OPPRESSION CHART¹

Social Identity Groups	Form of Oppression	Agent Groups	Target Groups
Race	Racism	White	Asian, Native American, Latino/a, Black, Mixed race, Bi/multiracial
Gender	Sexism	Man	Woman, Transgender, Gender Queer, Two Spirit
Class	Classism	Owning Class, Upper Middle Class	Lower Middle Class, Working Class, Poor
First Language Spoken	Language Discrimination	U.S English	Spanish, Somali, Vietnamese, Tagalog, Arabic, Hmong, Russian, Lao, etc.
Sexual Orientation	Heterosexism	Heterosexual	Lesbian, Gay Men, Bisexual People, Transsexual People, Questioning People
Religion	Anti-Semitism	Christians	Jews
	Islamophobia	Christians	Muslims
Physical, Developmental, Mental Ability	Ableism	Able-bodied People	People with Disabilities

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¹ NOTE: This model is meant to be illustrative and not inclusive of all social identity groups or forms of oppression.