

Updates in Transition Services: Summary of AMCHP Conference



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Overview



- **What is AMCHP**
- **Goal of the meeting**
- **Why discuss transition**
- **Updates in transition**
 - Health
 - Education
- **Challenges Ahead**

What is AMCHP



- **Association for Maternal and Child Health Programs**
 - Mission: “AMCHP supports state maternal and child health programs and provides national leadership on issues affecting women and children.”
- **National resource for state public health leaders and others working with women, children, families, and those with special health care needs**
- **Receives support from**
 - MCHB
 - CDC
 - US Dept Health and Human Services
 - And many other organizations



ASSOCIATION OF MATERNAL & CHILD HEALTH PROGRAMS

<http://www.amchp.org/pages/Welcome.aspx>

AMCHP Meeting 2011



- **AMCHP paired with Family Voices to have a joint meeting in DC**
 - Family Voices is a national organization of Parents of CSHCN who advocate for family centered care (www.FamilyVoices.org)
- **The main theme was ‘Working together to improve maternal and child health’**
 - The common thread throughout the conference was the life course perspective
 - Successful transition from pediatric to adult care is important in the life course!

Why Transition?



- In a study from 2006, only 41% of youth with special health care needs (YSHCN) met core performance outcome for transition
- Healthy People 2010 established the goal that all YSHCN would receive services needed to make necessary transitions to all aspects of adult life, including health care, work, and independent living

Updates in Transition



- Focus on 2 aspects of transition during AMCHP



Transition – Health Care



- **American Academy of Pediatrics (AAP)**
- **Transition advisory committee Meeting 2008 developed a new agenda**
 1. Publish new clinical report on best practices in health transition
 2. Promote improved reimbursement & financing for health care transition
 3. Develop training and education materials
 4. Advance health care transition research

Transition – Health Care



Workshop – discussed the response to AAP agenda

- **Got Transition – website under construction**
 - Goal is to be a site for providers and parents to obtain information on each State's transition projects
 - Using AAP health care transition agenda as a blueprint

Transition - Health



- 3 main elements for health care transition in primary care (defined by Got Transition)

Preparation

- Assuring young adults are ready to manage their own health care as independently as possible

Planning

- Assuring health care transition needs are anticipated; responsibility is clear about who will do what

Implementation

- Assuring smooth and seamless transition and transfer from pediatric to adult model of care

Transition - Health



- In Washington State



WA state Medical Home

- Timeline for teens and caregivers



Adolescent Health Transition Project

- Center on Human Development & Disability (UW)
- Has national resources as well!



Seattle Children's Hospital Adult & Young Adult

- Heart Program
- Cancer Care Program



Center for Children with Special Needs

- sponsored by SCH, easy to navigate for teens, parents, And professionals

Health and Education linked



- **Individuals with Disability Education Act (IDEA)**
 - Revised in 2004
 - Purpose: to allow every child “free appropriate education” which includes transition services
 - Transition Services defined as:
 - ✦ “a coordinated set of activities for a child with disability that: Is designed to be within a results-oriented process, that is focused on improving the academic and functional achievement of the child with a disability to facilitate the child’s movement from school to post-school activities, including postsecondary education, vocational education, integrated employment (including supported employment); continuing and adult education, adult services, independent living, or community participation; Is based on the individual child’s needs, taking into account the child’s strengths, preferences, and interests...”

Transition - Education



- **National Secondary Transition Technical Assistance Center (NSTTAC)**
 - Provides free toolkits for development of Individualized Education Programs (IEP)
 - Includes an outline of Indicator 13
 - ✦ Checklist to incorporate transition planning including health, activities of daily living, and independent living

Transition - Education



- **National Center on Secondary Education and Transition (NCSET)**
 - includes "quality indicators of exemplary transition programs" and a guide for families
 - Transition Research Institute link

Bringing it all together



- Adolescent transition was a Healthy People 2010 goal
- Transition is not restricted to medical care, but includes all aspects of an individual's life
- Despite the development of websites and local resources to show providers and caregivers what transition is, many challenges exist

Challenges Ahead



- There is no network of adult health care providers open to receiving emerging adults with special health care needs
- State programs are fragmented
 - There are resources in various places
- Nationally medical providers are not consistently receiving training in transition

Ideas for Solving the Challenges Ahead



- **Model other programs after Madigan**
 - Have a provider dedicated to adults with disabilities housed in pediatrics to aid in transition?
- **Utilize a central RN as a resource in the Children's Hospital?**
- **Develop education curriculum and database of providers**
- **Use Community Health Centers as the medical home for emerging adults with special health care needs?**
- **Incorporate more Med/Peds trained physicians?**
- **Link Governor's Advisory Panel and transition special interest groups to transition grants?**

Questions?

