

A Little Bit about The Able Teens (TAT) Program:

What began 6 years ago with one mother finding her son's vocational development needs unmet, has grown into a 4-day per week afterschool program for teens with developmental disabilities (including autism). TAT helps students grow personally, gain employable skills and develop independence. This program is for students aged 14-25 that do not require 1:1 supervision.

The TAT program provides afterschool hands-on vocational skill training opportunities in community based organizations such as community centers, food banks and libraries. TAT members learn skills such as cleaning, cooking, food preparation, event set-up, organization and customer service. Members complete person-centered-plans to identify personal and career goals. They also learn how to search for a job, complete an application, write a resume, and interview.

TAT ends with the school year, but members may apply for the STEP program (Student Teen Employment Preparation), where they can earn a stipend over the summer by working on integrated teams of 10 on projects like environmental restoration, mural painting, neighborhood clean up, community building and outreach projects, all while developing vocational and social skills for the workplace.

TAT assists members in attaining skills for long-term employment and an increased sense of independence to ease the transition into life after high school.

To Donate

Donations can be made at your local Seattle Parks and Recreation Community Center



The Associated Recreation Council (ARC)
and Seattle Parks And Recreation



An Afterschool Vocational Skills
Training Program for Teens
(14-25) with Developmental
Disabilities (including Autism)



Meet Our TAT Members



Hi, my name is Alex, I am 19 years old and attend The Center School. This is my 4th year at TAT and my favorite thing to do at TAT is to cook snack and go to ROCKit

Space and play instruments. In my spare time I like to rap, act, dance, write, draw and make bracelets that I sell.



Hi, my name is Henok, I am 21 years old and attend Chief Ballard High School. This is my 4th year at TAT and while at TAT I like cooking and working at South Park Food Bank.

I also work at the Ballard Swedish Hospital. In my free time I like to play with computers, listen to music and watch TV.

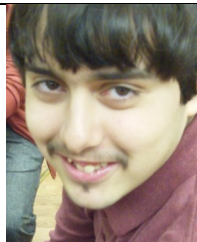
Our TAT Staff

Kathleen Greaney

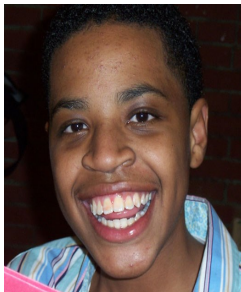
Kathleen.Greaney@Seattle.gov

We also utilize a team of college work-study students and volunteers to serve as job coaches/ mentors
If interested in volunteering with TAT, please get in contact with us!!

Hi, my name is Andres, I am 21 years old and I attend a transition program at Swedish Hospital on Capitol Hill. This is my 5th year attending TAT and my favorite thing to do at TAT is cooking for the afterschool program and vacuuming. In my free time I like to listen to music, reading, watch TV and be outside.



Hi, my name is Saleem, I am 20 years old and attend Cleveland High School. This is my 5th year at TAT and my favorite thing to do at TAT is cooking/ preparing snack for the afterschool program and cleaning. In my spare time I like to spend time outside, watch TV and cook.



Hi, my name is Frankie, I am 21 years old and I attend Chief Sealth High School. This is my 6th year at TAT and my favorite thing to do at TAT is preparing snacks, washing dishes and setting up tables/ chairs. In my spare time I like computers, watching TV.



Hi, my name is Yared, I am 21 years old and I attend a transition program at Swedish Hospital on Capitol Hill. School. This is my 5th year at TAT and my favorite part of TAT is cooking snack and going to ROCKit Space to play instruments. In my spare time I like to listen to music and play UNO

