Partnering with the Patient-Centered Primary Care Medical Home

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Parent of Children with Special Needs

Overview
- What’s a Patient-Centered Medical Home/Health home?
- Why should we care?
- How do you know if you have one?
- What’s your role in the Medical Home?
- How does the Medical Home fit into health care changes?
- How to learn more

Our Patient-Centered Primary Care Medical Home

What do you like most about your own primary care? Least?

The Medical Home: A Concept in Transition

For CYSHCN:
- A Place ➔
- A Person ➔
- A Partnership Approach
For All Kids ➔
For Everyone!
The Medical Home

NOT just a place but a **team approach** to providing primary health care services in a **high quality** and **cost-effective** manner that are:

- (Patient and) Family-centered
- Coordinated
- Comprehensive
- Continuous
- Accessible
- Compassionate & Culturally Sensitive

-American Academy of Pediatrics, in collaboration with US Maternal & Child Health Bureau & partners

In a Medical Home…

- Children and their families receive care they need from a pediatrician or other primary health care provider whom they know and trust.
- The pediatric health care professionals and parents act as partners to:
  - to identify and access all the medical and non-medical services needed to help children and their families.

Medical Home Transformation

- At the core- proactive, patient and family centered TEAM health care
- Paradigm shift

Benefits to MH for CYSHCN

- Significantly less delayed or forgone care*
- Significantly fewer unmet needs for health care and family support services*
- Better health status**
- Family centeredness **
- Improved Family Functioning **

* 2005-06 National Survey of CSHCN- parent report
**Homer et al, 2008

WA Children with Special Needs with a Medical Home

Interest in Medical Homes is Growing

- Unsustainable rising health care costs
- Health care is now approx. 1/6 of US economy
- The way we pay for health care – for each thing we do to patients, not for outcomes or quality – results in a fragmented system, wasteful spending, sicker patients

Primary Care Crisis

- Countries with strong primary care have better health outcomes at better cost
- US residents going into specialty care, not primary care - not enough primary care providers in current model
- US population aging – need for more primary care

Growing Endorsement of Medical Home Model

- 7 professional primary care orgs publish Joint Principles of Medical Home 2007
- Medicaid, Medicare, Purchasers of Health Care Look to Medical Home Model
- Health Care Reform – Patient Protection & Affordable Care Act 2010

How Do You Measure and Reward Care Provided Through Medical Home?

- Two types of Conceptualization and Measurement
  - Patient/Family Experience
  - Practice Structure

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Medical Home Measurement

Family Experience

- Accessibility
- Family-Centered Care
- Comprehensive
- Coordinated
- Culturally Effective

Practice Structure

- Enhance Access & Continuity
- Identify & Manage Patient Populations
- Plan & Manage Care
- Provide Self-Care & Community Support
- Track & Coordinate Care
- Measure & Improve Performance

From: Child and Adolescent Health Measurement Initiative, with NCDB and National Center for Health Statistics using AAP guidelines

http://www.childhealthdata.org/docs/medical-home/m_home_breakdown-pdf.pdf
If the Medical Home is a Team Responsibility, What’s Your Role?

Examples of how you do (or could) contribute to the medical home?

WA State Medical Home Activities

- Group Health Medical Home Model
- Medical Home Multi-Payor Reimbursement Pilot – mandated by WA State Legislature
- Increase in formal recognition initiatives including Community and Migrant Health Centers
- Dept of Health Pt-Centered Medical Home Learning Collaborative, online modules and targeted TA

From Home to Neighborhood?

Accountable Care Organizations (ACOs):
A set of providers associated with a defined population of patients, accountable for the quality and cost of care to that population

Patient Protection & Affordable Care Act 2010

- Reforms how people get insured and expands coverage
- Mandate for everyone to buy insurance, but only if affordable
- Financial assistance (tax credits) to those who can’t afford insurance on their own.

ACA cont…

- Children under 26 covered by parents
- No discrimination against people with pre-existing conditions (kids now, adults in 2014)
- No more lifetime dollar limits on essential benefits, annual limits phased out by 2014.
ACA cont…
- Medicaid expansion in 2014 (up to 133% FPL)
- Expansion of community health centers
- Improved access for American Indian and Alaska Native Populations
- State Health Insurance Exchanges
- Center for Medicare & Medicaid Innovation

Call to Action…
- The time is ripe – the satisfaction in making a difference is high

Easy Ways to Learn More

VIDEOS
- Medical Home from Patient-Centered Primary Care Collaborative (English: 4:28 minutes; Spanish: 6:04 minutes).
  www.pcpcc.net/content/emmi
- Medical Home Works (Hawaii) (15 min each)
  www.medicalhomeinfo.org/state_pages/hawaii.aspx#other
- Health Reform Hits Main Street From the Kaiser Family Foundation (9:05 min)
  http://healthreform.kff.org/the-animation.aspx

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