

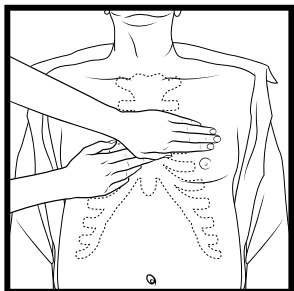
Cut this out, pin it to your wall, Xerox it for a friend
or place a copy in your purse or wallet as a reminder of the basic steps of CPR!

CALL

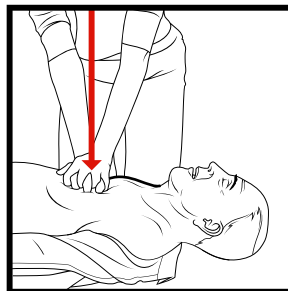


CALL 911

PUMP



**POSITION HANDS
IN THE CENTER OF
THE CHEST**



**FIRMLY
PUSH DOWN
TWO INCHES
ON THE CHEST**

CONTINUE UNTIL HELP ARRIVES