

## AM I "ABUSIVE"?

She says that I am, and I know I scare her. I'm a good guy, I have a decent job, and I love my family.

I'm not violent, but I've seen the look of fear in her eyes.

Sometimes it helps to talk with someone who understands. Call us.

The **MEN'S DOMESTIC ABUSE CHECK-UP** can help if you are concerned about your behavior toward your loved ones.

- It's a chance to take stock of what you're doing and think through your options.
- It's respectful, free, private, and all by phone. You can even be anonymous.

# 1-800-MEN-1089

[www.menscheckup.org](http://www.menscheckup.org)  
A UW study  
You will be compensated.

