very corner) on the southeast corner of the intersection.

Just past the beauty supply store's parking lot, turn right into our complex's parking area. The visitor's parking lot will be on your left.

Our building, 155 NE 100th Street, is at the east end of the visitor parking area. There is another building on the south side of the visitor parking area, as well.

Take the elevator to the 4th floor. When you step out of the elevator take two left turns, and the Washington Poison Center is in the corner suite, #400. Look for Mr. Yuk!

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**Position Title:** Outreach and Education

**Washington Poison Center**

**Positions Available:** 2 **Position Hours:** Flexible, may require weekends

**Description:** Supervisor: Katie Von Derau, 206-517-2355, [vonderau@wapc.org](mailto:vonderau@wapc.org)

In this position, a student will engage in the following activities/roles/tasks:

- Depending on the interest of the student(s), develop an outreach/education activity that would be appropriate in a school or community organization.
- Contact a local school/community organization to arrange to implement the program.
- Go into a local school/community organization to give the presentation/activity on poison prevention.
- Verify existing and research new community resources the Poison Center uses when taking calls.
- Other activities/roles/tasks as agreed upon throughout the Service Learning experience.

For this position, a student should possess the following skills:

- Flexible.
- Comfortable speaking in front of a group.
- Basic computer and telephone skills.
- Eager to get involved.

For this position, a student can expect to complete the following project or tasks that contribute to our organization's outcome:

One of the Poison Center's goals is to be more visible in the community. The student(s) can expect to plan a presentation and present to a school classroom.

Verify existing community resources and research new community resources to be utilized by the call center staff when working with our callers.

What, specifically, do you hope students will learn, in general, in working with your organization?

- What it takes for an organization to be more visible in the community.
- Why it is important for everyone to have the Poison Center phone number and know when they should call.
- Promote personal development and improve skills in communicating to the public about health and safety.
- Realize the Poison Center is part of a larger network of resources and learn how this network interrelates using the concept of "If we can't answer a question, we know who can."

**Orientation Information** Flexible, arranged with the supervisor, please e-mail Katie Von Derau at [vonderau@wapc.org](mailto:vonderau@wapc.org) or call 206-517-2355 to schedule an orientation-- be sure to do this right after you have registered (On or Before April 3rd).

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