

Memory Loss: Let's Face It

A 90-minute introduction for people recently diagnosed with mild cognitive impairment or dementia

Receiving a new diagnosis can bring up a lot of questions. Now get some answers!

Join us for a brief overview, a question & answer session with MBWC staff and peer mentors, and an orientation to the MBWC handbook as an ongoing guide.

A free program; offered monthly.



Spring Sessions:

1:30 - 3 pm, Fri 4/28

1:30 - 3 pm, Fri 5/12

10 - 11:30 am, Fri 6/9

Harborview Medical Center

Space is limited, RSVP required by Wednesday before.
Contact Mari Becker at the UW Memory & Brain Wellness Center, (206) 744-2017, mbecker1@uw.edu