

# Memory Loss: Let's Face It

**A 90-minute introduction for people recently diagnosed with mild cognitive impairment or dementia**

Receiving a new diagnosis can bring up a lot of questions. Now get some answers!

Join us for a brief overview, a question & answer session with MBWC staff and peer mentors, and an orientation to the MBWC handbook as an ongoing guide.

A free program; offered monthly.



## **Summer Sessions:**

**10-11:30 am, Fri 7/28**

**10-11:30 am, Fri 8/11**

**1-2:30 pm, Fri 9/15**

**Harborview Medical Center**

Space is limited, RSVP required by Wednesday before.  
Contact Mari Becker at the UW Memory & Brain Wellness Center, (206) 744-2017, [mbecker1@uw.edu](mailto:mbecker1@uw.edu)