

University of Washington  
SCHOOL OF SOCIAL WORK  
**Northwest Leaders in Behavioral Health Program**

**2016-17 Day & Advanced Standing  
Information and Application**

**We invite** applicants from eligible MSW students moving into their MSW Advanced Practicum autumn of 2016 in sites that provide behavioral health services to children, adolescents and transition-aged youth and their families.

**The NLBHP** is a federally funded training grant (funded by the Health Resources and Services Administration (HRSA) Behavioral Health Workforce Education and Training grant). The primary objective of the NLBHP is to recruit and train a cadre of outstanding social work practitioners committed to careers in behavioral health working with children, adolescents, and transition-aged youth who are at risk of or who have developed a behavioral health disorder. The NLBHP addresses this priority by providing students with training stipends, a curriculum focused on behavioral health among children, adolescents, and transition-aged youth, and an advanced field placement that will support professional learning in the areas of behavioral health prevention, intervention, and treatment.

**What does the Behavioral Health Training Program entail?**

This training program provides a specialized curriculum and training program stipend for MSW students in their concentration year who are in behavioral health field education placements with children, youth, and young adults (up to 25 years of age). This training grant will provide **\$10,000 stipends** to 33 trainees from the EDP and Day programs across each academic year from 2014 to 2017.

**Disclaimer:** awards are based on continuance of NLBHP grant funding.

The traineeships will be **limited to students in direct practice concentrations** and whose advanced field placement involves behavioral health practice with children, adolescents and youth (up to age 25). HRSA defines behavioral health as: prevention, screening, intervention, assessment, diagnosis, treatment, and follow-up of common mental health disorders, such as depression, anxiety, and Attention Deficit Disorder with Hyperactivity (ADHD). Clinical and support services in behavioral health may include individual and group counseling/ psychotherapy, cognitive-behavioral therapy or problem solving therapy, psychiatric/ psychotropic medications, self-management groups, psycho-educational groups, and case management. Examples of settings currently serving our students who are stipend recipients include: school based settings; children's programs within mental health centers, pediatric and adolescent family practice clinics (both outpatient and hospital based); and children youth and family agencies.

In addition to required concentration practice and policy/services courses, the training curriculum includes the following required elements:

1. Field Education:
  - a. As per the grant requirement, trainees must be in an Advanced Practicum Placement in behavioral health practice with children, adolescents and/or youth (up to age 25).
2. Integrative Seminar:
  - a. The integrative seminar is facilitated by the NLBHP Field Lead, Charlotte Sanders, MSW. The seminar is structured as a small group (about 12 students) and meets for a 2 hours 50 minutes session every other week across Fall, Winter and Spring quarters during the 2016-2017 Academic Year. The seminar may be taken for academic credit (one credit each term) for those students who wish to receive academic credit.
3. Online Modules:
  - a. Behavioral Health trainees take specialized, online training modules that supplement content covered in each direct practice concentration. Modules are tied to the content of the integrative seminar and must be completed concurrent with the integrative seminar. The number of required online modules will depend on the trainees' concentration (7 maximum). The modules cover: Prevention; Assessment of Mental Health Disorders in Children and Youth; Child and Adolescent Development, Child and Adolescent Mental Health; Integrating Behavioral Health in Primary Care; CBT; Interprofessional Education; and Mental Health Policy. Online modules will each contain a quiz which must be passed for this requirement to be considered completed.
4. Trainees must also take the in-person Suicide Assessment and Prevention workshop offered at the SSW or an approved alternative.
5. The following two SSW courses:
  - a. Assessment of Mental Health Disorders (SocW571) (may already be a concentration requirement, depending on the concentration)
  - b. Graduate level Chemical Dependency (e.g., SocW572, SocW 593 or equivalent)
6. Letter of Commitment:

NLBHP trainees will sign a letter indicating their commitment to participate in the grant-sponsored program of study, complete the program requirements, and pursue a career serving children, youth, young adults and families providing behavioral health services after graduation. Graduates of the program will be required to send employment information for two years after graduation.

### **Who is eligible for the 2016-2017 NLBHP?**

- MSW students who will be starting their advanced practicums in Autumn Quarter for the 2016-2017 academic year.
- Students placed in advanced practicum placements that meet the criteria for the training grant (behavioral health direct practice with children, youth and young adults, up to age 25.)
- Students in direct practice concentrations

- Open to American citizens, noncitizen nationals, or permanent residents (as per grant regulations)
- The NLBHP may be combined with some, but not all other stipends or financial supports. Please confirm with any other funding sources your eligibility for this stipend (e.g., stipend grantor, financial aid office, etc.) and make sure that you may combine this stipend with other funds without penalty. Students receiving another Federal Grant who have made a commitment to their site will not be eligible to apply. If granted a NLBHP stipend, you may be required to return / reduce your financial aid award.

### **Application process:**

To apply for the NLBHP you will need to submit the following to Star Murray, Program Coordinator [starm@uw.edu](mailto:starm@uw.edu) by **May 12, 2016**:

1. Application statement:

Applicants must submit a 1 page statement (one page, single spaced) describing the appropriateness of your advanced field education placement as a child, adolescent and/or youth behavioral health practice training site, your interest in working in behavioral health with children, adolescents, and/or transition age youth (up to age 25), leadership potential, and your experience in diverse communities. You must also include your name, email address, concentration, advanced field education site and Field Instructor name in order for the application to be considered complete.

2. Resume

3. Letter of recommendation from an employer or field education supervisor. The letter of recommendation may be submitted with the hard copy application materials or may be sent electronically to [starm@uw.edu](mailto:starm@uw.edu).

**Note:** The NLBHP Application Review Committee will evaluate these areas:

- Match of the field education site with the objectives of the NLBHP training grant
- Student's commitment to working in behavioral health with children/youth
- Leadership potential
- Experience in diverse communities
- Academic strengths
- Strength of letter of recommendation from employer or field supervisor

4. A copy of your unofficial transcript (you may print this from MyUW)