November is National Epilepsy Awareness Month

This nationwide public awareness campaign sets out to educate America about epilepsy.

The purpose of National Epilepsy Awareness Month is to:

- Dispel common myths about the disorder
- Promote public awareness and understanding of the condition
- Inform people with seizure disorders and their families about service programs and informational resources available nationally and in their local areas
- Educate the public about the symptoms of epilepsy and seizure disorders to help eliminate the stigma unjustly associated with the condition

Take the Get Seizure Smart Quiz

Introducing the "Now I Know" Video Campaign

November is National Epilepsy Awareness Month!

As part of our mission to help overcome the challenges created by epilepsy, we're pleased to announce our Now I Know video campaign.

When it comes to epilepsy, what do you know now that you wish you knew sooner?

People with epilepsy and their friends, family and caregivers have until January 15, 2013 to log on to Facebook.com/EpilepsyFoundationOfAmerica to submit a short video sharing their experiences.

Visitors to our Facebook page will have the opportunity to vote for their favorites and share the videos through their social networks. At the end of the contest, the videos with the most votes in each of four regions, will win iPads, among other prizes.

Select videos may also be featured here on our website and at our National Walk for Epilepsy in Washington, DC. We hope to pool the collective knowledge of the epilepsy community into an easy-to-use
resource and to serve as a jump-start point for talking about the disorder with our communities.

Submit your video today to our *Now I Know!* Facebook app.

Official Contest Rules