

Memory Loss: Let's Face It

A 90-minute introduction for people recently diagnosed with mild cognitive impairment or dementia

Receiving a new diagnosis can bring up a lot of questions. Now get some answers! Bring your questions and concerns to this introduction designed just for you.



Join us for a brief overview, a question & answer session with MBWC staff and people willing to share their own personal experience living with memory loss, and an orientation to the MBWC handbook as an ongoing guide.



Winter Sessions:

1—2:30 p.m. Fri 2/3

1—2:30 p.m. Fri 2/10*

1—2:30 p.m. Fri 3/3

1—2:30 p.m. Fri 3/10*

**Sign up for one of these sessions if you want to bring a family member or friend along with you.*

Space is limited, RSVP required by Wednesday before.
Contact Mari Becker at the UW Memory & Brain Wellness Center, (206) 744-2017, mbecker1@uw.edu